







Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#202 ... (Men 200 LC Meter Butterfly)

Table with 5 columns: Rank, Name, Age, Team, Seed Time. Rows include Waters, Steven G (20), Bezuidenhout, El (21), Bouwer, Jason (22), Beukes, Jaden L (23), etc.

Table with 5 columns: Rank, Name, Age, Team, Seed Time. Rows include Yiorikos, Yiorgos (36), Stanfliet, Nicola (37), February, Gerard (38), Smith, Damian G (39), etc.

Table with 5 columns: Rank, Name, Age, Team, Seed Time. Rows include Du Plessis, Jason (98), Faulkner, Callum (99), Faulkner, Callum (100), Baadjies, Cruden (101), etc.

#203 Women 200 LC Meter Butterfly

Table with 5 columns: Rank, Name, Age, Team, Seed Time. Rows include Hearne, Trinity S (1), Viljoen, Jo-Ell (2), Prinsloo, Mila (3), etc.

Table with 5 columns: Rank, Name, Age, Team, Seed Time. Rows include Sirin, Ben (47), Uys, Keegan (48), Van Helden, Etha (49), Van der Watt, Alj (50), etc.

Table with 5 columns: Rank, Name, Age, Team, Seed Time. Rows include Du Plessis, Jason (110), Njoroge, Alphons (111), Pautz, Benjamin (112), Pearson-Adams, (113), etc.

#204 Men 50 LC Meter Breaststroke

Table with 5 columns: Rank, Name, Age, Team, Seed Time. Rows include Etzold, Peter S (1), Rudolph, Wido (2), Van Greunen, Re (3), Hartman, Timott (4), etc.

Table with 5 columns: Rank, Name, Age, Team, Seed Time. Rows include Moolman, Carter (61), Goussard, Henry (62), Smith, Sebastian (63), McWilliam, Troy (64), etc.

Table with 5 columns: Rank, Name, Age, Team, Seed Time. Rows include Dreyer, Arne (120), Lategan, Wessel (121), Kruger, Zachary (122), Van Onselen, Pie (123), etc.

#205 Women 50 LC Meter Breaststroke

Table with 5 columns: Rank, Name, Age, Team, Seed Time. Rows include Cope, Morgan M (1), Fury, Rebecca G (2), Helmand, Aniekie (3), Helmand, Aniekie (4), etc.











## Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

## Psych Sheet

## #301 ... (Men 100 LC Meter Freestyle)

23	Mia, Sirhaan	17	MARL-CP	57.67	83	Landi, Tristan	15	VINE-CP	1:00.91	145	De Jager, Nathan	15	ASAC-CP	1:07.52
24	Wright, Keegan	17	TYGE-CP	57.70	84	Kinnear, Connor	15	TYGE-CP	1:00.94	146	Van der Watt, Al	15	PLAY-CE	1:07.86
25	Strydom, Conrad	15	QUIC-CP	57.75	85	Gounden, Mikha	18	CLSC-WC	1:01.06	147	Oosthuizen, Etha	13	PLAY-CE	1:08.03
26	Van Vondel, Anto	16	TYGE-CP	57.75	86	Kuun, Hanru P	16	FISH-ED	1:01.07	148	Smit, Reynard-Gu	12	SFSC-CP	1:08.15
27	Kleynhans, Ian	16	GSA-CP	57.75	87	Hewitt-Smook, K	15	SWAR-WC	1:01.10	149	Kotzè, Arden C	13	ASAW-CE	1:08.20
28	Forbes, Thomas I	19	LALE-CE	57.76	88	McWilliam, Troy	16	TYGE-CP	1:01.11	150	Pearson-Adams,	13	SAAW-CP	1:08.30
29	Abrahams, Matth	24	ASAC-CP	57.81	89	Heyes, Garrick T	15	ASAC-CP	1:01.15	151	Willenburg, Elija	13	SFSC-CP	1:08.43
30	Oosthuizen, Nic I	21	SSISA-CP	57.88	90	Walker, Yohan G	15	VINE-CP	1:01.17	152	Rheeder, Liam M	13	PAQU-CE	1:08.68
31	Foot, Aiden C	17	SWAR-WC	58.00	91	Linscott, Josh C	15	MANT-CP	1:01.19	153	Bouwer, Jason	13	TYGE-CP	1:08.84
32	Van Wyk, Wayne	15	GSA-CP	58.03	92	Gilbert, Andrew	14	SAAW-CP	1:01.43	154	Weber, Daniel	12	PLAY-CE	1:09.00
33	Burger, Schalk S	18	SWAR-WC	58.08	93	Van Helden, Etha	15	GSA-CP	1:01.44	155	Swanepoel, Ewal	13	FISH-ED	1:09.08
34	Forbes, Nicholas	17	LALE-CE	58.10	94	Schultz, Heinrich	14	LALE-CE	1:01.45	156	Trower, Michael	12	TYGE-CP	1:09.22
35	Coetzer, Jayden F	18	CYBE-CP	58.12	95	Zellie, Thomas J	16	SAAW-CP	1:01.46	157	Van Zyl, Daniël R	12	TYGE-CP	1:09.41
36	Myburgh, Jordan	18	BLMA-CP	58.12	96	Bester, Eben	16	TYGE-CP	1:01.69	158	Hekandjo, Kabi A	13	AQUA	1:09.44
37	Swarts, Keeno A	18	VINE-CP	58.19	97	February, Gerard	14	CASC-CP	1:01.73	159	Pieterse, Marcell	13	XCEL-CP	1:09.57
38	Van Wyk, Wesley	17	ASAC-CP	58.22	98	De Lange, Adriaa	13	TYGE-CP	1:01.74	160	Van Wyk, Jack R	12	CASC-CP	1:09.91
39	Geysler, Jacques A	16	LALE-CE	58.30	99	Williams, Jayden	14	PAQU-CE	1:01.76	161	Vergotine, Valent	36	VINE-CP	1:10.11
40	Lottering, Seb C	15	ROA-ED	58.31	100	Van Schaik, Luc	13	VINE-CP	1:01.99	162	Fortuin, Niyaaz	13	VINE-CP	1:10.13
41	Alexander, Amm	16	MARL-CP	58.32	101	Barge, Zac	14	SAAW-CP	1:02.02	163	Spencer, Marcus	12	VINE-CP	1:10.18
42	Boonzaier, Janni	17	ASAC-CP	58.48	102	Fernold, AJ	13	ROA-ED	1:02.03	164	Schaefer, Daniel	11	PLAY-CE	1:10.28
43	Hugo, Retief R	17	ASAW-CE	58.52	103	Dos-Santos, And	15	CYBE-CP	1:02.05	165	Hodgskiss, Fin J	12	SSISA-CP	1:10.38
44	Carrol, Matt	18	BLMA-CP	58.53	104	Das Neves, Lucas	14	TYGE-CP	1:02.15	166	Matthee, Burger	12	AGA-Q-OB	1:10.58
45	Swart, Niklis	18	PLAY-CE	58.54	105	Pautz, Nathan M	15	BLMA-CP	1:02.21	167	Coleman, Travis	12	BLMA-CP	1:10.62
46	Van Reenen, Ryan	24	BLMA-CP	58.57	106	Basson, Lucca N	14	CYBE-CP	1:02.26	168	Parr, Colbyn S	12	KNYA-ED	1:10.63
47	Cornish, Jeyaad	18	HURAQ-CP	58.62	107	Möller, FC C	16	TYGE-CP	1:02.35	169	Slabber, Ruhann	13	CASC-CP	1:10.67
48	Davidtsh, Colin	16	CYBE-CP	58.65	108	Olkers, Caellum	17	CASC-CP	1:02.38	170	Breebaart, Joshu	11	GREY-CP	1:10.79
49	Esterhuizen, Lor	14	AQUA	58.81	109	Smith, Sebastian	14	TYGE-CP	1:02.49	171	van Wyk, Tariq K	13	BARR-CP	1:10.86
50	Louw, Guillaume	20	CASC-CP	58.84	110	Viljoen, Jaden R	15	ASAC-CP	1:02.53	172	Grobler, Reuben	13	PLAY-CE	1:11.05
51	Benecke, Alexan	15	SSISA-CP	58.97	111	Kotzè, Max M	14	BLMA-CP	1:02.67	173	Potgieter, Micah	13	VINE-CP	1:11.06
52	Beukes, Mateo A	18	WALM-CP	58.97	112	Searle, Jude	13	VINE-CP	1:02.71	174	Mouton, Jean A	13	CASC-CP	1:11.12
53	Bestel, Luc M	14	VINE-CP	58.99	113	Schreuder, Steffe	15	ASAW-CE	1:02.89	175	Njoroge, Alphons	14	CASC-CP	1:11.13
54	Barnard, Rohan	19	LALE-CE	59.06	114	Gilmour, Connor	13	SFSC-CP	1:02.91	176	Conradie, Niel	13	QUIC-CP	1:11.34
55	Uys, Keegan	16	LALE-CE	59.14	115	Waters, Steven G	14	LALE-CE	1:03.05	177	Bright, Michael C	11	CASC-CP	1:11.54
56	Engelbrecht, Rut	16	PLAY-CE	59.15	116	Wagner, Noah J	13	SAAW-CP	1:03.07	178	Pautz, Benjamin	11	BLMA-CP	1:11.66
57	Cicero, Zack	17	SSISA-CP	59.24	117	Goldstein, Trista	18	ASAC-CP	1:03.08	179	Faulkner, Callum	12	BLMA-CP	1:11.81
58	Du Preez, Shaun	16	SSISA-CP	59.26	118	Verbeek, Pierre	12	CASC-CP	1:03.12	180	Oaten, Rourke	13	CYBE-CP	1:11.93
59	Haupt, Rhys A	14	VINE-CP	59.47	119	Pedro, Tamkeen	15	WALM-CP	1:03.18	181	Troskie, Roean	12	QUIC-CP	1:12.29
60	Southworth, Mat	15	CYBE-CP	59.51	120	Vermeulen, Hanc	14	ASAW-CE	1:03.39	182	Barnard, Theo J	11	SWAR-WC	1:12.40
61	Smit, MJ M	15	SAAW-CP	59.61	121	Webb, Corey	20	SSISA-CP	1:03.50	183	Krause, Luke	13	CASC-CP	1:12.50
62	Orchard, Thomas	16	SWAR-WC	59.75	122	Galochkin, Max	15	ASAC-CP	1:03.50	184	Troskie, Jean	12	QUIC-CP	1:13.26
63	Kalapac, Joshua	14	BLMA-CP	59.78	123	Bezuidenhout, El	13	CASC-CP	1:03.53	185	Kent, Tyler	13	BLMA-CP	1:13.31
64	Bannister, Joshu	15	TYGE-CP	59.81	124	Williams, Luca	15	VINE-CP	1:03.64	186	Hodge, Cameron	13	LALE-CE	1:13.38
65	Kotzè, Kailen M	17	SWAR-WC	59.82	125	Wing, James L	13	GREY-CP	1:03.65	187	Van Der Merwe, J	12	VINE-CP	1:13.56
66	Peceur, Mark D	19	PAQU-CE	59.83	126	Goussard, Henry	13	GREY-CP	1:03.86	188	Stander, Christia	11	ASAW-CE	1:13.69
67	Coetzer, Milan J	16	CYBE-CP	59.89	127	De Bruyn, Cornè	14	ASAC-CP	1:04.04	189	van Rensburg, Tr	11	GSA-CP	1:13.93
68	Szapira, Saul	17	TYGE-CP	59.95	128	Rayne, Leo	14	ASAC-CP	1:04.04	190	Hendricks, Tysor	13	ROA-ED	1:13.99
69	Breet, Dawie-Lot	16	PLAY-CE	1:00.04	129	Williams, Logan	13	VINE-CP	1:04.04	191	Yeowart, Seth W	13	GREY-CP	1:14.18
70	Strydom, Stepha	18	TYGE-CP	1:00.13	130	Rosslee, Christia	14	QSAW-CE	1:04.47	192	Immelman, Max	13	GREY-CP	1:14.18
71	Karsten, Jody	16	BLMA-CP	1:00.16	131	Coolen, Jonathan	13	STAQ-CE	1:04.48	193	Vd Watt, Earle	11	GSA-CP	1:14.71
72	Terblanche, Kiaa	18	TYGE-CP	1:00.19	132	Boshoff, Keanu A	12	KNYA-ED	1:04.89	194	Yeowart, Luke D	13	GREY-CP	1:14.96
73	Lombard, Kyle M	15	BARR-CP	1:00.35	133	Myburgh, Ruan	15	BLMA-CP	1:05.12	195	Schreve, Lehan	11	SWAR-WC	1:15.72
74	Cloete-Hopkins, .	16	SSISA-CP	1:00.37	134	Hudson, Thomas	13	PLAY-CE	1:05.41	196	Boshoff, Mickayl	11	KNYA-ED	1:15.95
75	Rohner, Jayden N	16	BLMA-CP	1:00.50	135	Spencer, Charles	14	VINE-CP	1:05.50	197	Benecke, Delmar	12	VINE-CP	1:15.96
76	Van Der Walt, Lo	16	QSAW-CE	1:00.52	136	Mansfield, Luke	13	LALE-CE	1:05.64	198	Muller, Lukas D	12	QUIC-CP	1:16.21
77	McPetrie, James	16	MANT-CP	1:00.64	137	Nel, Max	13	ROA-ED	1:05.85	199	Fenner, Jenson V	11	PLAY-CE	1:16.72
78	Arnott, Carter J	15	ASAC-CP	1:00.70	138	Van Graan, Matth	13	STAQ-CE	1:06.40	200	Akinci, Can Batu	11	VINE-CP	1:17.11
79	Theron, Luca D	15	VINE-CP	1:00.72	139	Du Plessis, Jason	13	CLSC-WC	1:06.50	201	Kruger, Zachary	11	SWAR-WC	1:17.17
80	Witbooi, Reinhar	16	STAQ-CE	1:00.76	140	Poggenpoel, Troy	14	SSISA-CP	1:06.52	202	Van Onselen, Pie	10	TYGE-CP	1:17.18
81	De Kock, John P	14	LALE-CE	1:00.77	141	Cavallaro, Michel	13	CYBE-CP	1:06.63	203	Wagener, Tiaan F	11	ASAW-CE	1:17.21
82	Davydov, Davis	16	ASAC-CP	1:00.77	142	Goldstein, Phoen	15	ASAC-CP	1:06.94	204	February, Dillon	11	CASC-CP	1:17.73
					143	Hahn, Kyle	11	ROA-ED	1:06.97	205	Poultney, Matthe	10	SAAW-CP	1:17.99
					144	Roman, Noah P	13	AQDO-CP	1:07.20	206	Mallin, Lukas	9	SAAW-CP	1:18.25

## Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

## Psych Sheet

## #301 ... (Men 100 LC Meter Freestyle)

207	Goodall, Aaron	11	ASAC-CP	1:18.28
208	Fouche, Jack	11	TYGE-CP	1:18.79
209	Mccollum, Aiden	11	AQDO-CP	1:19.11
210	Bosch, Ewan Y	11	TYGE-CP	1:19.16
211	VerLoren Van Th	11	LALE-CE	1:19.80
212	Coolen, Nicolas I	11	STAQ-CE	1:19.94
213	Visagie, Dian	11	SWAR-WC	1:21.43
214	Lewis, Amaru C	11	PAQU-CE	1:21.85
215	Leitner, Zachary	10	AQUA	1:22.16
216	King, Aidan J	11	GSA-CP	1:23.03
217	Dockerill, Max J	11	CASC-CP	1:23.25
218	Wessels, Hendrè	11	AGAQ-OB	1:23.71
219	Pardoe, James N	12	GREY-CP	1:24.09
220	Lategan, Wessel '	11	SWAR-WC	1:24.63
221	Viljoen, Jagger F	10	ASAC-CP	1:24.63
222	Gerber, Luke M	10	CASC-CP	1:25.31
223	Basson, Henk	11	LALE-CE	1:25.76
224	Baadjies, Cruden	11	PAQU-CE	1:26.49

## #302 Women 100 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Cope, Morgan M	17	GSA-CP	1:11.30
2 Fury, Rebecca G	16	VINE-CP	1:14.80
3 Meier, Marné	24	CASC-CP	1:16.06
4 Vd Wal, Mieke	15	CASC-CP	1:17.05
5 Nieuwstad, Mich	29	LALE-CE	1:17.93
6 Evans, Caitlin N	13	TYGE-CP	1:19.16
7 Combrink, Amy	14	VINE-CP	1:19.16
8 Cilliers, Kara K	18	QSAW-CE	1:19.50
9 Morris, Jenna	14	VINE-CP	1:21.51
10 Helmand, Anieke	18	KOVS-MA	1:21.72
11 Hugo, Anika S	17	QSAW-CE	1:21.92
12 Jeftha, Zara L	15	MARL-CP	1:22.50
13 Novello, Utah	17	CLSC-WC	1:22.73
14 Coleman, Madiso	14	BLMA-CP	1:23.19
15 Sabbagha, Annè	17	PAQU-CE	1:23.29
16 Gerber, Mia	15	LALE-CE	1:23.34
17 Havenga, Skyla K	17	CLSC-WC	1:24.03
18 Borman, Jani	15	SWAR-WC	1:24.25
19 Newton, Ava L	14	CASC-CP	1:24.27
20 Herbst, Mienke	17	SSISA-CP	1:24.69
21 Olivier, Shani	16	WELL-CE	1:24.79
22 Gerber, Simonè B	13	GREY-CP	1:24.82
23 Witten, Hannah	16	AQDO-CP	1:25.03
24 Van Galen, Ava-L	14	STAQ-CE	1:25.11
25 Dreyer, Arne'	13	STAQ-CE	1:25.53
26 Daniels, Sara H	17	BLMA-CP	1:25.66
27 Magotsi, Riziki A	13	VINE-CP	1:25.66
28 Ahmed, Ayla	12	SAAW-CP	1:26.16
29 Hahn, Kayleigh K	14	ROA-ED	1:26.43
30 Visser, Sandri	14	PLAY-CE	1:26.73
31 du Plessis, Sumn	13	BLOT-MA	1:27.38
32 Schreuder, Hann	15	SAAW-CP	1:27.40
33 Van Der Wath, Iz	13	KNYA-ED	1:27.55
34 Grütter, Arabelle	13	ROA-ED	1:28.12
35 Lorenzen, Ava E	12	BLMA-CP	1:28.27
36 Botha, Lara E	17	ASAW-CE	1:28.28
37 Nilsson, Rebecca	12	TYGE-CP	1:29.32
38 Grobler, Zané	13	ROA-ED	1:30.05
39 Lategan, Emma B	15	CASC-CP	1:30.14

40	Joyce, Jenna	11	CASC-CP	1:30.27
41	Bosman, Daizeli	13	PLAY-CE	1:30.82
42	Lodewyks, Jeand	13	FISH-ED	1:31.17
43	du Plessis, Evie	11	BLOT-MA	1:31.60
44	Faul, Ellen J	12	QSAW-CE	1:31.75
45	Rossouw, Emma	14	TYGE-CP	1:32.01
46	Horn, Anna	11	XCEL-CP	1:32.03
47	Dimatellis, Zoi	11	ROA-ED	1:32.17
48	Glover, Erin K	15	TYGE-CP	1:32.34
49	Fury, Amelia J	12	VINE-CP	1:32.98
50	Botha, Chelsea	13	CASC-CP	1:33.17
51	Baillie, Gabi J	13	ROA-ED	1:33.26
52	Bova-Olsen, Katy	13	MARL-CP	1:33.51
53	Barnard, Adelma	13	SWAR-WC	1:33.56
54	Laubscher, Mikal	13	GSA-CP	1:33.56
55	Neethling, Emma	14	FISH-ED	1:33.60
56	Krog, Miya	13	SAAW-CP	1:34.42
57	Charles, Tyla	11	VINE-CP	1:34.81
58	De Oliveira, Aliya	14	TYGE-CP	1:34.94
59	Oliver, Isabella	12	QSAW-CE	1:35.05
60	Slatter, Mila-Bell	11	SSISA-CP	1:35.14
61	Dos-Santos, Ekaterina	13	ASAC-CP	1:35.15
62	Stilwaney, Mia C	11	PAQU-CE	1:37.30
63	Retief, Jane	11	LALE-CE	1:38.11
64	Schäfer, Kyla	12	KNYA-ED	1:39.20
65	Sonnekus, Anya	12	TYGE-CP	1:39.92
66	Van Dyk, Zani	11	GSA-CP	1:40.03
67	Taljaard, Liané	13	FISH-ED	1:40.19
68	Hawley, Nicola	12	PLAY-CE	1:40.56
69	Burger, Juanè	13	TYGE-CP	1:40.60
70	Botha, Rebecca F	12	KNYA-ED	1:45.14
71	Williams, Aqeela	11	UWCA-CP	1:50.37
72	Olivier, Julie M	11	TYGE-CP	1:52.83
73	Els, Jamie	11	AQDO-CP	1:55.51

## #303 Men 100 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Etzold, Peter S	18	VINE-CP	1:03.53
2 Rudolph, Wido	17	FISH-ED	1:07.13
3 Van Greunen, Re	17	FISH-ED	1:07.37
4 Sack, Benji	27	SSISA-CP	1:07.48
5 Clayton, Franco I	17	LALE-CE	1:07.51
6 Boshoff, Juan C	18	TYGE-CP	1:07.68
7 Hartman, Timoth	17	SSISA-CP	1:07.71
8 Leiar, Alex H	18	KNYA-ED	1:08.04
9 Bester, Francois	16	QSAW-CE	1:08.57
10 Field, Luke D	17	VINE-CP	1:08.94
11 Malan, Johan S	17	CASC-CP	1:10.05
12 Van Heerden, Ste	17	LALE-CE	1:10.89
13 Hugo, Retief R	17	ASAW-CE	1:11.13
14 Nelson, Christop	16	LALE-CE	1:11.26
15 Omar, Ilyaas I	17	MARL-CP	1:11.34
16 Malherbe, Nichol	17	LALE-CE	1:11.50
17 February, Gerard	14	CASC-CP	1:13.41
18 Williams, Jayden	14	PAQU-CE	1:13.84
19 Karsten, Jody	16	BLMA-CP	1:14.10
20 Hendricks, Joshu	16	LALE-CE	1:14.43
21 Adendorff, James	15	TYGE-CP	1:14.56
22 Theron, Luca D	15	VINE-CP	1:14.56
23 Goldstein, Trista	18	ASAC-CP	1:14.57
24 Alexander, Amm	16	MARL-CP	1:14.80
25 Lehnberg, Malan	17	FISH-ED	1:15.07

26	Torbochkin, Davi	14	ASAC-CP	1:15.12
27	Yiorkas, Yiorgos	14	BLOT-MA	1:15.43
28	Wessels, Armin I	16	LALE-CE	1:15.67
29	Simpson, Jesse	15	VINE-CP	1:16.02
30	Gilbert, Andrew	14	SAAW-CP	1:16.29
31	Anthony, Ammar	20	MARL-CP	1:16.41
32	Kinnear, Connor	15	TYGE-CP	1:16.88
33	Bester, Eben	16	TYGE-CP	1:16.97
34	Burger, Rosseau	14	LALE-CE	1:17.03
35	Zellie, Thomas J	16	SAAW-CP	1:17.05
36	Smith, Damian G	19	FISH-ED	1:17.06
37	Carrol, Matt	18	BLMA-CP	1:17.10
38	McWilliam, Troy	16	TYGE-CP	1:17.11
39	Vorster, Josua A	18	FISH-ED	1:17.38
40	DE Bruyn, Flippi	17	FISH-ED	1:17.45
41	Stanfiet, Nichola	13	VINE-CP	1:17.52
42	Landi, Tristan	15	VINE-CP	1:17.83
43	Bannister, Joshua	15	TYGE-CP	1:18.11
44	Barnard, Rohan C	19	LALE-CE	1:18.57
45	Williams, Luca	15	VINE-CP	1:18.92
46	Pautz, Nathan M	15	BLMA-CP	1:19.11
47	Mansfield, Luke	13	LALE-CE	1:19.57
48	Goussard, Henry	13	GREY-CP	1:19.64
49	Rosslee, Christia	14	QSAW-CE	1:19.85
50	Schultz, Heinrich	14	LALE-CE	1:19.92
51	Saayman, Dehan	15	PLAY-CE	1:20.39
52	Linscott, Josh C	15	MANT-CP	1:20.41
53	Sirin, Ben	14	VINE-CP	1:20.66
54	Yeowart, Luke D	13	GREY-CP	1:20.77
55	Vermeulen, Hanc	14	ASAW-CE	1:21.12
56	Lombard, Kyle M	15	BARR-CP	1:21.20
57	Haupt, Rhys A	14	VINE-CP	1:21.35
58	Wing, James L	13	GREY-CP	1:21.43
59	Moolman, Carter	15	MANT-CP	1:21.64
60	Galochkin, Max	15	ASAC-CP	1:21.93
61	Van der Watt, Alj	15	PLAY-CE	1:21.94
62	Pedro, Tamkeen	15	WALM-CP	1:22.22
63	Szapira, Saul	17	TYGE-CP	1:22.32
64	Witbooi, Reinhar	16	STAQ-CE	1:22.51
65	Abrahams, Wasfi	17	MARL-CP	1:22.69
66	Searle, Jude	13	VINE-CP	1:22.79
67	Smith, Sebastian	14	TYGE-CP	1:22.81
68	Hudson, Thomas	13	PLAY-CE	1:22.99
69	Wagner, Noah J	13	SAAW-CP	1:23.21
70	Vergotine, Valent	36	VINE-CP	1:23.80
71	Beukes, Jaden L	14	WALM-CP	1:24.03
72	Goldstein, Phoen	15	ASAC-CP	1:24.20
73	Williams, Evan B	13	SSISA-CP	1:24.26
74	Möller, FC C	16	TYGE-CP	1:24.72
75	Louw, Guillaume	20	CASC-CP	1:24.89
76	Loots, Noah C	12	ASAC-CP	1:24.97
77	Spencer, Charles	14	VINE-CP	1:25.28
78	Van Schaik, Luc	13	VINE-CP	1:25.75
79	Swart, Nico N	12	ASAC-CP	1:26.00
80	Olkens, Caellum C	17	CASC-CP	1:26.35
81	De Lange, Adriaa	13	TYGE-CP	1:26.49
82	Bouwer, Jason	13	TYGE-CP	1:26.54
83	Verbeek, Pierre C	12	CASC-CP	1:26.67
84	Boshoff, Keanu A	12	KNYA-ED	1:27.64
85	Hahn, Kyle	11	ROA-ED	1:27.76
86	Kent, Tyler	13	BLMA-CP	1:28.54
87	Mouton, Jean A	13	CASC-CP	1:28.70

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#303 ... (Men 100 LC Meter Breaststroke)

88	Roman, Noah P	13	AQDO-CP	1:28.84
89	Parr, Colbyn S	12	KNYA-ED	1:30.33
90	Coleman, Travis	12	BLMA-CP	1:30.41
91	Faulkner, Callum	12	BLMA-CP	1:30.73
92	Torbochkin, Dan	12	ASAC-CP	1:31.23
93	Hendricks, Tysor	13	ROA-ED	1:31.73
94	Du Plessis, Jason	13	CLSC-WC	1:31.95
95	Van Wyk, Jack R	12	CASC-CP	1:31.97
96	Van Vondel, Rola	12	TYGE-CP	1:32.43
97	Immelman, Max	13	GREY-CP	1:33.03
98	Troskie, Jean	12	QUIC-CP	1:34.04
99	Schaefer, Daniel	11	PLAY-CE	1:34.30
100	Potgieter, Micah	13	VINE-CP	1:34.90
101	Bright, Michael C	11	CASC-CP	1:35.21
102	Conradie, Niel	13	QUIC-CP	1:35.27
103	Willenburg, Elija	13	SFSC-CP	1:35.64
104	Bergh, Riley R	12	AQUA	1:35.83
105	van Wyk, Tariq K	13	BARR-CP	1:36.66
106	Swanepoel, Ewal	13	FISH-ED	1:36.85
107	Breebaart, Joshu	11	GREY-CP	1:36.91
108	Spencer, Marcus	12	VINE-CP	1:36.92
109	van Rensburg, Tr	11	GSA-CP	1:37.14
110	Hodgskiss, Fin J	12	SSISA-CP	1:37.18
111	Wagener, Tian F	11	ASAW-CE	1:37.19
112	Stander, Christia	11	ASAW-CE	1:38.03
113	Baadjies, Cruden	11	PAQU-CE	1:38.07
114	Krause, Luke	13	CASC-CP	1:38.40
115	Pautz, Benjamin	11	BLMA-CP	1:39.24
116	Fenner, Jenson V	11	PLAY-CE	1:40.14
117	Fouche, Jack	11	TYGE-CP	1:40.32
118	February, Dillon	11	CASC-CP	1:40.65
119	Lategan, Wessel	11	SWAR-WC	1:41.25
120	Van Onselen, Pie	10	TYGE-CP	1:41.42
121	Akinci, Can Batu	11	VINE-CP	1:44.41
122	Visagie, Dian	11	SWAR-WC	1:46.19
123	Kruger, Zachary	11	SWAR-WC	1:46.83

#304 Women 400 LC Meter IM

Name	Age	Team	Seed Time
1	Hearne, Trinity S	20	CYBE-CP 4:51.88
2	du Plessis, Madis	15	BLOT-MA 5:19.78
3	Evans, Caitlin N	13	TYGE-CP 5:20.40
4	Laubscher, Maya	16	GSA-CP 5:36.93
5	Novello, Utah	17	CLSC-WC 5:39.19
6	Newton, Ava L	14	CASC-CP 5:39.29
7	Vd Wal, Mieke	15	CASC-CP 5:41.09
8	Hartung, Amy M	14	ASAC-CP 5:48.32
9	Ryser, Aurora	16	TYGE-CP 5:48.91
10	Tsai-Rieb, Pei-Ch	12	CYBE-CP 5:53.67
11	Vd Westhuizen, J	15	AQDO-CP 5:56.18
12	Coleman, Madisc	14	BLMA-CP 5:56.25
13	Rossouw, Emma	14	TYGE-CP 5:58.20
14	De Villiers, Anja	12	TYGE-CP 6:00.81
15	Durandt, Sharli	12	SAAW-CP 6:02.93
16	Basson, Lenè	12	CLSC-WC 6:04.81
17	Senekal, Margo	14	TYGE-CP 6:06.07
18	De Oliveira, Aliya	14	TYGE-CP 6:06.15
19	Kotzè, Tamsyn G	16	BLMA-CP 6:09.64
20	Swanepoel, Lulu	12	ASAC-CP 6:20.98

#305 Men 400 LC Meter IM

Name	Age	Team	Seed Time
1	Boshoff, Juan C	18	TYGE-CP 4:34.81
2	McWilliam, Benn	17	TYGE-CP 4:41.58
3	Levey, Chad	17	GSA-CP 4:48.26
4	Malan, Johan S	17	CASC-CP 4:48.64
5	Wolson, Daniel A	16	SAAW-CP 4:51.21
6	Esterhuizen, Lor	14	AQUA 4:54.80
7	Trower, Nic T	14	TYGE-CP 4:56.82
8	Coetzer, Milan J	16	CYBE-CP 5:02.86
9	Van Wyk, Wayne	15	GSA-CP 5:02.90
10	McWilliam, Troy	16	TYGE-CP 5:03.65
11	Ritchie, Andrew	23	TYGE-CP 5:07.10
12	Southworth, Mat	15	CYBE-CP 5:07.63
13	Van Rooyen, Jan-	17	KNYA-ED 5:09.13
14	Terblanche, Luar	15	TYGE-CP 5:12.62
15	Solomon, Ethan	15	AQDO-CP 5:15.83
16	Schultz, Heinrich	14	LALE-CE 5:18.51
17	Bester, Eben	16	TYGE-CP 5:18.52
18	Beukes, Wade	16	AQDO-CP 5:18.80
19	De Kock, John P	14	LALE-CE 5:19.00
20	De Lange, Adriaa	13	TYGE-CP 5:20.42
21	Karsten, Jody	16	BLMA-CP 5:22.19
22	Bezuidenhout, Ei	13	CASC-CP 5:24.33
23	Goussard, Henry	13	GREY-CP 5:28.52
24	Kalapac, Joshua	14	BLMA-CP 5:31.93
25	Nel, Max	13	ROA-ED 5:34.49
26	Bouwer, Jason	13	TYGE-CP 5:45.34
27	Oaten, Rourke	13	CYBE-CP 5:49.78
28	Cavallaro, Michel	13	CYBE-CP 5:52.62
29	Swart, Nico N	12	ASAC-CP 5:57.01
30	Loots, Noah C	12	ASAC-CP 6:00.09
31	Rheeder, Liam M	13	PAQU-CE 6:02.37
32	Van Zyl, Daniël R	12	TYGE-CP 6:06.81
33	Trower, Michael	12	TYGE-CP 6:12.36
34	Coleman, Travis	12	BLMA-CP 6:13.90

#306 Women 50 LC Meter Butterfly

Name	Age	Team	Seed Time
1	Hearne, Trinity S	20	CYBE-CP 27.84
2	Kotze, Abigail	14	TYGE-CP 28.54
3	Straszacker, Kris	23	CASC-CP 28.93
4	Fury, Rebecca G	16	VINE-CP 29.18
5	Burgess, Cassidy	15	VINE-CP 29.32
6	De Wet, Emma M	16	VINE-CP 29.59
7	Brink, Payton B	17	VINE-CP 29.74
8	Van Niekerk, Lic	16	PLAY-CE 29.88
9	Groepes, Rachel	17	SAAW-CP 30.04
10	Noades, Kiara J	22	LALE-CE 30.36
11	Meier, Marnè	24	CASC-CP 30.48
12	Kuun, Melissa	16	FISH-ED 30.51
13	Prinsloo, Mila	16	ASAW-CE 30.68
14	Christie, Leah E	18	CASC-CP 30.80
15	Combrink, Amy	14	VINE-CP 30.80
16	Lombard, Jana	16	LALE-CE 30.91
17	Webber, Isabella	16	VINE-CP 31.52
18	Gennarakis, Chri	16	CASC-CP 31.56
19	De Jongh, Grace	17	LALE-CE 31.58
20	Cronjè, Danielle	15	LALE-CE 31.67
21	Humphrey, Jessic	15	AQUA 31.69
22	Wium, Mari	14	QSAW-CE 31.71

23	Van Galen, Ava-L	14	STAQ-CE	31.78
24	Orchard, Milan M	13	VINE-CP	31.78
25	Du Plessis, Chan	16	CYBE-CP	31.96
26	Heyes, Danielle A	17	ASAC-CP	32.03
27	Hugo, Anika S	17	QSAW-CE	32.04
28	Liebenberg, Emil	14	SWAR-WC	32.06
29	Trout, Sophia L	14	VINE-CP	32.08
30	Ribeiro, Nuria A	21	MATI-CE	32.17
31	Magotsi, Riziki A	13	VINE-CP	32.34
32	Langenhoven, Er	16	SFSC-CP	32.35
33	La Grange, Emm	15	PLAY-CE	32.37
34	Watson, Caitlin C	16	BLMA-CP	32.40
35	Cilliers, Kara K	18	QSAW-CE	32.49
36	Uys, Tara	18	TYGE-CP	32.68
37	Gerber, Simonè M	13	GREY-CP	32.89
38	Smidt, Clio J	17	VINE-CP	32.91
39	Havenga, Skyla K	17	CLSC-WC	32.92
40	Grütter, Arabelle	13	ROA-ED	32.94
41	Labuschagne, Mi	16	SSISA-CP	32.94
42	Ward, Tanith A	17	SSISA-CP	32.97
43	Bergh, Madison S	14	AQUA	33.00
44	Terblanche, Essie	14	LALE-CE	33.00
45	Cromhout, Hann	19	SAAW-CP	33.06
46	Daffarn, Eri J	19	VINE-CP	33.07
47	Ryser, Aurora	16	TYGE-CP	33.26
48	Paljk, Tilka	26	MATI-CE	33.31
49	Lategan, Emma M	15	CASC-CP	33.38
50	Evans, Caitlin N	13	TYGE-CP	33.44
51	Jantzen, Zianè	14	QUIC-CP	33.45
52	Vd Wal, Mieke	15	CASC-CP	33.46
53	Kleinhans, Zara I	18	AQDO-CP	33.61
54	Zeelie, Shanna-L	14	BLMA-CP	33.63
55	Nilsson, Rebecca	12	TYGE-CP	33.65
56	Hartung, Amy M	14	ASAC-CP	33.76
57	Lorenzen, Ava E	12	BLMA-CP	33.83
58	Jones, Gemma K	15	VINE-CP	33.87
59	Faul, Ellen J	12	QSAW-CE	33.93
60	Holman, Acaylia	13	MARL-CP	34.19
61	Daniels, Sara H	17	BLMA-CP	34.24
62	Smith, Sophie	12	VINE-CP	34.25
63	Hayes, Kerrigan I	14	CASC-CP	34.37
64	Laubscher, Maya	16	GSA-CP	34.48
65	Havemann, Bella	15	ASAC-CP	34.52
66	Bester, Lisa	16	WELL-CE	34.54
67	Visser, Cara	13	CYBE-CP	34.56
68	Vd Merwe, Mi-Ly	14	LALE-CE	34.60
69	Slinger, Gizelle	14	AQUA	34.62
70	Fenner, Olivia M	12	PLAY-CE	34.65
71	Van Der Wath, Iz	13	KNYA-ED	34.74
72	Morris, Jenna	14	VINE-CP	34.83
73	Vd Merwe, Simo	16	GSA-CP	34.84
74	Riley, Logan	13	VINE-CP	34.89
75	Weber, Klara	13	PLAY-CE	34.92
76	Verbeek, Wilmie	15	CASC-CP	34.95
77	Neethling, Emma	14	FISH-ED	34.96
78	Tsai-Rieb, Pei-Ch	12	CYBE-CP	34.99
79	Louw, Anieka	13	CASC-CP	35.33
80	De Villiers, Anja	12	TYGE-CP	35.36
81	Geyser, Almi	14	LALE-CE	35.37
82	Bayly, Arabella	12	VINE-CP	35.49
83	Gerber, Mia	15	LALE-CE	35.58
84	Visser, Sandri	14	PLAY-CE	35.59

**Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18****Psych Sheet****#306 ... (Women 50 LC Meter Butterfly)**

85	Basson, Lenè	12	CLSC-WC	35.84
86	Vd Merwe, Mia	14	GSA-CP	35.91
87	Juries, Sam C	14	CLSC-WC	36.00
88	Dimatellis, Zoi	11	ROA-ED	36.20
89	Raimond, Marike	14	TYGE-CP	36.22
90	Kotzè, Tamsyn G	16	BLMA-CP	36.27
91	Cloete-Hopkins, .	13	SSISA-CP	36.45
92	Burger, Juanè	13	TYGE-CP	36.51
93	Coetzee, Liane	12	PLAY-CE	36.63
94	Saayman, Nika D	13	PLAY-CE	36.71
95	Stilwaney, Mia C	11	PAQU-CE	36.76
96	Hawley, Nicola	12	PLAY-CE	36.95
97	Mason, Phoebe B	13	STAQ-CE	37.07
98	Schreuder, Hann:	15	SAAW-CP	37.11
99	Joyce, Jenna	11	CASC-CP	37.18
100	Sonnekus, Anya	12	TYGE-CP	37.72
101	Horn, Anna	11	XCEL-CP	37.83
102	Jansen van Rensl	11	VINE-CP	38.00
103	Olivier, Julie M	11	TYGE-CP	38.11
104	Louw, Isabella A	12	BLMA-CP	38.11
105	Taljaard, Lianè	13	FISH-ED	38.58
106	Groves, Philippa	12	SSISA-CP	38.91
107	Schäfer, Kyla	12	KNYA-ED	39.36
108	Van Dyk, Zani	11	GSA-CP	39.55
109	Boshoff, Anja	11	TYGE-CP	40.02
110	Sabbagha, Georg	11	PAQU-CE	40.63
111	Billson, Amelie	11	CASC-CP	40.75
112	Fury, Amelia J	12	VINE-CP	41.16
113	Jantjies, Zara	11	MANT-CP	41.66
114	Botha, Chelsea	13	CASC-CP	41.70
115	Thirsk, Savannah:	11	TYGE-CP	43.92
116	Hager, Carle	13	LALE-CE	45.14
117	Thirsk, Madison	13	TYGE-CP	45.70

**#307 Men 50 LC Meter Butterfly**

Name	Age	Team	Seed Time	
1	Hendricks, Robe	18	ROA-ED	25.23
2	Moncherry, Adan	25	LALE-CE	25.35
3	West, Gabriel	19	TYGE-CP	25.95
4	Esterhuysen, Josl	16	TYGE-CP	26.17
5	Basson, Wilan	17	ASAC-CP	26.31
6	Kotze, Eric B	14	STAQ-CE	26.41
7	Van Heerden, Ste	17	LALE-CE	26.47
8	Kriegler, Christia	18	CASC-CP	26.52
9	Mia, Sirhaan	17	MARL-CP	26.78
10	Luck, Taylor R	18	VINE-CP	26.91
11	Omar, Ilyaas I	17	MARL-CP	27.02
12	Strydom, Conrad	15	QUIC-CP	27.19
13	Rudolph, Wido	17	FISH-ED	27.30
14	Van Reenen, Rya	24	BLMA-CP	27.55
15	Kleynhans, Ian	16	GSA-CP	27.69
16	Kleinhans, Kyle	17	SSISA-CP	27.70
17	Geyser, Jacques B	16	LALE-CE	27.71
18	Engelbrecht, Rut	16	PLAY-CE	27.74
19	Leiar, Alex H	18	KNYA-ED	27.75
20	Field, Luke D	17	VINE-CP	27.80
21	Swart, Niklis	18	PLAY-CE	27.83
22	Olkers, Caellum C	17	CASC-CP	27.84
23	Pretorius, Luuk F	15	KNYA-ED	27.85
24	Bestel, Luc M	14	VINE-CP	27.85

25	Wolson, Daniel A	16	SAAW-CP	27.88
26	Van Rooyen, Jan-	17	KNYA-ED	27.98
27	Malan, Johan S	17	CASC-CP	28.01
28	McWilliam, Benn	17	TYGE-CP	28.19
29	Trower, Nic T	14	TYGE-CP	28.19
30	Louw, Guillaume	20	CASC-CP	28.21
31	Malherbe, Nichol	17	LALE-CE	28.35
32	Peceur, Mark D	19	PAQU-CE	28.40
33	Beukes, Mateo A	18	WALM-CP	28.41
34	Forbes, Nicholas	17	LALE-CE	28.43
35	Cicero, Zack	17	SSISA-CP	28.44
36	Schultz, Heinrich	14	LALE-CE	28.53
37	Cornish, Jeyaad	18	HURAQ-CP	28.57
38	Van Vondel, Antc	16	TYGE-CP	28.63
39	Wollenschlaeger,	15	VINE-CP	28.63
40	Esterhuizen, Lor	14	AQUA	28.72
41	Boonzaier, Janni	17	ASAC-CP	28.81
42	Hendricks, Joshu	16	LALE-CE	28.84
43	Abrahams, Mattf	24	ASAC-CP	28.90
44	Carrol, Matt	18	BLMA-CP	28.93
45	Alexander, Amm:	16	MARL-CP	29.11
46	Coetzer, Milan J	16	CYBE-CP	29.12
47	Van Wyk, Wesley	17	ASAC-CP	29.15
48	Breet, Dawie-Lot	16	PLAY-CE	29.26
49	Nelson, Christop	16	LALE-CE	29.30
50	Anthony, Ammar	20	MARL-CP	29.32
51	Williams, Jayden	14	PAQU-CE	29.33
52	Benecke, Alexan	15	SSISA-CP	29.35
53	Renard, Leo G	16	ASAC-CP	29.44
54	Pedro, Tamkeen	15	WALM-CP	29.45
55	Das Neves, Lucas	14	TYGE-CP	29.47
56	Smit, MJ M	15	SAAW-CP	29.50
57	Foot, Aiden C	17	SWAR-WC	29.56
58	Viljoen, Stèphen	17	ASAW-CE	29.59
59	Davydov, Davis	16	ASAC-CP	29.62
60	Burger, Schalk S	18	SWAR-WC	29.64
61	Williams, Luca	15	VINE-CP	29.66
62	Heyes, Garrick T	15	ASAC-CP	29.71
63	Szapira, Saul	17	TYGE-CP	29.71
64	Kotzè, Kailen M	17	SWAR-WC	29.73
65	Hartman, Timotf	17	SSISA-CP	29.78
66	Uys, Keegan	16	LALE-CE	29.81
67	Hugo, Retief R	17	ASAW-CE	29.83
68	Nefdt, Grant	16	AQDO-CP	29.86
69	McPetrie, James	16	MANT-CP	29.91
70	Van Helden, Etha	15	GSA-CP	29.95
71	DE Bruyn, Flippi	17	FISH-ED	29.96
72	Schreuder, Steffe	15	ASAW-CE	30.03
73	Gilbert, Andrew .	14	SAAW-CP	30.05
74	Rohner, Jayden M	16	BLMA-CP	30.08
75	Hewitt-Smook, K	15	SWAR-WC	30.52
76	Gounden, Mikha	18	CLSC-WC	30.58
77	Orchard, Thoma:	16	SWAR-WC	30.59
78	Du Preez, Shaun	16	SSISA-CP	30.60
79	Fernold, AJ	13	ROA-ED	30.70
80	Moolman, Carter	15	MANT-CP	30.78
81	Wessels, Armin I	16	LALE-CE	30.81
82	Barnard, Rohan C	19	LALE-CE	30.85
83	Burger, Rosseau	14	LALE-CE	30.86
84	Beukes, Jaden L	14	WALM-CP	30.86
85	Van Der Walt, Lo	16	QSAW-CE	30.90
86	Waters, Steven G	14	LALE-CE	30.98

87	Stanfliet, Nichola	13	VINE-CP	30.98
88	Rosslee, Christia	14	QSAW-CE	31.05
89	Terblanche, Luar	15	TYGE-CP	31.10
90	Arnott, Carter J	15	ASAC-CP	31.12
91	Sirin, Ben	14	VINE-CP	31.15
92	Nel, Max	13	ROA-ED	31.16
93	Walker, Yohan G	15	VINE-CP	31.23
94	De Lange, Adriaa	13	TYGE-CP	31.33
95	Bester, Eben	16	TYGE-CP	31.43
96	Basson, Lucca N	14	CYBE-CP	31.50
97	Kuun, Hanru P	16	FISH-ED	31.66
98	February, Gerard	14	CASC-CP	31.69
99	Williams, Logan	13	VINE-CP	31.69
100	Boshoff, Keanu A	12	KNYA-ED	31.80
101	Goldstein, Trista:	18	ASAC-CP	31.90
102	Williams, Evan B	13	SSISA-CP	31.97
103	Viljoen, Jaden R	15	ASAC-CP	31.99
104	Zellie, Thomas J	16	SAAW-CP	32.17
105	Wing, James L	13	GREY-CP	32.23
106	Wagner, Noah J	13	SAAW-CP	32.38
107	Gilmour, Connor	13	SFSC-CP	32.51
108	Searle, Jude	13	VINE-CP	32.52
109	Bezuidenhout, Ei	13	CASC-CP	32.53
110	Bouwer, Jason	13	TYGE-CP	32.75
111	Pautz, Nathan M	15	BLMA-CP	32.80
112	Lategan, Nicky N	14	SWAR-WC	32.93
113	Afonso, Aragon C	13	QUIC-CP	33.05
114	Pieterse, Marcell	13	XCEL-CP	33.06
115	Kotzè, Max M	14	BLMA-CP	33.06
116	De Bruyn, Cornè	14	ASAC-CP	33.09
117	Cloete-Hopkins, .	16	SSISA-CP	33.11
118	Poggenpoel, Troy	14	SSISA-CP	33.23
119	Myburgh, Ruan	15	BLMA-CP	33.29
120	Oosthuizen, Etha	13	PLAY-CE	33.56
121	Rayne, Leo	14	ASAC-CP	33.65
122	Du Plessis, Jason	13	CLSC-WC	33.67
123	Hudson, Thomas	13	PLAY-CE	33.70
124	Kotzè, Arden C	13	ASAW-CE	33.79
125	Saayman, Dehan	15	PLAY-CE	33.87
126	Walther-Kotzè, L	13	ASAC-CP	34.14
127	Fortuin, Niyaaz	13	VINE-CP	34.19
128	Hekandjo, Kabi A	13	AQUA	34.31
129	Yiorkas, Yiorgos	14	BLOT-MA	34.36
130	Spencer, Charles	14	VINE-CP	34.50
131	De Jager, Nathan	15	ASAC-CP	34.61
132	Verbeek, Pierre C	12	CASC-CP	34.66
133	Swart, Nico N	12	ASAC-CP	34.73
134	Vergotine, Valent	36	VINE-CP	34.87
135	Van Graan, Mattf	13	STAQ-CE	34.98
136	Grobler, Reuben	13	PLAY-CE	35.19
137	Pearson-Adams,	13	SAAW-CP	35.24
138	Weber, Daniel	12	PLAY-CE	35.32
139	Van Der Merwe, J	12	VINE-CP	35.40
140	Coolen, Jonathan	13	STAQ-CE	35.48
141	Vd Watt, Earle	11	GSA-CP	35.64
142	Krause, Luke	13	CASC-CP	35.71
143	Spencer, Marcus	12	VINE-CP	35.75
144	Smit, Reynard-Gi	12	SFSC-CP	35.76
145	Mouton, Jean A	13	CASC-CP	35.94
146	Barnard, Theo J	11	SWAR-WC	36.06
147	Kent, Tyler	13	BLMA-CP	36.15
148	Coleman, Travis	12	BLMA-CP	36.31

## Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

## Psych Sheet

## #307 ... (Men 50 LC Meter Butterfly)

149	Rheeder, Liam M	13	PAQU-CE	36.39
150	Bergh, Riley R	12	AQUA	36.60
151	Schaefer, Daniel	11	PLAY-CE	36.60
152	Hendricks, Tysor	13	ROA-ED	36.64
153	Mccollum, Aiden	11	AQDO-CP	36.67
154	Bright, Michael C	11	CASC-CP	36.90
155	Van Zyl, Daniël R	12	TYGE-CP	36.93
156	Potgieter, Micah	13	VINE-CP	36.96
157	Swanepoel, Ewal	13	FISH-ED	37.00
158	Njoroge, Alphons	14	CASC-CP	37.58
159	Willenburg, Elija	13	SFSC-CP	37.65
160	Boshoff, Mickayl	11	KNYA-ED	37.79
161	Pautz, Benjamin	11	BLMA-CP	37.91
162	Faulkner, Callum	12	BLMA-CP	38.35
163	Hodgskiss, Fin J	12	SSISA-CP	38.92
164	Parr, Colbyn S	12	KNYA-ED	38.98
165	Mallin, Lukas	9	SAAW-CP	39.64
166	Bosch, Ewan Y	11	TYGE-CP	39.67
167	Goodall, Aaron	11	ASAC-CP	39.71
168	Van Onselen, Pie	10	TYGE-CP	39.92
169	Slabber, Ruhann	13	CASC-CP	40.07
170	Dockerill, Max J	11	CASC-CP	40.16
171	Benecke, Delmar	12	VINE-CP	40.48
172	February, Dillon	11	CASC-CP	40.65
173	Schreve, Lehan	11	SWAR-WC	40.88
174	van Rensburg, Tr	11	GSA-CP	41.05
175	Viljoen, Jagger F	10	ASAC-CP	41.56
176	Coolen, Nicolas I	11	STAQ-CE	41.72
177	Leitner, Zachary	10	AQUA	41.73
178	Van Vondel, Rola	12	TYGE-CP	42.33
179	King, Aidan J	11	GSA-CP	43.46
180	Fouche, Jack	11	TYGE-CP	44.26
181	Lewis, Amaru C	11	PAQU-CE	44.41
182	Akinci, Can Batu	11	VINE-CP	49.21
183	Pardoe, James N	12	GREY-CP	49.92

## #308 Girls 11 &amp; Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 TYGE-CP	A	2:22.24
Olivier, Iulie M 11	Chibharo, Lethabo L 11	
Thirsk, Savannah 11	Boshoff, Anja 11	

## #309 Boys 11 &amp; Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 CASC-CP	A	2:18.99
February, Dillon S 11	Gerber, Luke M 10	
Dockerill, Max J 11	Bright, Michael C 11	
2 GSA-CP	A	2:19.93
King, Aidan J 11	van Rensburg, Tristan 11	
Vd Watt, Earle 11		
3 TYGE-CP	A	2:20.13
Van Onselen, Pierre S 10	Fouche, Ryan 9	
Bosch, Ewan Y 11	Fouche, Jack 11	
4 SWAR-WC	A	2:21.46
Schreve, Lehan 11	Lategan, Wessel W 11	
Kruger, Zachary C 11	Barnard, Theo J 11	
5 LALE-CE	A	2:25.33
VerLoren Van Themaat, He	Ellis, Alec C 11	
Basson, Henk 11	Fouche, Xander M 11	

6 PAQU-CE	A	NT
King, Aidan I 11	Vd Watt, Earle 11	
van Rensburg, Tristan 11		

## #310 Girls 13 &amp; Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 VINE-CP	A	2:03.91
2 TYGE-CP	A	2:08.87
De Villiers, Anja 12	Sonnekus, Anya 12	
Nilsson, Rebecca B 12	Evans, Caitlin N 13	
3 PLAY-CE	A	2:09.28
Fenner, Olivia M 12	Saayman, Nika D 13	
Weber, Klara 13	Coetzee, Liane 12	
4 SSISA-CP	A	2:11.94
Myers, Kirsten E 13	Groves, Philippa R 12	
Slatter, Mila-Belle 11	Cloete-Hopkins, Aryana A 1	
5 CYBE-CP	A	2:14.49
Tsai-Rieb, Pei-Chi P 12	Visser, Cara 13	
Lockitch, Zara 11	Oaten, Sabrina 13	
6 CASC-CP	A	2:14.86
Botha, Chelsea 13	Billson, Amelie 11	
Joyce, Jenna 11	Louw, Anieka 13	
7 PAQU-CE	A	2:18.86
Coetzee, Marli 11	Coetzee, Marli 11	
Van Dyk, Zani 11	Laubscher, Mikalla I 13	
8 ASAC-CP	A	2:26.78
Sprong, Jaime M 10	Dos-Santos, Ekaterina E 13	
Pitout, Addison P 9	Barkhuysen, Jani 12	
9 SAAW-CP	A	NT
Krog, Miva 13	Ahmed, Ayla 12	
Durandt, Sharli 12	Ahmed, Brija 10	

## #311 Boys 13 &amp; Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 VINE-CP	A	1:54.11
2 CASC-CP	A	2:02.22
Verbeek, Pierre O 12	Mouton, Jean A 13	
Van Wyk, Jack R 12	Bezuidenhout, Ernst E 13	
3 GREY-CP	A	2:02.55
Yeowart, Luke D 13	Brebaart, Joshua 11	
Goussard, Henry 13	Wing, James L 13	
4 TYGE-CP	A	2:03.88
Bouwer, Iason 13	Van Vondel, Roland 12	
Van Zyl, Daniël R 12	De Lange, Adriaan 13	
5 PLAY-CE	A	2:04.47
Breet, Dawie-Louw L 16	La Grange, Emma 15	
Van Niekerk, Lica 16	Swart, Niklis 18	
6 SFSC-CP	A	2:05.10
Smit, Reynard-Gray 12	Jones, Thomas W 13	
Willenburg, Elijah K 13	Gilmour, Connor A 13	
7 ASAC-CP	A	2:07.77
Loots, Noah C 12	Torbochkin, Daniel S 12	
Swart, Nico N 12	Walther-Kotzè, Leon C 13	
8 BLMA-CP	A	2:10.17
Coleman, Travis 12	Faulkner, Callum E 12	
Pautz, Benjamin R 11	Kent, Tyler 13	
9 VINE-CP	B	2:13.08
10 CYBE-CP	A	NT
Cavallaro, Michele R 13	Oaten, Rourke 13	
Niemand, Leo 12	Harvey, Waylon 12	
11 SAAW-CP	A	NT
Wagner, Noah I 13	Pearson-Adams, Wolfe D 13	
Mallin, Lukas 9	Poultney, Matthew 10	

## #312 Girls 15 &amp; Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 VINE-CP	A	1:57.79
2 TYGE-CP	A	1:59.76
Goebel, Zoë 15	Senekal, Margo 14	
Smith, Lara E 15	Kotze, Abigail 14	
3 LALE-CE	A	2:01.10
Cronjè, Danielle 15	Vd Merwe, Simone 15	
Geyser, Almi 14	Briggs, Rebecca 14	
4 CASC-CP	A	2:03.68
Verbeek, Wilmien 15	Hayes, Kerrigan L 14	
Newton, Ava L 14	Vd Wal, Mieke 15	
5 BLMA-CP	A	2:07.00
Zeelie, Shanna-Leigh 14	Louw, Isabella A 12	
Lorenzen, Ava E 12	Coleman, Madison 14	
6 LALE-CE	B	2:07.89
Hager, Carle 13	Gerber, Mia 15	
Vd Merwe, Mi-Ly 14	Terblanche, Essie 14	
7 VINE-CP	B	2:08.45
8 ASAC-CP	A	2:10.41
Hartung, Amy M 14	Allwood, Kate S 15	
Swanepoel, Lulu A 12	Havemann, Bella 15	

## #313 Boys 15 &amp; Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 VINE-CP	A	1:48.65
2 TYGE-CP	A	1:49.40
Adendorff, James T 15	Kinnear, Connor 15	
Bannister, Joshua G 15	Trower, Nic T 14	
3 ASAC-CP	A	1:51.24
Viljoen, Jaden R 15	Arnott, Carter J 15	
Heyes, Garrick T 15	Rayne, Leo 14	
4 VINE-CP	B	1:52.01
5 BLMA-CP	A	1:54.34
Kotzè, Max M 14	Myburgh, Ruan 15	
Pautz, Nathan M 15	Kalapac, Joshua 14	
6 LALE-CE	A	1:56.01
De Kock, John P 14	Waters, Steven G 14	
Kirsten, John-William R 15	Schultz, Heinrich W 14	
7 ASAC-CP	B	1:58.87
De Bruvn, Cornè C 14	Torbochkin, David S 14	
Goldstein, Phoenix J 15	De Jager, Nathan B 15	
8 LALE-CE	B	2:01.11
Burger, Rosseau 14	Mansfield, Luke T 13	
Hodge, Cameron P 13	Jacobs, Zoon S 14	
9 CYBE-CP	A	NT
Dos-Santos, Andrei 15	Southworth, Matthew W 15	
Oaten, Rourke 13	Basson, Lucca N 14	
10 SAAW-CP	A	NT
Smit, MI M 15	Gilbert, Andrew A 14	
Barge, Zac 14	Wagner, Noah J 13	

## #314 Women 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 VINE-CP	A	1:51.92
2 CASC-CP	A	1:53.33
Christie, Leah E 18	Gennarakis, Christina 16	
Meier, Marné 24	Straszacker, Kristen C 23	
3 LALE-CE	A	1:56.78
Nieuwstad, Michelle 29	De Jongh, Grace 17	
Lombard, Jana 16	Noades, Kiara J 22	

## Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

## Psych Sheet

## #314 ... (Women 4x50 LC Meter Freestyle Relay)

4	LALE-CE	B	1:56.99
De Roubaix, Maric M 16 King, Mischa 18 Beetge, Amy 16 De Villiers, Lezanne 19			
5	GSA-CP	A	2:00.85
Cope, Morgan M 17 Laubscher, Maya R 16 Morton, Tayler R 16 Vd Merwe, Simone 16			
6	BLMA-CP	A	2:02.18
Kotzè, Tamsyn G 16 Venter, Liya E 18 Daniels, Sara H 17 Watson, Caitlin C 16			
7	SSISA-CP	A	2:02.60
Labuschagne, Michaela 16 Ward, Tanith A 17 Franks, Madison M 16 Vickers, Sophie 16			
8	ASAW-CE	A	2:02.78
Theron, lady 16 Viljoen, Jo-Ell 17 Schmidt, Amy 15 Prinsloo, Mila 16			
9	TYGE-CP	A	2:03.00
Ryser, Aurora 16 Raimond, Marike M 14 Roussou, Nadia 17 Uys, Tara 18			
10	CLSC-WC	A	2:06.58
Havenga, Skyla K 17 Juries, Sam C 14 Basson, Lenè 12 Novello, Utah 17			
11	CYBE-CP	A	NT
Hearne, Trinity S 20 Du Plessis, Chanel P 16 Tsai-Rieb, Pei-Chi P 12 Visser, Cara 13			
12	SAAW-CP	A	NT
Cromhout, Hannah E 19 Groepes, Rachel L 17 Schreuder, Hannah G 15 Krog, Miya 13			

## #315 Men 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1	TYGE-CP	A 1:40.65
Hopkins, Tim 18 Boshoff, Juan C 18 West, Gabriel 19 Esterhuysen, Joshua N 16		
2	LALE-CE	A 1:43.54
Van Heerden, Stefan F 17 Moncherry, Adam J 25 Clarke, Liam 16 Malherbe, Nicholas N 17		
3	ASAC-CP	A 1:44.90
Basson, Wilan 17 Abrahams, Matthew N 24 Van Wyk, Wesley R 17 Boonzaier, Jannie R 17		
4	SSISA-CP	A 1:45.22
Kleinhans, Kyle 17 Du Preez, Shaun 16 Oosthuizen, Nic D 21 Webb, Corey 20		
5	MARL-CP	A 1:45.43
Alexander, Ammaar 16 Anthony, Ammar 20 Mia, Sirhaan 17 Omar, Ilyas I 17		
6	FISH-ED	A 1:45.52
Rudolph, Wido 17 Vorster, Josua A 18 Lehnberg, Malan 17 Van Greunen, Renier 17		
7	CASC-CP	A 1:45.87
Louw, Guillaume 20 February, Gerard G 14 Malan, Johan S 17 Kriegler, Christiaan C 18		
8	SWAR-WC	A 1:47.06
Foot, Aiden C 17 Orchard, Thomas J 16 Hewitt-Smook, Kristian 15 Burger, Schalk S 18		
9	TYGE-CP	B 1:47.19
Wright, Keegan 17 Bester, Eben 16 McWilliam, Benn D 17 Van Vondel, Anton J 16		
10	GSA-CP	A 1:47.46
Kleynhans, Ian 16 Levey, Chad 17 Van Helden, Ethan C 15 Van Wyk, Wayne E 15		

11	BLMA-CP	A	1:48.96
Rohner, Iayden M 16 Carrol, Matt 18 Van Reenen, Ryan 24 Karsten, Jody 16			
12	LALE-CE	B	1:48.98
Geysler, Jacques M 16 Uys, Keegan 16 Forbes, Thomas P 19 Forbes, Nicholas J 17			
13	SAAW-CP	A	1:49.84
Wolson, Daniel A 16 Zellie, Thomas J 16 Smit, MJ M 15 Gilbert, Andrew A 14			
14	ASAW-CE	A	1:51.49
Viljoen, Stephen 17 Schreuder, Steffen 15 Vermeulen, Hanco 14 Hugo, Retief R 17			
15	PLAY-CE	A	1:54.23
Engelbrecht, Ruben J 16 Breet, Dawie-Louw L 16 Saayman, Dehan 15 Swart, Niklis 18			
16	AQDO-CP	A	NT
Solomon, Ethan 15 Nefdt, Grant 16 Bailey, Ethan J 20 Beukes, Wade 16			
17	CYBE-CP	A	NT
Coetzer, Iayden P 18 Davidtsh, Colin 16 Cavallaro, Federico F 18 Southworth, Matthew W 14			
18	VINE-CP	A	NT

## #400 Men 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1	Etzold, Peter S	18 VINE-CP	2:17.24
2	Clayton, Franco I	17 LALE-CE	2:27.44
3	Rudolph, Wido	17 FISH-ED	2:28.41
4	Field, Luke D	17 VINE-CP	2:29.63
5	Bester, Francois	16 QSAW-CE	2:30.41
6	Boshoff, Juan C	18 TYGE-CP	2:30.60
7	Malan, Johan S	17 CASC-CP	2:31.87
8	Hugo, Retief R	17 ASAW-CE	2:33.85
9	Nelson, Christop	16 LALE-CE	2:34.30
10	Hartman, Timotl	17 SSISA-CP	2:34.72
11	Omar, Ilyas I	17 MARL-CP	2:35.54
12	Van Greunen, Re	17 FISH-ED	2:37.11
13	February, Gerard	14 CASC-CP	2:38.27
14	Malherbe, Nichol	17 LALE-CE	2:40.24
15	Williams, Jayden	14 PAQU-CE	2:41.17
16	Burger, Rosseau	14 LALE-CE	2:42.57
17	McWilliam, Troy	16 TYGE-CP	2:43.94
18	Lehnberg, Malan	17 FISH-ED	2:45.39
19	Karsten, Jody	16 BLMA-CP	2:46.23
20	Bester, Eben	16 TYGE-CP	2:46.53
21	Yiorkas, Yiorgos	14 BLOT-MA	2:47.09
22	Kinnear, Connor	15 TYGE-CP	2:47.53
23	Van Helden, Etha	15 GSA-CP	2:47.65
24	Southworth, Mat	15 CYBE-CP	2:47.80
25	Torbochkin, Davi	14 ASAC-CP	2:47.93
26	Simpson, Jesse	15 VINE-CP	2:48.74
27	Anthony, Ammar	20 MARL-CP	2:48.90
28	Hendricks, Joshu	16 LALE-CE	2:48.92
29	Theron, Luca D	15 VINE-CP	2:49.19
30	Pautz, Nathan M	15 BLMA-CP	2:49.20
31	Mansfield, Luke	13 LALE-CE	2:49.42
32	Zellie, Thomas J	16 SAAW-CP	2:49.67
33	Sirin, Ben	14 VINE-CP	2:50.46
34	Terblanche, Luar	15 TYGE-CP	2:52.27
35	Stanfiet, Nichola	13 VINE-CP	2:52.28
36	Smith, Damian G	19 FISH-ED	2:53.77
37	Goussard, Henry	13 GREY-CP	2:53.94
38	Möller, FC C	16 TYGE-CP	2:54.13

39	Gilbert, Andrew	14 SAAW-CP	2:54.67
40	Vermeulen, Hanco	14 ASAW-CE	2:55.53
41	DE Bruyn, Flippi	17 FISH-ED	2:56.39
42	Williams, Luca	15 VINE-CP	2:56.82
43	Galochkin, Max	15 ASAC-CP	2:56.93
44	Haupt, Rhys A	14 VINE-CP	2:57.04
45	Loots, Noah C	12 ASAC-CP	2:59.18
46	Wing, James L	13 GREY-CP	2:59.32
47	Vorster, Josua A	18 FISH-ED	2:59.65
48	Moolman, Carter	15 MANT-CP	2:59.87
49	Williams, Evan B	13 SSISA-CP	2:59.87
50	Myburgh, Ruan	15 BLMA-CP	3:00.22
51	Swart, Nico N	12 ASAC-CP	3:00.53
52	Linscott, Josh C	15 MANT-CP	3:01.40
53	Wagner, Noah J	13 SAAW-CP	3:01.75
54	Saayman, Dehan	15 PLAY-CE	3:02.32
55	Roman, Noah P	13 AQDO-CP	3:03.48
56	Vergotie, Valent	36 VINE-CP	3:03.94
57	De Lange, Adriaa	13 TYGE-CP	3:04.05
58	Abrahams, Wasfi	17 MARL-CP	3:04.69
59	Yeowart, Luke D	13 GREY-CP	3:06.76
60	De Bruyn, Cornè	14 ASAC-CP	3:06.78
61	Van Wyk, Jack R	12 CASC-CP	3:08.27
62	Hudson, Thomas	13 PLAY-CE	3:10.47
63	Mouton, Jean A	13 CASC-CP	3:10.88
64	Spencer, Charles	14 VINE-CP	3:11.51
65	Kent, Tyler	13 BLMA-CP	3:12.22
66	Faulkner, Callum	12 BLMA-CP	3:12.71
67	Coleman, Travis	12 BLMA-CP	3:14.82
68	Hendricks, Tysor	13 ROA-ED	3:15.46
69	Verbeek, Pierre C	12 CASC-CP	3:18.12
70	Parr, Colbyn S	12 KNYA-ED	3:19.82
71	Bright, Michael C	11 CASC-CP	3:21.66
72	Immelman, Max	13 GREY-CP	3:24.32
73	van Rensburg, Tr	11 GSA-CP	3:24.40
74	Conradie, Niel	13 QUIC-CP	3:24.71
75	Krause, Luke	13 CASC-CP	3:27.48
76	Troskie, Jean	12 QUIC-CP	3:27.68
77	Schaefer, Daniel C	11 PLAY-CE	3:29.40
78	Wagner, Tiaan F	11 ASAW-CE	3:29.73
79	Pautz, Benjamin	11 BLMA-CP	3:29.87
80	Baadjies, Cruden	11 PAQU-CE	3:31.24
81	Stander, Christia	11 ASAW-CE	3:32.69
82	Van Vondel, Rola	12 TYGE-CP	3:32.78
83	Fouche, Jack	11 TYGE-CP	3:33.67
84	Fenner, Jenson V	11 PLAY-CE	3:33.69
85	Lategan, Wessel	11 SWAR-WC	3:34.03
86	February, Dillon	11 CASC-CP	3:35.07
87	Kruger, Zachary C	11 SWAR-WC	3:36.02
88	Pearson-Adams,	13 SAAW-CP	3:44.64
89	Pardoe, James N	12 GREY-CP	4:05.02

## #401 Women 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1	Fury, Rebecca G	16 VINE-CP	2:41.51
2	Cope, Morgan M	17 GSA-CP	2:42.27
3	Vd Wal, Mieke	15 CASC-CP	2:47.33
4	du Plessis, Madis	15 BLOT-MA	2:47.40
5	Evans, Caitlin N	13 TYGE-CP	2:48.21
6	Combrink, Amy	14 VINE-CP	2:52.27
7	Meier, Marné	24 CASC-CP	2:53.17
8	Hugo, Anika S	17 QSAW-CE	2:55.23

**Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18**

**Psych Sheet**

**#401 ... (Women 200 LC Meter Breaststroke)**

9	Newton, Ava L	14	CASC-CP	2:56.47
10	Morris, Jenna	14	VINE-CP	2:56.61
11	Gerber, Mia	15	LALE-CE	2:56.73
12	Witten, Hannah	16	AQDO-CP	2:58.29
13	Laubscher, Maya	16	GSA-CP	2:58.33
14	Borman, Jani	15	SWAR-WC	2:59.55
15	Herbst, Mienke	17	SSISA-CP	2:59.66
16	Olivier, Shani	16	WELL-CE	2:59.72
17	Gerber, Simonè N	13	GREY-CP	3:00.01
18	Coleman, Madisc	14	BLMA-CP	3:00.43
19	Hahn, Kayleigh K	14	ROA-ED	3:00.60
20	Novello, Utah	17	CLSC-WC	3:01.01
21	Havenga, Skyla K	17	CLSC-WC	3:02.30
22	Grütter, Arabelle	13	ROA-ED	3:05.27
23	Sabbagha, Annè	17	PAQU-CE	3:06.92
24	Magotsi, Riziki A	13	VINE-CP	3:07.09
25	Schreuder, Hann	15	SAAW-CP	3:07.54
26	Nilsson, Rebecca	12	TYGE-CP	3:08.12
27	Ahmed, Ayla	12	SAAW-CP	3:09.14
28	du Plessis, Sumr	13	BLOT-MA	3:09.20
29	Lategan, Emma N	15	CASC-CP	3:09.65
30	Joyce, Jenna	11	CASC-CP	3:11.45
31	Visser, Sandri	14	PLAY-CE	3:11.50
32	Van Der Wath, Iz	13	KNYA-ED	3:11.61
33	Lorenzen, Ava E	12	BLMA-CP	3:13.31
34	Dreyer, Arne'	13	STAQ-CE	3:14.99
35	du Plessis, Evie	11	BLOT-MA	3:15.50
36	Lodewyks, Jeand	13	FISH-ED	3:15.50
37	Laubscher, Mikal	13	GSA-CP	3:16.55
38	Botha, Chelsea	13	CASC-CP	3:17.17
39	Baillie, Gabi J	13	ROA-ED	3:17.63
40	Grobler, Zanè	13	ROA-ED	3:19.05
41	Dos-Santos, Ekata	13	ASAC-CP	3:19.13
42	Geyser, Almi	14	LALE-CE	3:19.47
43	Fury, Amelia J	12	VINE-CP	3:21.66
44	Horn, Anna	11	XCEL-CP	3:22.07
45	Dimatellis, Zoi	11	ROA-ED	3:22.13
46	Krog, Miya	13	SAAW-CP	3:25.38
47	Barnard, Adelma	13	SWAR-WC	3:26.12
48	Stilwane, Mia C	11	PAQU-CE	3:28.06
49	Charles, Tyla	11	VINE-CP	3:32.18
50	Retief, Jane	11	LALE-CE	3:33.36
51	Van Dyk, Zani	11	GSA-CP	3:35.16
52	Olivier, Julie M	11	TYGE-CP	3:48.72

**#402 Men 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	
1	Luck, Taylor R	18	VINE-CP	25.93
2	Van Vondel, Anto	16	TYGE-CP	27.25
3	Webb, Corey	20	SSISA-CP	27.32
4	Kriegler, Christia	18	CASC-CP	27.39
5	Kotze, Eric B	14	STAQ-CE	27.90
6	Hieckmann, Etha	22	BARR-CP	27.92
7	Mia, Sirhaan	17	MARL-CP	28.44
8	Pretorius, Luuk F	15	KNYA-ED	28.61
9	Foot, Aiden C	17	SWAR-WC	28.84
10	Esterhuysen, Jos	16	TYGE-CP	28.86
11	Strydom, Conrad	15	QUIC-CP	29.03
12	Burger, Schalk S	18	SWAR-WC	29.07
13	Boonzaier, Janniè	17	ASAC-CP	29.20

14	Trower, Nic T	14	TYGE-CP	29.32
15	Esterhuizen, Lor	14	AQUA	29.39
16	Louw, Guillaume	20	CASC-CP	29.43
17	Coetzer, Milan J	16	CYBE-CP	29.74
18	Kleinhans, Kyle	17	SSISA-CP	29.89
19	Bestel, Luc M	14	VINE-CP	30.02
20	Olkers, Caellum (	17	CASC-CP	30.07
21	Lottering, Seb C	15	ROA-ED	30.39
22	De Lange, Adriaa	13	TYGE-CP	30.59
23	Breet, Dawie-Lot	16	PLAY-CE	30.70
24	Myburgh, Jordan	18	BLMA-CP	30.90
25	Gounden, Mikha	18	CLSC-WC	30.94
26	Van Wyk, Wayne	15	GSA-CP	30.97
27	Sirin, Ben	14	VINE-CP	30.99
28	Walker, Johan G	15	VINE-CP	31.18
29	Du Preez, Shaun	16	SSISA-CP	31.20
30	Forbes, Nicholas	17	LALE-CE	31.32
31	Kotzè, Kailen M	17	SWAR-WC	31.34
32	Uys, Keegan	16	LALE-CE	31.47
33	Lehnberg, Malan	17	FISH-ED	31.50
34	Hendricks, Joshu	16	LALE-CE	31.55
35	Landi, Tristan	15	VINE-CP	31.55
36	Szapira, Saul	17	TYGE-CP	31.56
37	Bezuidenhout, El	13	CASC-CP	31.70
38	Beukes, Mateo A	18	WALM-CP	31.70
39	Lombard, Kyle M	15	BARR-CP	31.78
40	Gilmour, Connor	13	SFSC-CP	31.89
41	February, Gerard	14	CASC-CP	31.95
42	Fernold, AJ	13	ROA-ED	31.96
43	Alexander, Amm:	16	MARL-CP	31.97
44	Schultz, Heinrich	14	LALE-CE	32.13
45	Adendorff, Jame	15	TYGE-CP	32.15
46	Viljoen, Jaden R	15	ASAC-CP	32.17
47	Haupt, Rhys A	14	VINE-CP	32.21
48	Strydom, Stepha	18	TYGE-CP	32.25
49	Beste, Eben	16	TYGE-CP	32.31
50	McPetrie, James	16	MANT-CP	32.61
51	Nel, Max	13	ROA-ED	32.70
52	Rohner, Jayden M	16	BLMA-CP	32.78
53	Vorster, Josua A	18	FISH-ED	32.84
54	Rayne, Leo	14	ASAC-CP	32.95
55	Basson, Lucca N	14	CYBE-CP	33.00
56	Witbooi, Reinhar	16	STAQ-CE	33.13
57	Renard, Leo G	16	ASAC-CP	33.15
58	Bannister, Joshu	15	TYGE-CP	33.24
59	Hewitt-Smook, K	15	SWAR-WC	33.25
60	Smith, Sebastian	14	TYGE-CP	33.32
61	Beukes, Jaden L	14	WALM-CP	33.33
62	Van Reenen, Rya	24	BLMA-CP	33.44
63	De Bruyn, Cornè	14	ASAC-CP	33.47
64	Pautz, Nathan M	15	BLMA-CP	33.57
65	Saayman, Dehan	15	PLAY-CE	33.63
66	Stanfliet, Nichola	13	VINE-CP	33.87
67	Bouwer, Jason	13	TYGE-CP	34.04
68	Yiorkas, Yiorgos	14	BLOT-MA	34.09
69	Njoroge, Alphon:	14	CASC-CP	34.12
70	Waters, Steven G	14	LALE-CE	34.25
71	Hahn, Kyle	11	ROA-ED	34.35
72	Das Neves, Lucas	14	TYGE-CP	34.36
73	Coolen, Jonathan	13	STAQ-CE	34.47
74	Van Graan, Mattf	13	STAQ-CE	34.49
75	Williams, Logan	13	VINE-CP	34.55

76	Lategan, Nicky N	14	SWAR-WC	34.64
77	Myburgh, Ruan	15	BLMA-CP	34.69
78	De Jager, Nathan	15	ASAC-CP	34.71
79	Moolman, Carter	15	MANT-CP	34.80
80	Kotzè, Max M	14	BLMA-CP	34.85
81	Van der Watt, Alj	15	PLAY-CE	35.01
82	Matthee, Burger	12	AGA-Q-OB	35.11
83	Hekandjo, Kabi A	13	AQUA	35.23
84	Verbeek, Pierre C	12	CASC-CP	35.32
85	Searle, Jude	13	VINE-CP	35.36
86	Troskie, Roean	12	QUIC-CP	35.42
87	Willenburg, Elija	13	SFSC-CP	35.64
88	van Wyk, Tariq K	13	BARR-CP	35.75
89	Nell, Liam	12	VINE-CP	36.09
90	Grobler, Reuben	13	PLAY-CE	36.10
91	Parr, Colbyn S	12	KNYA-ED	36.29
92	Smit, Reynard-Gi	12	SFSC-CP	36.45
93	Du Plessis, Jason	13	CLSC-WC	36.48
94	Van Vondel, Rola	12	TYGE-CP	36.58
95	Benecke, Delmar	12	VINE-CP	36.65
96	Cavallaro, Michel	13	CYBE-CP	36.76
97	Bright, Michael C	11	CASC-CP	36.82
98	Hodge, Cameron	13	LALE-CE	37.01
99	Yeowart, Seth W	13	GREY-CP	37.27
100	Rheeder, Liam M	13	PAQU-CE	37.36
101	Bergh, Riley R	12	AQUA	37.50
102	Coleman, Travis	12	BLMA-CP	37.61
103	Trower, Michael	12	TYGE-CP	37.67
104	Vergotine, Valent	36	VINE-CP	37.80
105	Pautz, Benjamin	11	BLMA-CP	38.38
106	Vd Watt, Earle	11	GSA-CP	38.42
107	Muller, Lukas D	12	QUIC-CP	38.60
108	Van Zyl, Daniël R	12	TYGE-CP	38.63
109	Wessels, Hendrè	11	AGA-Q-OB	38.83
110	February, Dillon	11	CASC-CP	39.08
111	Spencer, Marcus	12	VINE-CP	39.29
112	Van Onselen, Pie	10	TYGE-CP	39.31
113	Coolen, Nicolas I	11	STAQ-CE	39.32
114	Faulkner, Callum	12	BLMA-CP	39.37
115	Poultney, Matthe	10	SAAW-CP	39.47
116	Slabber, Ruhann	13	CASC-CP	39.56
117	King, Aidan J	11	GSA-CP	39.80
118	Viljoen, Jagger F	10	ASAC-CP	39.88
119	Boshoff, Mickayl	11	KNYA-ED	40.05
120	Schreve, Lehan	11	SWAR-WC	40.11
121	Pieterse, Marcell	13	XCEL-CP	40.23
122	Mallin, Lukas	9	SAAW-CP	40.40
123	Kent, Tyler	13	BLMA-CP	40.41
124	Leitner, Zachary	10	AQUA	40.88
125	Visagie, Dian	11	SWAR-WC	40.96
126	Gerber, Luke M	10	CASC-CP	41.42
127	Basson, Henk	11	LALE-CE	41.47
128	Naude, AJ J	11	AGA-Q-OB	41.69
129	Goodall, Aaron	11	ASAC-CP	41.84
130	Fouche, Jack	11	TYGE-CP	42.03
131	Dockerill, Max J	11	CASC-CP	42.19
132	Lewis, Amaru C	11	PAQU-CE	42.43
133	Bosch, Ewan Y	11	TYGE-CP	42.83
134	Pardoe, James N	12	GREY-CP	44.09
135	Baadjies, Cruden	11	PAQU-CE	45.21

## Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

## Psych Sheet

## #403 Women 50 LC Meter Backstroke

Name	Age	Team	Seed Time
1 De Jongh, Grace	17	LALE-CE	29.59
2 Straszacker, Kris	23	CASC-CP	29.59
3 Humphrey, Jessic	15	AQUA	29.62
4 De Villiers, Lezar	19	LALE-CE	29.93
5 Burgess, Cassidy	15	VINE-CP	29.98
6 De Wet, Emma M	16	VINE-CP	30.08
7 Uys, Tara	18	TYGE-CP	30.28
8 Orchard, Milan M	13	VINE-CP	30.97
9 Kotze, Abigail	14	TYGE-CP	31.28
10 Du Plessis, Chan	16	CYBE-CP	31.80
11 Lombard, Jana	16	LALE-CE	31.83
12 Hebler, Lily M	14	QSAW-CE	31.96
13 Michell, Emma Y	18	LALE-CE	32.22
14 Helmand, Anieke	18	KOVS-MA	32.27
15 Cronjè, Danielle	15	LALE-CE	32.51
16 Ribeiro, Nuria A	21	MATI-CE	32.51
17 Vickers, Sophie	16	SSISA-CP	32.65
18 Trout, Sophia L	14	VINE-CP	32.70
19 Bergh, Madison S	14	AQUA	32.80
20 Van Niekerk, Lic	16	PLAY-CE	32.82
21 Combrink, Amy	14	VINE-CP	33.01
22 Van Galen, Ava-L	14	STAQ-CE	33.02
23 Morton, Tayler R	16	GSA-CP	33.17
24 Bester, Lisa	16	WELL-CE	33.18
25 Wium, Mari	14	QSAW-CE	33.19
26 Daffarn, Eri J	19	VINE-CP	33.35
27 Smidt, Clio J	17	VINE-CP	33.36
28 Newton, Ava L	14	CASC-CP	33.40
29 Lategan, Emma M	15	CASC-CP	33.44
30 Ward, Tanith A	17	SSISA-CP	33.57
31 Goebel, Zoë	15	TYGE-CP	33.59
32 Schmidt, Amy	15	ASAW-CE	33.62
33 Ryser, Aurora	16	TYGE-CP	33.63
34 Watson, Caitlin C	16	BLMA-CP	33.81
35 Meier, Marné	24	CASC-CP	33.82
36 Hayes, Kerrigan I	14	CASC-CP	33.89
37 Van Huyssteen, M	16	CUHE-OB	34.02
38 Heyes, Danielle A	17	ASAC-CP	34.21
39 Smith, Sophie	12	VINE-CP	34.22
40 Coetzee, Liane	12	PLAY-CE	34.36
41 Dowdle, Kalyne	16	ASAW-CE	34.38
42 Morris, Jenna	14	VINE-CP	34.38
43 Smit, Jenna	16	CASC-CP	34.51
44 Gennarakis, Chri	16	CASC-CP	34.54
45 Cromhout, Hann	19	SAAW-CP	34.63
46 Jagger, Ammara	15	AQDO-CP	34.78
47 Rossouw, Emma	14	TYGE-CP	34.85
48 Slinger, Gizelle	14	AQUA	35.27
49 de Jager, Katie	14	BLOT-MA	35.55
50 Juries, Sam C	14	CLSC-WC	35.77
51 Vd Merwe, Simor	16	GSA-CP	35.77
52 De Villiers, Anja	12	TYGE-CP	35.80
53 Riley, Logan	13	VINE-CP	35.81
54 Lorenzen, Ava E	12	BLMA-CP	35.84
55 Havemann, Bella	15	ASAC-CP	35.88
56 Visser, Cara	13	CYBE-CP	35.88
57 Coleman, Madisc	14	BLMA-CP	35.99
58 Jantzen, Zianè	14	QUIC-CP	36.03
59 Zeelie, Shanna-L	14	BLMA-CP	36.04

60 Basson, Lenè	12	CLSC-WC	36.13
61 Dimatellis, Zoi	11	ROA-ED	36.31
62 Dreyer, Arne'	13	STAQ-CE	36.33
63 Verbeek, Wilmie	15	CASC-CP	36.47
64 Fenner, Olivia M	12	PLAY-CE	36.56
65 Raimond, Marike	14	TYGE-CP	36.62
66 Bayly, Arabella	12	VINE-CP	36.69
67 Vd Merwe, Mia	14	GSA-CP	36.74
68 Neethling, Emma	14	FISH-ED	36.76
69 Louw, Anieka	13	CASC-CP	36.86
70 Tsai-Rieb, Pei-Ch	12	CYBE-CP	37.04
71 Saayman, Nika D	13	PLAY-CE	37.24
72 Mason, Phoebe M	13	STAQ-CE	37.41
73 Baillie, Gabi J	13	ROA-ED	37.42
74 O'Carroll, Nia E	13	STAQ-CE	37.43
75 Senekal, Margo	14	TYGE-CP	37.46
76 De Oliveira, Aliya	14	TYGE-CP	37.73
77 Taljaard, Liané	13	FISH-ED	37.90
78 Samuels, Londyn	13	PAQU-CE	37.91
79 Messiter-Tooze, I	13	SFSC-CP	37.99
80 Visser, Sandri	14	PLAY-CE	38.03
81 Kotzè, Tamsyn G	16	BLMA-CP	38.31
82 Jetha, Zara L	15	MARL-CP	38.33
83 De Beer, Isabella	12	QSAW-CE	38.35
84 Boshoff, Anja	11	TYGE-CP	38.53
85 Louw, Isabella A	12	BLMA-CP	38.64
86 Van Dyk, Zani	11	GSA-CP	38.69
87 Blake, Abi E	13	GREY-CP	38.77
88 Joyce, Jenna	11	CASC-CP	38.89
89 Botha, Chelsea	13	CASC-CP	38.99
90 Schäfer, Kyla	12	KNYA-ED	39.08
91 Nienaber, Mila J	12	QSAW-CE	39.11
92 Faul, Ellen J	12	QSAW-CE	39.70
93 Jansen van Renst	11	VINE-CP	39.83
94 Barnard, Adelma	13	SWAR-WC	39.97
95 Olivier, Julie M	11	TYGE-CP	40.00
96 Slatte, Mila-Bell	11	SSISA-CP	40.42
97 Sabbagha, Georg	11	PAQU-CE	40.59
98 Swanepoel, Lulu	12	ASAC-CP	41.06
99 Billson, Amelie	11	CASC-CP	41.47
100 Thirsk, Savannah	11	TYGE-CP	42.13
101 Jantjies, Zara	11	MANT-CP	42.16
102 Groves, Philippa	12	SSISA-CP	42.17
103 Sonnekus, Anya	12	TYGE-CP	42.20
104 Thirsk, Madison	13	TYGE-CP	43.96
105 Bosman, Daizeli	13	PLAY-CE	1:22.10

## #404 Men 200 LC Meter IM

Name	Age	Team	Seed Time
1 Etzold, Peter S	18	VINE-CP	2:08.14
2 Boshoff, Juan C	18	TYGE-CP	2:10.15
3 Malan, Johan S	17	CASC-CP	2:13.58
4 Esterhuysen, Jos	16	TYGE-CP	2:14.04
5 Bailey, Ethan J	20	AQDO-CP	2:14.66
6 McWilliam, Benn	17	TYGE-CP	2:14.66
7 Hendricks, Robe	18	ROA-ED	2:14.67
8 Bester, Francois	16	QSAW-CE	2:15.09
9 Coetzee, Jayden F	18	CYBE-CP	2:15.65
10 Trower, Nic T	14	TYGE-CP	2:16.07
11 Strydom, Conrad	15	QUIC-CP	2:17.72
12 Esterhuizen, Lor	14	AQUA	2:17.88
13 West, Gabriel	19	TYGE-CP	2:18.30

14 Levey, Chad	17	GSA-CP	2:19.15
15 Field, Luke D	17	VINE-CP	2:19.23
16 Ritchie, Andrew	23	TYGE-CP	2:19.54
17 Omar, Ilyas I	17	MARL-CP	2:21.35
18 Nelson, Christop	16	LALE-CE	2:21.39
19 Van Vondel, Anto	16	TYGE-CP	2:21.83
20 Van Wyk, Wayne	15	GSA-CP	2:21.95
21 Southworth, Mat	15	CYBE-CP	2:22.31
22 Hugo, Retief R	17	ASAW-CE	2:22.64
23 Clarke, Liam	16	LALE-CE	2:22.66
24 Rudolph, Wido	17	FISH-ED	2:22.77
25 Kriegler, Christia	18	CASC-CP	2:23.29
26 Coetzee, Milan J	16	CYBE-CP	2:24.21
27 Van Rooyen, Jan-	17	KNYA-ED	2:24.29
28 Louw, Guillaume	20	CASC-CP	2:24.77
29 Dos-Santos, And	15	CYBE-CP	2:24.91
30 Malherbe, Nichol	17	LALE-CE	2:25.14
31 McWilliam, Troy	16	TYGE-CP	2:25.40
32 Davidtsh, Colin	16	CYBE-CP	2:26.05
33 Barnard, Rohan	19	LALE-CE	2:26.52
34 Terblanche, Luar	15	TYGE-CP	2:26.84
35 Kinnear, Connor	15	TYGE-CP	2:26.94
36 Terblanche, Kiaa	18	TYGE-CP	2:27.46
37 Alexander, Amm	16	MARL-CP	2:28.33
38 Schultz, Heinrich	14	LALE-CE	2:28.46
39 De Kock, John P	14	LALE-CE	2:28.47
40 Karsten, Jody	16	BLMA-CP	2:28.68
41 Van Helden, Etha	15	GSA-CP	2:28.75
42 Gounden, Mikha	18	CLSC-WC	2:28.99
43 Bester, Eben	16	TYGE-CP	2:29.06
44 Viljoen, Stèphen	17	ASAW-CE	2:29.24
45 Nefdt, Grant	16	AQDO-CP	2:29.36
46 February, Gerard	14	CASC-CP	2:29.56
47 Williams, Jayden	14	PAQU-CE	2:29.98
48 Kalapac, Joshua	14	BLMA-CP	2:30.00
49 Benecke, Alexan	15	SSISA-CP	2:30.05
50 Pretorius, Luuk F	15	KNYA-ED	2:30.39
51 De Lange, Adriaa	13	TYGE-CP	2:30.43
52 Van Wyk, Wesley	17	ASAC-CP	2:30.49
53 McPetrie, James	16	MANT-CP	2:30.57
54 Strydom, Stepha	18	TYGE-CP	2:31.22
55 Forbes, Nicholas	17	LALE-CE	2:31.47
56 Pautz, Nathan M	15	BLMA-CP	2:32.15
57 Lombard, Kyle M	15	BARR-CP	2:32.23
58 Theron, Luca D	15	VINE-CP	2:32.56
59 Szapira, Saul	17	TYGE-CP	2:32.92
60 Smith, Sebastian	14	TYGE-CP	2:32.94
61 Burger, Rosseau	14	LALE-CE	2:33.92
62 Geysard, Jacques M	16	LALE-CE	2:33.93
63 Goussard, Henry	13	GREY-CP	2:34.36
64 Bestel, Luc M	14	VINE-CP	2:34.39
65 Solomon, Ethan	15	AQDO-CP	2:34.45
66 Arnott, Carter J	15	ASAC-CP	2:35.06
67 Du Preez, Shaun	16	SSISA-CP	2:35.47
68 Basson, Lucca N	14	CYBE-CP	2:35.51
69 Zellie, Thomas J	16	SAAW-CP	2:35.73
70 Myburgh, Ruan	15	BLMA-CP	2:37.01
71 Williams, Evan B	13	SSISA-CP	2:37.19
72 Bezuidenhout, Ei	13	CASC-CP	2:37.50
73 Poggenpoel, Troy	14	SSISA-CP	2:37.55
74 Anthony, Ammar	20	MARL-CP	2:37.78
75 Vermeulen, Hanc	14	ASAW-CE	2:37.81



## Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

## Psych Sheet

## #404 ... (Men 200 LC Meter IM)

76	Williams, Luca	15	VINE-CP	2:38.06
77	Cicero, Zack	17	SSISA-CP	2:38.62
78	Lehnberg, Malan	17	FISH-ED	2:38.89
79	Nel, Max	13	ROA-ED	2:38.92
80	Engelbrecht, Rut	16	PLAY-CE	2:39.47
81	Galochkin, Max	15	ASAC-CP	2:39.92
82	Hewitt-Smook, K	15	SWAR-WC	2:40.26
83	Wagner, Noah J	13	SAAW-CP	2:40.52
84	Bouwer, Jason	13	TYGE-CP	2:40.92
85	Linscott, Josh C	15	MANT-CP	2:41.37
86	Lategan, Nicky N	14	SWAR-WC	2:41.73
87	Boshoff, Keanu A	12	KNYA-ED	2:42.93
88	Mansfield, Luke	13	LALE-CE	2:43.04
89	Gilbert, Andrew	14	SAAW-CP	2:43.12
90	Verbeek, Pierre C	12	CASC-CP	2:43.75
91	Cloete-Hopkins,	16	SSISA-CP	2:43.86
92	Wing, James L	13	GREY-CP	2:43.91
93	Davydov, Davis	16	ASAC-CP	2:44.13
94	Hahn, Kyle	11	ROA-ED	2:44.26
95	Waters, Steven G	14	LALE-CE	2:44.62
96	Kotzè, Max M	14	BLMA-CP	2:45.01
97	Kotzè, Arden C	13	ASAW-CE	2:45.44
98	Van Schaik, Luc	13	VINE-CP	2:45.58
99	Cavallaro, Michel	13	CYBE-CP	2:45.59
100	Loots, Noah C	12	ASAC-CP	2:46.38
101	Coolen, Jonathan	13	STAQ-CE	2:47.58
102	Renard, Leo G	16	ASAC-CP	2:47.78
103	Afonso, Aragon C	13	QUIC-CP	2:48.30
104	Swart, Nico N	12	ASAC-CP	2:48.80
105	Oaten, Rourke	13	CYBE-CP	2:49.00
106	Spencer, Charles	14	VINE-CP	2:49.05
107	Williams, Logan	13	VINE-CP	2:49.51
108	Pieterse, Marcell	13	XCEL-CP	2:49.75
109	Hekandjo, Kabi A	13	AQUA	2:49.86
110	Vergotine, Valent	36	VINE-CP	2:50.04
111	Van Zyl, Daniël R	12	TYGE-CP	2:50.29
112	Van Wyk, Jack R	12	CASC-CP	2:51.12
113	Njoroge, Alphons	14	CASC-CP	2:52.27
114	Mouton, Jean A	13	CASC-CP	2:53.39
115	Swanepoel, Ewal	13	FISH-ED	2:53.57
116	Coleman, Travis	12	BLMA-CP	2:53.60
117	Bright, Michael C	11	CASC-CP	2:53.80
118	Rheeder, Liam M	13	PAQU-CE	2:54.22
119	Schaefer, Daniel	11	PLAY-CE	2:55.17
120	Du Plessis, Jason	13	CLSC-WC	2:55.79
121	van Wyk, Tariq K	13	BARR-CP	2:56.28
122	Pautz, Benjamin	11	BLMA-CP	2:58.34
123	Trower, Michael	12	TYGE-CP	2:58.59
124	Bergh, Riley R	12	AQUA	2:58.63
125	Smit, Reynard-G	12	SFSC-CP	3:00.01
126	Vd Watt, Earle	11	GSA-CP	3:00.80
127	Breebaart, Joshu	11	GREY-CP	3:01.09
128	Weber, Daniel	12	PLAY-CE	3:02.41
129	Hodgskiss, Fin J	12	SSISA-CP	3:02.62
130	Kent, Tyler	13	BLMA-CP	3:03.10
131	Spencer, Marcus	12	VINE-CP	3:03.70
132	Schreve, Lehan	11	SWAR-WC	3:04.23
133	Barnard, Theo J	11	SWAR-WC	3:04.60
134	Mallin, Lukas	9	SAAW-CP	3:05.04
135	van Rensburg, Tr	11	GSA-CP	3:05.40

136	Hodge, Cameron	13	LALE-CE	3:05.81
137	February, Dillon	11	CASC-CP	3:07.25
138	Krause, Luke	13	CASC-CP	3:08.83
139	Wagener, Tiaan F	11	ASAW-CE	3:09.63
140	Van Onselen, Pie	10	TYGE-CP	3:11.35
141	Coolen, Nicolas I	11	STAQ-CE	3:11.57
142	Bosch, Ewan Y	11	TYGE-CP	3:11.99
143	Kruger, Zachary	11	SWAR-WC	3:13.22
144	Pearson-Adams,	13	SAAW-CP	3:13.89
145	Mccollum, Aiden	11	AQDO-CP	3:14.38
146	Visagie, Dian	11	SWAR-WC	3:14.73
147	Slabber, Ruhann	13	CASC-CP	3:17.04
148	Poultney, Matthe	10	SAAW-CP	3:17.09
149	Goodall, Aaron	11	ASAC-CP	3:17.24
150	Fortuin, Niyaz	13	VINE-CP	3:19.30
151	Boshoff, Mickayl	11	KNYA-ED	3:19.65
152	Leitner, Zachary	10	AQUA	3:20.27
153	Immelman, Max	13	GREY-CP	3:20.47
154	Baadjies, Cruden	11	PAQU-CE	3:28.31
155	Naude, AJ J	11	AGAQ-OB	3:29.65
156	Pardoe, James N	12	GREY-CP	3:32.73
157	Gerber, Luke M	10	CASC-CP	3:38.82
158	Novos, Joey M	11	ASAC-CP	3:55.35

## #405 Women 200 LC Meter IM

Name	Age	Team	Seed Time	
1	Hearne, Trinity S	20	CYBE-CP	2:16.93
2	Fury, Rebecca G	16	VINE-CP	2:22.22
3	Uys, Tara	18	TYGE-CP	2:28.71
4	Humphrey, Jessic	15	AQUA	2:31.49
5	Combrink, Amy	14	VINE-CP	2:31.91
6	Vd Wal, Mieke	15	CASC-CP	2:32.42
7	Van Niekerk, Lic	16	PLAY-CE	2:32.64
8	Evans, Caitlin N	13	TYGE-CP	2:32.81
9	Orchard, Milan M	13	VINE-CP	2:35.03
10	Botha, Lara E	17	ASAW-CE	2:35.82
11	Labuschagne, Mi	16	SSISA-CP	2:36.74
12	Grütter, Arabelle	13	ROA-ED	2:36.79
13	Kotze, Abigail	14	TYGE-CP	2:38.23
14	Kleinhaus, Zara I	18	AQDO-CP	2:38.91
15	Hugo, Anika S	17	QSAW-CE	2:39.07
16	Christie, Leah E	18	CASC-CP	2:39.62
17	Novello, Utah	17	CLSC-WC	2:40.78
18	Ryser, Aurora	16	TYGE-CP	2:41.30
19	La Grange, Emm	15	PLAY-CE	2:41.43
20	Coleman, Madisc	14	BLMA-CP	2:41.88
21	Hahn, Kayleigh K	14	ROA-ED	2:41.99
22	Bergh, Madison	14	AQUA	2:42.21
23	Newton, Ava L	14	CASC-CP	2:42.40
24	Langenhoven, Er	16	SFSC-CP	2:42.49
25	Senekal, Margo	14	TYGE-CP	2:42.62
26	Lorenzen, Ava E	12	BLMA-CP	2:43.67
27	Gennarakis, Chri	16	CASC-CP	2:43.86
28	Cronjè, Danielle	15	LALE-CE	2:43.88
29	Gerber, Simonè M	13	GREY-CP	2:45.32
30	Borman, Jani	15	SWAR-WC	2:45.48
31	Rossouw, Emma	14	TYGE-CP	2:47.20
32	Witten, Hannah	16	AQDO-CP	2:47.40
33	Ahmed, Ayla	12	SAAW-CP	2:47.43
34	Herbst, Mienke	17	SSISA-CP	2:47.65
35	Visser, Cara	13	CYBE-CP	2:47.80
36	Verbeek, Wilmie	15	CASC-CP	2:47.97

37	Smit, Jenna	16	CASC-CP	2:48.53
38	Liebenberg, Emil	14	SWAR-WC	2:48.65
39	Gerber, Mia	15	LALE-CE	2:49.09
40	Smith, Sophie	12	VINE-CP	2:49.23
41	Heyes, Danielle A	17	ASAC-CP	2:50.63
42	De Villiers, Anja	12	TYGE-CP	2:51.22
43	Sabbagha, Annè	17	PAQU-CE	2:51.34
44	Tsai-Rieb, Pei-Ch	12	CYBE-CP	2:51.35
45	Goebel, Zoè	15	TYGE-CP	2:51.93
46	Ward, Tanith A	17	SSISA-CP	2:52.13
47	Lategan, Emma M	15	CASC-CP	2:52.59
48	Smidt, Clio J	17	VINE-CP	2:52.66
49	Wium, Mari	14	QSAW-CE	2:52.99
50	Nilsson, Rebecca	12	TYGE-CP	2:53.50
51	Bova-Olsen, Katy	13	MARL-CP	2:53.51
52	Basson, Lenè	12	CLSC-WC	2:54.10
53	De Oliveira, Aliya	14	TYGE-CP	2:54.39
54	Van Galen, Ava-L	14	STAQ-CE	2:55.06
55	Trout, Sophia L	14	VINE-CP	2:55.07
56	Van Der Wath, Iz	13	KNYA-ED	2:55.60
57	O'Carroll, Nia E	13	STAQ-CE	2:56.27
58	Holman, Acaylia	13	MARL-CP	2:56.45
59	Botha, Chelsea	13	CASC-CP	2:56.55
60	Durandt, Sharli	12	SAAW-CP	2:56.57
61	Geyser, Almi	14	LALE-CE	2:57.73
62	Juries, Sam C	14	CLSC-WC	2:57.82
63	Havemann, Bella	15	ASAC-CP	2:57.95
64	Neethling, Emma	14	FISH-ED	2:58.54
65	Fury, Amelia J	12	VINE-CP	2:58.79
66	Burger, Juanè	13	TYGE-CP	2:59.39
67	Dimatellis, Zoi	11	ROA-ED	2:59.74
68	Faul, Ellen J	12	QSAW-CE	3:00.71
69	Olivier, Julie M	11	TYGE-CP	3:01.32
70	Sonnekus, Anya	12	TYGE-CP	3:02.22
71	du Plessis, Evie	11	BLOT-MA	3:03.18
72	Schreuder, Hann	15	SAAW-CP	3:03.41
73	Thirsk, Madison	13	TYGE-CP	3:03.58
74	Schäfer, Kyla	12	KNYA-ED	3:05.30
75	Myers, Kirsten E	13	SSISA-CP	3:05.87
76	Joyce, Jenna	11	CASC-CP	3:06.25
77	Lockitch, Zara	11	CYBE-CP	3:07.28
78	Riley, Logan	13	VINE-CP	3:07.77
79	Van Dyk, Zani	11	GSA-CP	3:07.82
80	Horn, Anna	11	XCEL-CP	3:07.88
81	Sabbagha, Georg	11	PAQU-CE	3:09.22
82	Krog, Miya	13	SAAW-CP	3:10.76
83	Slattey, Mila-Bell	11	SSISA-CP	3:11.74
84	Blake, Abi E	13	GREY-CP	3:11.75
85	Stilwaney, Mia C	11	PAQU-CE	3:12.70
86	Boshoff, Anja	11	TYGE-CP	3:12.97
87	Charles, Tyla	11	VINE-CP	3:13.44
88	Weber, Klara	13	PLAY-CE	3:17.27
89	Thirsk, Savannah	11	TYGE-CP	3:19.83
90	De Beer, Isabella	12	QSAW-CE	3:27.70
91	Ahmed, Bria	10	SAAW-CP	3:30.45

## #406 Men 1500 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Bailey, Ethan J	20	AQDO-CP	16:18.26
2	McWilliam, Benn	17	TYGE-CP	16:36.09
3	Levey, Chad	17	GSA-CP	16:53.66
4	McWilliam, Troy	16	TYGE-CP	16:56.74

## Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

## Psych Sheet

## #406 ... (Men 1500 LC Meter Freestyle)

5	Beukes, Wade	16	AQDO-CP	17:01.66
6	Forbes, Thomas	19	LALE-CE	17:03.15
7	Wolson, Daniel A	16	SAAW-CP	17:08.17
8	Wright, Keegan	17	TYGE-CP	17:17.03
9	Southworth, Mat	15	CYBE-CP	17:39.40
10	Solomon, Ethan	15	AQDO-CP	17:47.63
11	Van Rooyen, Jan-	17	KNYA-ED	17:55.76
12	Dos-Santos, Andri	15	CYBE-CP	18:02.80
13	Clayton, Antony	16	LALE-CE	18:14.30
14	Möller, FC C	16	TYGE-CP	18:15.28
15	Strydom, Stepha	18	TYGE-CP	18:23.40
16	Bannister, Joshua	15	TYGE-CP	18:28.11
17	Fernold, AJ	13	ROA-ED	19:36.33
18	Van Zyl, Daniël R	12	TYGE-CP	19:41.24
19	Bezuidenhout, E	13	CASC-CP	19:50.27
20	Bouwer, Jason	13	TYGE-CP	20:04.37
21	Breebaart, Joshu	11	GREY-CP	20:34.30
22	Trower, Michael	12	TYGE-CP	21:06.66

## #407 Women 800 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Hearne, Trinity S	20	CYBE-CP	9:30.99
2	Neilson, Hannah	18	UWCA-CP	9:35.74
3	Noades, Kiara J	22	LALE-CE	9:49.52
4	King, Mischa	18	LALE-CE	9:54.50
5	du Plessis, Madis	15	BLOT-MA	9:56.03
6	Glover, Erin K	15	TYGE-CP	9:58.57
7	Bergh, Madison S	14	AQUA	9:58.64
8	Morton, Tayler R	16	GSA-CP	9:59.32
9	Evans, Caitlin N	13	TYGE-CP	10:01.41
10	Kotzè, Tamsyn G	16	BLMA-CP	10:03.30
11	Laubscher, Maya	16	GSA-CP	10:10.72
12	De Roubaix, Mari	16	LALE-CE	10:11.41
13	Grütter, Arabelle	13	ROA-ED	10:12.25
14	Theron, Jady	16	ASAW-CE	10:18.63
15	de Jager, Katie	14	BLOT-MA	10:19.57
16	Newton, Ava L	14	CASC-CP	10:22.13
17	Hartung, Amy M	14	ASAC-CP	10:22.90
18	Louw, Anieka	13	CASC-CP	10:23.15
19	Raimond, Marike	14	TYGE-CP	10:26.34
20	Viljoen, Jo-Ell	17	ASAW-CE	10:27.69
21	Durandt, Sharli	12	SAAW-CP	10:28.41
22	Zeelie, Shanna-L	14	BLMA-CP	10:30.42
23	De Villiers, Anja	12	TYGE-CP	10:45.65
24	Swanepoel, Lulu	12	ASAC-CP	10:49.75
25	Messiter-Tooze, I	13	SFSC-CP	10:56.19
26	Hayes, Kerrigan	14	CASC-CP	11:05.58
27	Grobler, Zané	13	ROA-ED	11:11.77
28	Nilsson, Rebecca	12	TYGE-CP	11:41.82
29	Laubscher, Mikal	13	GSA-CP	11:49.77
30	Els, Jamie	11	AQDO-CP	11:53.76
31	Billson, Amelie	11	CASC-CP	11:59.77
32	Nienaber, Mila J	12	QSAW-CE	12:01.15

## #408 Mixed 11 &amp; Under 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	
1	LALE-CE	A	2:32.28
	Kruger, Zoe W11	Retief, Jane W11	
	Ellis, Alec C M11	VerLoren Van Themaat, He	

2	CASC-CP	A	2:32.38
	Bright, Michael C M11	Joyce, Jenna W11	
	Dockerill, Max J M11	Billson, Amelie W11	
3	PAQU-CE	A	2:37.04
	Lewis, Amaru C M11	Baadjes, Cruden H M11	
	Stilwaney, Mia C W11	Sabbagha, Georgia W11	
4	TYGE-CP	A	2:38.14
	Van Onselen, Pierre S M10	Fouche, Jack M11	
	Olivier, Julie M W11	Boshoff, Anja W11	
5	TYGE-CP	B	2:49.39
	Fouche, Rvan M9	Chibharo, Lethabo L W11	
	Bosch, Ewan Y M11	Thirsk, Savannah W11	
6	GSA-CP	A	NT
	Coetzee, Marli W11	van Rensburg, Tristan M11	
	Vd Watt, Earle M11	Van Dyk, Zani W11	

## #409 Mixed 13 &amp; Under 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	
1	VINE-CP	A	2:07.47
2	BLMA-CP	A	2:10.00
	Louw, Isabella A W12	Coleman, Travis M12	
	Lorenzen, Ava E W12	Faulkner, Callum E M12	
3	VINE-CP	B	2:11.34
4	TYGE-CP	A	2:12.18
	De Lange, Adriaan M13	Evans, Caitlin N W13	
	Bouwer, Jason M13	De Villiers, Anja W12	
5	PLAY-CE	A	2:16.83
	Coetzee, Liane W12	Hudson, Thomas M13	
	Fenner, Olivia M W12	Weber, Daniel M12	
6	CASC-CP	A	2:18.66
	Bezuidenhout, Ernst E M11	Botha, Chelsea W13	
	Verbeek, Pierre O M12	Louw, Anieka W13	
7	KNYA-ED	A	2:19.48
	Parr, Colbyn S M12	Van Der Wath, Izi W13	
	Boshoff, Keanu A M12	Botha, Rebecca P W12	
8	TYGE-CP	B	2:26.41
	Van Vondel, Roland M12	Nilsson, Rebecca B W12	
	Burger, Juanè W13	Van Zyl, Daniël R M12	
9	ASAC-CP	A	2:27.24
	Barkhuysen, Iani W12	Swart, Nico N M12	
	Loots, Noah C M12	Swanepoel, Lulu A W12	
10	LALE-CE	A	2:36.57
	Hodge, Cameron P M13	Mansfield, Luke T M13	
	Hager, Carle W13	Patel, Disha W12	
11	CYBE-CP	A	NT
	Tsai-Rieb, Pei-Chi P W12	Visser, Cara W13	
	Oaten, Rourke M13	Cavallaro, Michele R M13	
12	GREY-CP	A	NT
	Blake, Abi E W13	Goussard, Henry M13	
	Gerber, Simonè M W13	Wing, James L M13	
13	SAAW-CP	A	NT
	Poultnev, Matthew M10	Wagner, Noah J M13	
	Ahmed, Ayla W12	Durandt, Sharli W12	
14	SSISA-CP	A	NT
	Cloete-Hopkins, Aryana A	Williams, Evan B M13	
	Hodgskiss, Fin J M12	Myers, Kirsten E W13	

## #410 Mixed 15 &amp; Under 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	
1	TYGE-CP	A	2:02.34
	Goebel, Zoë W15	Kinnear, Connor M15	
	Kotze, Abigail W14	Trower, Nic T M14	
2	VINE-CP	A	2:03.57
3	VINE-CP	B	2:04.09

4	LALE-CE	A	2:07.19
	Croniè, Danielle W15	Burger, Rosseau M14	
	Schultz, Heinrich W M14	Vd Merwe, Simone W15	
5	CASC-CP	A	2:10.61
	Njoroge, Alphonse M14	Vd Wal, Mieke W15	
	Lategan, Emma M W15	February, Gerard G M14	
6	TYGE-CP	B	2:11.27
	Rossouw, Emma M W14	Terblanche, Luan L M15	
	Das Neves, Lucas P M14	Senekal, Margo W14	
7	LALE-CE	B	2:11.33
	De Kock, John P M14	Gerber, Mia W15	
	Waters, Steven G M14	Geyser, Almi W14	
8	BLMA-CP	A	2:11.68
	Zeelie, Shanna-Leigh W14	Coleman, Madison W14	
	Kalapac, Joshua M14	Pautz, Nathan M M15	
9	GSA-CP	A	2:13.88
	Vd Merwe, Mia W14	Van Wyk, Wayne E M15	
	Van Helden, Ethan C M15	Laubscher, Mikalla I W13	
10	ASAC-CP	A	2:14.04
	Viljoen, Jaden R M15	Havemann, Bella W15	
	Hartung, Amy M W14	Heyes, Garrick T M15	
11	PLAY-CE	A	2:16.31
	Saayman, Dehan M15	Van der Watt, Alpheus J M11	
	Visser, Sandri W14	Bosman, Daizeli W13	
12	CASC-CP	B	2:19.56
	Newton, Ava L W14	Mouton, Jean A M13	
	Hayes, Kerrigan L W14	Van Wyk, Jack R M12	
13	CLSC-WC	A	2:24.04
	Iuries, Sam C W14		
	Basson, Lenè W12	Du Plessis, Jason F M13	
14	SWAR-WC	A	2:31.14
	Lategan, Nicky N M14	Borman, Jani W15	
	Lategan, Wessel W M11	Hewitt-Smook, Kristian M11	
15	SSISA-CP	A	NT

## #411 Mixed 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	
1	VINE-CP	A	1:54.21
2	LALE-CE	A	1:54.27
	De Jongh, Grace W17	Nieuwstad, Michelle W29	
	Moncherry, Adam J M25	Van Heerden, Stefan F M17	
3	VINE-CP	B	1:55.49
	Luck, Taylor R M18	Etzold, Peter S M18	
	Field, Luke D M17	Smith, Sophie W12	
4	CASC-CP	A	1:56.05
	Straszacker, Kristen C W23	Malan, Johan S M17	
	Kriegler, Christiaan C M18	Meier, Marné W24	
5	TYGE-CP	A	1:58.36
	Uvs, Tara W18	Boshoff, Juan C M18	
	Ryser, Aurora W16	Esterhuysen, Joshua N M16	
6	BLMA-CP	A	1:59.00
	Venter, Liva E W18	Myburgh, Jordan M18	
	Van Reenen, Ryan M24	Watson, Caitlin C W16	
7	GSA-CP	A	1:59.48
	Morton, Tayler R W16	Cope, Morgan M W17	
	Kleynhans, Ian M16	Levey, Chad M17	
8	CASC-CP	B	2:03.97
	Louw, Guillaume M20	Christie, Leah E W18	
	Olkers, Caellum G M17	Gennarakis, Christina W16	
9	ASAW-CE	A	2:04.39
	Schmidt, Amy W15	Hugo, Retief R M17	
	Prinsloo, Mila W16	Viljoen, Stèphen M17	

## Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

## Psych Sheet

## #411 ... (Mixed 4x50 LC Meter Medley Relay)

10	MARL-CP	A	2:05.31
	Mia, Sirhaan M17	Jeftha, Zara L W15	
	Holman, Acaylia W13	Omar, Ilyaas I M17	
11	PLAY-CE	A	2:07.63
	Breet, Dawie-Louw L M16	La Grange, Emma W15	
	Van Niekerk, Lica W16	Swart, Niklis M18	
12	CLSC-WC	A	2:12.15
	Gounden, Mikhael A M18	Novello, Utah W17	
	Havenga, Skyla K W17	Du Plessis, Jason F M13	
13	ASAC-CP	A	2:15.39
	Allwood, Kate S W15	Heyes, Danielle A W17	
	Basson, Wilan M17	Van Wyk, Wesley R M17	
14	AQDO-CP	A	NT
15	CYBE-CP	A	NT
	Coetzer, Jayden P M18	Cavallaro, Federico F M18	
	Hearne, Trinity S W20	Du Plessis, Chanel P W16	
16	SAAW-CP	A	NT
	Wolson, Daniel A M16	Schreuder, Hannah G W15	
	Cromhout, Hannah E W19	Zellie, Thomas J M16	
17	SSISA-CP	A	NT
	Webb, Corey M20	Hartman, Timothy J M17	
	Ward, Tanith A W17	Vickers, Sophie W16	

## #500 Women 200 LC Meter Backstroke

Name	Age	Team	Seed Time
1 De Wet, Emma M	16	VINE-CP	2:14.91
2 Uys, Tara	18	TYGE-CP	2:18.77
3 Burgess, Cassidy	15	VINE-CP	2:21.41
4 Humphrey, Jessie	15	AQUA	2:23.39
5 Orchard, Milan N	13	VINE-CP	2:27.18
6 Du Plessis, Chanel	16	CYBE-CP	2:27.62
7 Hebler, Lily M	14	QSAW-CE	2:27.78
8 Cronjè, Danielle	15	LALE-CE	2:29.18
9 Botha, Lara E	17	ASAW-CE	2:29.38
10 Bergh, Madison S	14	AQUA	2:29.97
11 De Villiers, Lezar	19	LALE-CE	2:30.12
12 Schmidt, Amy	15	ASAW-CE	2:30.88
13 Viljoen, Jo-Ell	17	ASAW-CE	2:31.06
14 Vickers, Sophie	16	SSISA-CP	2:32.15
15 Helmand, Anieke	18	KOVS-MA	2:32.41
16 Combrink, Amy	14	VINE-CP	2:32.53
17 Morton, Tayler R	16	GSA-CP	2:33.57
18 Hayes, Kerrigan I	14	CASC-CP	2:33.72
19 Evans, Caitlin N	13	TYGE-CP	2:33.99
20 Newton, Ava L	14	CASC-CP	2:34.04
21 du Plessis, Madis	15	BLOT-MA	2:34.65
22 Ryser, Aurora	16	TYGE-CP	2:35.76
23 Lategan, Emma M	15	CASC-CP	2:35.93
24 Kuun, Melissa	16	FISH-ED	2:36.10
25 Smidt, Clio J	17	VINE-CP	2:36.82
26 Coleman, Madiso	14	BLMA-CP	2:37.11
27 Dowdle, Kalyne	16	ASAW-CE	2:37.74
28 Trout, Sophia L	14	VINE-CP	2:38.04
29 Smit, Jenna	16	CASC-CP	2:40.05
30 Bester, Lisa	16	WELL-CE	2:40.20
31 Rossouw, Emma	14	TYGE-CP	2:40.25
32 Rossouw, Nadia	17	TYGE-CP	2:40.31
33 De Roubaix, Mari	16	LALE-CE	2:40.46
34 Juries, Sam C	14	CLSC-WC	2:40.50
35 La Grange, Emmi	15	PLAY-CE	2:40.86
36 Glover, Erin K	15	TYGE-CP	2:40.91

37 Zeelie, Shanna-L	14	BLMA-CP	2:40.92
38 Ward, Tanith A	17	SSISA-CP	2:41.01
39 Vd Merwe, Simo	16	GSA-CP	2:41.45
40 De Jongh, Grace	17	LALE-CE	2:41.62
41 de Jager, Katie	14	BLOT-MA	2:41.76
42 Lorenzen, Ava E	12	BLMA-CP	2:42.13
43 Smith, Sophie	12	VINE-CP	2:42.27
44 Visser, Cara	13	CYBE-CP	2:42.97
45 De Villiers, Anja	12	TYGE-CP	2:43.16
46 Vd Merwe, Mia	14	GSA-CP	2:43.17
47 Slinger, Gizelle	14	AQUA	2:43.29
48 Borman, Jani	15	SWAR-WC	2:43.43
49 Louw, Anieka	13	CASC-CP	2:43.74
50 Watson, Caitlin C	16	BLMA-CP	2:44.49
51 De Oliveira, Aliya	14	TYGE-CP	2:44.52
52 Vd Merwe, Mi-Ly	14	LALE-CE	2:45.30
53 Gennarakis, Chri	16	CASC-CP	2:45.37
54 Goebel, Zoë	15	TYGE-CP	2:45.38
55 Basson, Lenè	12	CLSC-WC	2:46.12
56 Baillie, Gabi J	13	ROA-ED	2:46.45
57 Jantzen, Zianè	14	QUIC-CP	2:46.54
58 Morris, Jenna	14	VINE-CP	2:47.40
59 Raimond, Marikk	14	TYGE-CP	2:47.56
60 Tsai-Rieb, Pei-Ch	12	CYBE-CP	2:49.43
61 Holman, Acaylia	13	MARL-CP	2:50.17
62 O'Carroll, Nia E	13	STAQ-CE	2:51.46
63 Messiter-Tooze, I	13	SFSC-CP	2:52.44
64 Durandt, Sharli	12	SAAW-CP	2:53.30
65 Blake, Abi E	13	GREY-CP	2:53.64
66 Botha, Chelsea	13	CASC-CP	2:55.51
67 Riley, Logan	13	VINE-CP	2:55.55
68 Boshoff, Anja	11	TYGE-CP	2:55.83
69 Coetzee, Liane	12	PLAY-CE	2:56.06
70 Laubscher, Mikal	13	GSA-CP	2:57.05
71 Dimatellis, Zoi	11	ROA-ED	2:57.27
72 Oaten, Sabrina	13	CYBE-CP	2:57.44
73 Thirsk, Madison	13	TYGE-CP	2:58.06
74 Myers, Kirsten E	13	SSISA-CP	2:58.14
75 Jansen van Rensl	11	VINE-CP	2:58.19
76 Saayman, Nika D	13	PLAY-CE	2:59.31
77 Burger, Juanè	13	TYGE-CP	2:59.56
78 Schäfer, Kyla	12	KNYA-ED	2:59.90
79 Sonnekus, Anya	12	TYGE-CP	3:00.70
80 Olivier, Julie M	11	TYGE-CP	3:01.23
81 Van Dyk, Zani	11	GSA-CP	3:02.37
82 du Plessis, Evie	11	BLOT-MA	3:02.87
83 Lockitch, Zara	11	CYBE-CP	3:04.80
84 De Beer, Isabella	12	QSAW-CE	3:06.82
85 Thirsk, Savannah	11	TYGE-CP	3:07.32
86 Samuels, Londyn	13	PAQU-CE	3:08.38
87 Billson, Amelie	11	CASC-CP	3:09.45
88 Groves, Philippa	12	SSISA-CP	3:10.62
89 Jantjies, Zara	11	MANT-CP	3:12.72

## #501 Men 200 LC Meter Backstroke

Name	Age	Team	Seed Time
1 Trower, Nic T	14	TYGE-CP	2:06.64
2 Boshoff, Juan C	18	TYGE-CP	2:07.85
3 Van Vondel, Anto	16	TYGE-CP	2:08.30
4 Wright, Keegan	17	TYGE-CP	2:09.54
5 Wolson, Daniel A	16	SAAW-CP	2:11.45
6 Coetzer, Jayden F	18	CYBE-CP	2:11.88

7 Swarts, Keeno A	18	VINE-CP	2:13.38
8 Esterhuizen, Lor	14	AQUA	2:13.88
9 Wollenschlaeger,	15	VINE-CP	2:14.78
10 Ritchie, Andrew	23	TYGE-CP	2:15.08
11 Bestel, Luc M	14	VINE-CP	2:15.51
12 Kriegler, Christia	18	CASC-CP	2:16.17
13 Clayton, Franco F	17	LALE-CE	2:16.34
14 Van Wyk, Wayne	15	GSA-CP	2:16.38
15 Southworth, Mat	15	CYBE-CP	2:16.63
16 Burger, Schalk S	18	SWAR-WC	2:17.08
17 Coetzer, Milan J	16	CYBE-CP	2:17.47
18 De Lange, Adriaa	13	TYGE-CP	2:17.56
19 Terblanche, Kiaa	18	TYGE-CP	2:18.47
20 Foot, Aiden C	17	SWAR-WC	2:18.78
21 Pretorius, Luuk F	15	KNYA-ED	2:19.26
22 Clayton, Antony I	16	LALE-CE	2:19.78
23 Smit, MJ M	15	SAAW-CP	2:21.05
24 Nefdt, Grant	16	AQDO-CP	2:21.41
25 Bester, Eben	16	TYGE-CP	2:22.54
26 Olkers, Caellum C	17	CASC-CP	2:23.02
27 Lottering, Seb C	15	ROA-ED	2:23.25
28 February, Gerard	14	CASC-CP	2:23.42
29 Bezuidenhout, El	13	CASC-CP	2:23.52
30 Orchard, Thomas	16	SWAR-WC	2:23.82
31 Möller, FC C	16	TYGE-CP	2:23.86
32 Van Helden, Etha	15	GSA-CP	2:24.16
33 Nelson, Christop	16	LALE-CE	2:24.18
34 McWilliam, Troy	16	TYGE-CP	2:24.41
35 Strydom, Stepha	18	TYGE-CP	2:25.06
36 Sirin, Ben	14	VINE-CP	2:25.25
37 Alexander, Amm	16	MARL-CP	2:25.59
38 Szapira, Saul	17	TYGE-CP	2:25.71
39 Breet, Dawie-Lou	16	PLAY-CE	2:25.86
40 Schultz, Heinrich	14	LALE-CE	2:25.87
41 Bannister, Joshua	15	TYGE-CP	2:25.87
42 Lombard, Kyle M	15	BARR-CP	2:27.23
43 Fernold, AJ	13	ROA-ED	2:27.88
44 Karsten, Jody	16	BLMA-CP	2:28.65
45 Kinneer, Connor	15	TYGE-CP	2:28.74
46 De Kock, John P	14	LALE-CE	2:29.27
47 Dos-Santos, And	15	CYBE-CP	2:30.40
48 Viljoen, Jaden R	15	ASAC-CP	2:30.52
49 Nel, Max	13	ROA-ED	2:30.61
50 Basson, Lucca N	14	CYBE-CP	2:31.24
51 Arnott, Carter J	15	ASAC-CP	2:31.61
52 Terblanche, Luar	15	TYGE-CP	2:31.86
53 Smith, Sebastian	14	TYGE-CP	2:31.95
54 Gilmour, Connor	13	SFSC-CP	2:32.49
55 Williams, Evan B	13	SSISA-CP	2:33.27
56 Walker, Yohan G	15	VINE-CP	2:33.68
57 Das Neves, Lucas	14	TYGE-CP	2:34.15
58 Grové, Daniël	14	CUHE-OB	2:34.24
59 Renard, Leo G	16	ASAC-CP	2:34.98
60 Kotzé, Max M	14	BLMA-CP	2:35.09
61 Lategan, Nicky N	14	SWAR-WC	2:35.13
62 Bouwer, Jason	13	TYGE-CP	2:35.31
63 Njoroge, Alphons	14	CASC-CP	2:35.47
64 Myburgh, Ruan	15	BLMA-CP	2:37.75
65 De Bruyn, Cornè	14	ASAC-CP	2:37.88
66 Hahn, Kyle	11	ROA-ED	2:38.45
67 Verbeek, Pierre C	12	CASC-CP	2:38.74
68 Rohner, Jayden M	16	BLMA-CP	2:40.07

## Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

## Psych Sheet

## #501 ... (Men 200 LC Meter Backstroke)

69	Hekandjo, Kabi A	13	AQUA	2:40.35
70	Witbooi, Reinhar	16	STAQ-CE	2:41.78
71	Saayman, Dehan	15	PLAY-CE	2:42.87
72	Van Graan, Matt	13	STAQ-CE	2:42.93
73	Yeowart, Seth W	13	GREY-CP	2:43.63
74	Coolen, Jonathan	13	STAQ-CE	2:43.70
75	Van Wyk, Jack R	12	CASC-CP	2:43.76
76	Poggenpoel, Troy	14	SSISA-CP	2:45.03
77	Troskie, Roean	12	QUIC-CP	2:45.42
78	Pieterse, Marcell	13	XCEL-CP	2:46.18
79	Wing, James L	13	GREY-CP	2:46.71
80	Rheeder, Liam M	13	PAQU-CE	2:47.43
81	Benecke, Delmar	12	VINE-CP	2:48.01
82	Bright, Michael C	11	CASC-CP	2:48.67
83	Afonso, Aragon C	13	QUIC-CP	2:49.19
84	van Wyk, Tariq K	13	BARR-CP	2:49.51
85	Oaten, Rourke	13	CYBE-CP	2:50.22
86	Parr, Colbyn S	12	KNYA-ED	2:50.55
87	Hodge, Cameron	13	LALE-CE	2:51.52
88	Conradie, Niel	13	QUIC-CP	2:51.77
89	Bergh, Riley R	12	AQUA	2:52.17
90	Yeowart, Luke D	13	GREY-CP	2:52.32
91	Schaefer, Daniel F	11	PLAY-CE	2:52.40
92	Trower, Michael	12	TYGE-CP	2:53.82
93	Nell, Liam	12	VINE-CP	2:54.29
94	Coetzee, Sion M	13	QUIC-CP	2:54.50
95	Vd Watt, Earle	11	GSA-CP	2:54.66
96	Pautz, Benjamin	11	BLMA-CP	2:56.87
97	Van Vondel, Rola	12	TYGE-CP	2:57.62
98	February, Dillon	11	CASC-CP	2:58.01
99	Leitner, Zachary	10	AQUA	2:58.50
100	Poultney, Matthe	10	SAAW-CP	3:00.41
101	Faulkner, Callum	12	BLMA-CP	3:02.78
102	Kruger, Zachary F	11	SWAR-WC	3:03.34
103	Mallin, Lukas	9	SAAW-CP	3:04.60
104	Van Onselen, Pie	10	TYGE-CP	3:05.12
105	Muller, Lukas D	12	QUIC-CP	3:05.15
106	Lewis, Amaru C	11	PAQU-CE	3:05.79
107	Visagie, Dian	11	SWAR-WC	3:07.85
108	Gerber, Luke M	10	CASC-CP	3:08.82
109	Naude, AJ J	11	AGAQ-OB	3:10.60
110	Wagener, Tiaan F	11	ASAW-CE	3:10.63
111	Viljoen, Jagger F	10	ASAC-CP	3:12.01
112	Pardoe, James N	12	GREY-CP	3:12.49
113	King, Aidan J	11	GSA-CP	3:15.81
114	Slabber, Ruhann	13	CASC-CP	3:17.69
115	Breebaart, Joshu	11	GREY-CP	3:18.39

## #502 Women 50 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Hearne, Trinity S	20	CYBE-CP	26.93
2	Van Dyk, Zani	11	GSA-CP	26.93
3	Helmand, Anieke	18	KOVS-MA	27.10
4	Kotze, Abigail	14	TYGE-CP	27.33
5	Fury, Rebecca G	16	VINE-CP	27.37
6	De Wet, Emma M	16	VINE-CP	27.82
7	Burgess, Cassidy	15	VINE-CP	27.88
8	Straszacker, Kris	23	CASC-CP	27.92
9	Cope, Morgan M	17	GSA-CP	27.94
10	Nieuwstad, Mich	29	LALE-CE	28.02

11	Christie, Leah E	18	CASC-CP	28.06
12	Groepes, Rachel	17	SAAW-CP	28.06
13	Meier, Marné	24	CASC-CP	28.19
14	Cromhout, Hann	19	SAAW-CP	28.33
15	Ribeiro, Nuria A	21	MATI-CE	28.37
16	Paljk, Tilka	26	MATI-CE	28.45
17	Combrink, Amy	14	VINE-CP	28.55
18	Humphrey, Jessic	15	AQUA	28.71
19	De Jongh, Grace	17	LALE-CE	28.72
20	Uys, Tara	18	TYGE-CP	28.77
21	Prinsloo, Mila	16	ASAW-CE	28.79
22	Heyes, Danielle F	17	ASAC-CP	28.82
23	Daffarn, Eri J	19	VINE-CP	28.85
24	Orchard, Milan M	13	VINE-CP	29.06
25	De Villiers, Lezar	19	LALE-CE	29.09
26	Gennarakis, Chri	16	CASC-CP	29.16
27	Grütter, Arabelle	13	ROA-ED	29.34
28	Cronjè, Danielle	15	LALE-CE	29.42
29	Magotsi, Riziki A	13	VINE-CP	29.50
30	Kuun, Melissa	16	FISH-ED	29.60
31	Vd Wal, Mieke	15	CASC-CP	29.64
32	Vickers, Sophie	16	SSISA-CP	29.73
33	Webber, Isabella	16	VINE-CP	29.94
34	Morton, Tayler R	16	GSA-CP	30.03
35	Hebler, Lily M	14	QSAW-CE	30.06
36	Ryser, Aurora	16	TYGE-CP	30.21
37	Hugo, Anika S	17	QSAW-CE	30.23
38	Daniels, Sara H	17	BLMA-CP	30.23
39	Novello, Utah	17	CLSC-WC	30.31
40	De Roubaix, Mar	16	LALE-CE	30.33
41	Visser, Cara	13	CYBE-CP	30.43
42	Laubscher, Maya	16	GSA-CP	30.46
43	Havenga, Skylia K	17	CLSC-WC	30.47
44	Goebel, Zoë	15	TYGE-CP	30.49
45	Geysler, Almi	14	LALE-CE	30.55
46	Venter, Liya E	18	BLMA-CP	30.55
47	Wium, Mari	14	QSAW-CE	30.56
48	Van Der Wath, Iz	13	KNYA-ED	30.57
49	Coleman, Madisc	14	BLMA-CP	30.59
50	Slinger, Gizelle	14	AQUA	30.60
51	Smit, Jenna	16	CASC-CP	30.62
52	Havemann, Bella	15	ASAC-CP	30.65
53	Kotzè, Tamsyn G	16	BLMA-CP	30.68
54	Watson, Caitlin C	16	BLMA-CP	30.72
55	Van Galen, Ava-L	14	STAQ-CE	30.75
56	Liebenberg, Emil	14	SWAR-WC	30.81
57	Ward, Tanith A	17	SSISA-CP	30.82
58	Labuschagne, Mi	16	SSISA-CP	30.83
59	Coetzee, Liane	12	PLAY-CE	30.87
60	Langenhoven, Er	16	SFSC-CP	30.87
61	Franks, Madison	16	SSISA-CP	30.88
62	Smith, Lara E	15	TYGE-CP	30.90
63	Riley, Logan	13	VINE-CP	30.91
64	Verbeek, Wilmie	15	CASC-CP	31.04
65	Zeelie, Shanna-L	14	BLMA-CP	31.05
66	Glover, Erin K	15	TYGE-CP	31.12
67	Newton, Ava L	14	CASC-CP	31.14
68	Cloete-Hopkins, .	13	SSISA-CP	31.23
69	Fenner, Olivia M	12	PLAY-CE	31.24
70	Raimond, Marike	14	TYGE-CP	31.38
71	De Villiers, Anja	12	TYGE-CP	31.40
72	Lorenzen, Ava E	12	BLMA-CP	31.52

73	Gerber, Simonè M	13	GREY-CP	31.58
74	Gerber, Mia	15	LALE-CE	31.84
75	Louw, Anieka	13	CASC-CP	31.86
76	Hager, Carle	13	LALE-CE	31.90
77	Samuels, Londyn	13	PAQU-CE	31.97
78	Faul, Ellen J	12	QSAW-CE	31.98
79	Krog, Miya	13	SAAW-CP	31.98
80	Fury, Amelia J	12	VINE-CP	32.02
81	Bova-Olsen, Katy	13	MARL-CP	32.04
82	O'Carroll, Nia E	13	STAQ-CE	32.06
83	Hayes, Kerrigan I	14	CASC-CP	32.11
84	Jeftha, Zara L	15	MARL-CP	32.11
85	Ahmed, Ayla	12	SAAW-CP	32.13
86	Sabbagha, Annè	17	PAQU-CE	32.16
87	Lategan, Emma M	15	CASC-CP	32.19
88	Botha, Chelsea	13	CASC-CP	32.24
89	Myers, Kirsten E	13	SSISA-CP	32.29
90	Morris, Jenna	14	VINE-CP	32.39
91	Terblanche, Essie	14	LALE-CE	32.56
92	Laubscher, Mikal	13	GSA-CP	32.56
93	Bayly, Arabella	12	VINE-CP	32.73
94	Nilsson, Rebecca	12	TYGE-CP	32.78
95	Basson, Lenè	12	CLSC-WC	32.81
96	Botha, Rebecca F	12	KNYA-ED	32.91
97	Juries, Sam C	14	CLSC-WC	32.99
98	Mason, Phoebe M	13	STAQ-CE	33.07
99	Williams, Aqeela	11	UWCA-CP	33.07
100	Dimatellis, Zoi	11	ROA-ED	33.19
101	Grobler, Zanè	13	ROA-ED	33.19
102	Barnard, Adelma	13	SWAR-WC	33.22
103	Blake, Abi E	13	GREY-CP	33.26
104	du Plessis, Sumr	13	BLOT-MA	33.28
105	Weber, Klara	13	PLAY-CE	33.29
106	Schreuder, Hann	15	SAAW-CP	33.33
107	Nienaber, Mila J	12	QSAW-CE	33.43
108	Jansen van Rensl	11	VINE-CP	33.60
109	Visser, Sandri	14	PLAY-CE	33.65
110	Sonnekus, Anya	12	TYGE-CP	33.84
111	Louw, Isabella A	12	BLMA-CP	33.84
112	Saayman, Nika D	13	PLAY-CE	33.88
113	Groves, Philippa	12	SSISA-CP	34.05
114	du Plessis, Evie	11	BLOT-MA	34.14
115	Burger, Juanè	13	TYGE-CP	34.31
116	Baillie, Gabi J	13	ROA-ED	34.53
117	Olivier, Julie M	11	TYGE-CP	34.79
118	Van Wyk, Josie	11	LALE-CE	34.82
119	Sabbagha, Georg	11	PAQU-CE	34.89
120	Oaten, Sabrina	13	CYBE-CP	34.98
121	Joyce, Jenna	11	CASC-CP	35.09
122	Jantjies, Zara	11	MANT-CP	35.17
123	Thirsk, Madison	13	TYGE-CP	35.37
124	Ahmed, Bria	10	SAAW-CP	35.46
125	Stilwaney, Mia C	11	PAQU-CE	35.50
126	Billson, Amelie	11	CASC-CP	35.67
127	Schäfer, Kyla	12	KNYA-ED	35.82
128	De Beer, Isabella	12	QSAW-CE	36.50
129	Thirsk, Savannah	11	TYGE-CP	36.52

## #503 Men 50 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Luck, Taylor R	18	VINE-CP	23.61
2	Esterhuyzen, Josl	16	TYGE-CP	23.80

## Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

## Psych Sheet

## #503 ... (Men 50 LC Meter Freestyle)

3	Van Heerden, Ste	17	LALE-CE	24.05	63	Rayne, Leo	14	ASAC-CP	27.43	125	Grové, Daniël	14	CUHE-OB	30.26
4	Kriegler, Christia	18	CASC-CP	24.52	64	Nelson, Christop	16	LALE-CE	27.44	126	Slabber, Ruhann	13	CASC-CP	30.58
5	Basson, Lucca N	14	CYBE-CP	24.52	65	Rohner, Jayden M	16	BLMA-CP	27.46	127	Fortuin, Niyaaz	13	VINE-CP	30.68
6	Etzold, Peter S	18	VINE-CP	24.75	66	Van Schaik, Luc	13	VINE-CP	27.55	128	Van Wyk, Jack R	12	CASC-CP	30.86
7	Moncherry, Adan	25	LALE-CE	24.87	67	Walker, Yohan G	15	VINE-CP	27.58	129	Goldstein, Phoen	15	ASAC-CP	30.94
8	Hopkins, Tim	18	TYGE-CP	25.02	68	Vorster, Josua A	18	FISH-ED	27.62	130	Smit, Reynard-Gi	12	SFSC-CP	31.04
9	Van Greunen, Re	17	FISH-ED	25.05	69	Viljoen, Jaden R	15	ASAC-CP	27.64	131	Matthee, Burger	12	AGA-Q-OB	31.06
10	Omar, Ilyaa I	17	MARL-CP	25.19	70	Gilbert, Andrew	14	SAAW-CP	27.64	132	Parr, Colbyn S	12	KNYA-ED	31.12
11	Trower, Nic T	14	TYGE-CP	25.29	71	Gounden, Mikha	18	CLSC-WC	27.68	133	Hahn, Kyle	11	ROA-ED	31.16
12	Rudolph, Wido	17	FISH-ED	25.42	72	Lombard, Kyle M	15	BARR-CP	27.72	134	Hekandjo, Kabi A	13	AQUA	31.25
13	Basson, Wilan	17	ASAC-CP	25.59	73	February, Gerard	14	CASC-CP	27.77	135	Troskie, Jean	12	QUIC-CP	31.30
14	West, Gabriel	19	TYGE-CP	25.67	74	Hendricks, Joshu	16	LALE-CE	27.79	136	Coleman, Travis	12	BLMA-CP	31.33
15	Clarke, Liam	16	LALE-CE	25.68	75	Hartman, Timot	17	SSISA-CP	27.83	137	Van Der Merwe, J	12	VINE-CP	31.35
16	Kotze, Eric B	14	STAQ-CE	25.70	76	Heyes, Garrick T	15	ASAC-CP	27.86	138	Krause, Luke	13	CASC-CP	31.52
17	Burger, Schalk S	18	SWAR-WC	25.77	77	Beste, Eben	16	TYGE-CP	27.86	139	Oosthuizen, Etha	13	PLAY-CE	31.53
18	Webb, Corey	20	SSISA-CP	25.90	78	Pedro, Tamkeen	15	WALM-CP	27.88	140	Njoroge, Alphons	14	CASC-CP	31.54
19	Malherbe, Nichol	17	LALE-CE	25.95	79	Zellie, Thomas J	16	SAAW-CP	27.95	141	Muller, Lukas D	12	QUIC-CP	31.61
20	Wollenschlaeger,	15	VINE-CP	25.98	80	Fernold, AJ	13	ROA-ED	28.03	142	Pearson-Adams,	13	SAAW-CP	31.64
21	Myburgh, Jordan	18	BLMA-CP	25.99	81	Gilmour, Connor	13	SFSC-CP	28.08	143	Troskie, Roean	12	QUIC-CP	31.65
22	Kleynhans, Ian	16	GSA-CP	26.04	82	Kotzé, Kailen M	17	SWAR-WC	28.13	144	Hodge, Cameron	13	LALE-CE	31.66
23	Beukes, Mateo A	18	WALM-CP	26.08	83	Williams, Luca	15	VINE-CP	28.18	145	Van Zyl, Daniël R	12	TYGE-CP	31.81
24	Swarts, Keeno A	18	VINE-CP	26.10	84	Smith, Damian G	19	FISH-ED	28.20	146	Swart, Nico N	12	ASAC-CP	31.86
25	Boonzaier, Janni	17	ASAC-CP	26.12	85	Waters, Steven G	14	LALE-CE	28.25	147	Willenburg, Elija	13	SFSC-CP	31.93
26	Pretorius, Luuk F	15	KNYA-ED	26.13	86	Searle, Jude	13	VINE-CP	28.27	148	Vergotine, Valent	36	VINE-CP	31.96
27	Cicero, Zack	17	SSISA-CP	26.13	87	Arnott, Carter J	15	ASAC-CP	28.31	149	Weber, Daniel	12	PLAY-CE	31.99
28	Van Rooyen, Jan-	17	KNYA-ED	26.24	88	Olkers, Caellum (	17	CASC-CP	28.38	150	van Rensburg, Tr	11	GSA-CP	32.41
29	Cornish, Jeyaad	18	HURAQ-CP	26.25	89	Williams, Jayden	14	PAQU-CE	28.39	151	Pautz, Benjamin	11	BLMA-CP	32.47
30	Van Vondel, Anto	16	TYGE-CP	26.26	90	Kinnear, Connor	15	TYGE-CP	28.40	152	Mouton, Jean A	13	CASC-CP	32.49
31	Alexander, Amm:	16	MARL-CP	26.26	91	Cloete-Hopkins,	16	SSISA-CP	28.44	153	Van Vondel, Rola	12	TYGE-CP	32.57
32	Van Wyk, Wesley	17	ASAC-CP	26.33	92	Smith, Sebastian	14	TYGE-CP	28.46	154	Mallin, Lukas	9	SAAW-CP	32.66
33	Van Reenen, Rya	24	BLMA-CP	26.33	93	De Jager, Nathan	15	ASAC-CP	28.47	155	Hendricks, Tysor	13	ROA-ED	32.82
34	Davidtsh, Colin	16	CYBE-CP	26.37	94	Vermeulen, Hanc	14	ASAW-CE	28.48	156	Spencer, Marcus	12	VINE-CP	32.84
35	Kleinhans, Kyle	17	SSISA-CP	26.42	95	Szapira, Saul	17	TYGE-CP	28.51	157	VerLoren Van Th	11	LALE-CE	33.02
36	Hugo, Retief R	17	ASAW-CE	26.48	96	Linscott, Josh C	15	MANT-CP	28.56	158	Faulkner, Callum	12	BLMA-CP	33.10
37	Geyser, Jacques M	16	LALE-CE	26.50	97	De Lange, Adriaa	13	TYGE-CP	28.60	159	Barnard, Theo J	11	SWAR-WC	33.12
38	Field, Luke D	17	VINE-CP	26.50	98	Hudson, Thomas	13	PLAY-CE	28.73	160	Trower, Michael	12	TYGE-CP	33.17
39	Strydom, Conrad	15	QUIC-CP	26.58	99	Das Neves, Lucas	14	TYGE-CP	28.78	161	Bright, Michael C	11	CASC-CP	33.28
40	Kalapac, Joshua	14	BLMA-CP	26.70	100	Kotzè, Max M	14	BLMA-CP	28.82	162	Goodall, Aaron	11	ASAC-CP	33.53
41	Louw, Guillaume	20	CASC-CP	26.71	101	Goldstein, Trista	18	ASAC-CP	28.87	163	Beecké, Delmar	12	VINE-CP	33.67
42	Van Wyk, Wayne	15	GSA-CP	26.71	102	Pautz, Nathan M	15	BLMA-CP	28.88	164	Immelman, Max	13	GREY-CP	33.69
43	Du Preez, Shaun	16	SSISA-CP	26.77	103	Wagner, Noah J	13	SAAW-CP	28.95	165	Fouche, Jack	11	TYGE-CP	33.84
44	Van Der Walt, Lo	16	QSAW-CE	26.82	104	De Bruyn, Cornè	14	ASAC-CP	29.00	166	Fenner, Jenson V	11	PLAY-CE	34.01
45	Foot, Aiden C	17	SWAR-WC	26.83	105	Williams, Logan	13	VINE-CP	29.02	167	Vd Watt, Earle	11	GSA-CP	34.06
46	Abrahams, Matt:	24	ASAC-CP	26.86	106	Goussard, Henry	13	GREY-CP	29.04	168	February, Dillon	11	CASC-CP	34.18
47	Malan, Johan S	17	CASC-CP	26.87	107	Beukes, Jaden L	14	WALM-CP	29.11	169	Van Onselen, Pie	10	TYGE-CP	34.30
48	Uys, Keegan	16	LALE-CE	26.92	108	Van Graan, Matt:	13	STAQ-CE	29.19	170	Poultney, Matthe	10	SAAW-CP	34.35
49	Lottering, Seb C	15	ROA-ED	26.98	109	Bezuidenhout, E	13	CASC-CP	29.21	171	Boshoff, Mickayl	11	KNYA-ED	34.39
50	Carrol, Matt	18	BLMA-CP	26.98	110	Stanfliet, Nichola	13	VINE-CP	29.27	172	Coolen, Nicolas I	11	STAQ-CE	34.60
51	Theron, Luca D	15	VINE-CP	27.06	111	Schreuder, Steffe	15	ASAW-CE	29.29	173	Basson, Henk	11	LALE-CE	34.64
52	Witbooi, Reinhar	16	STAQ-CE	27.10	112	Rosslee, Christia	14	QSAW-CE	29.30	174	Dockerill, Max J	11	CASC-CP	34.64
53	Forbes, Nicholas	17	LALE-CE	27.13	113	McWilliam, Troy	16	TYGE-CP	29.31	175	Bosch, Ewan Y	11	TYGE-CP	34.74
54	Davydov, Davis	16	ASAC-CP	27.14	114	Burger, Rosseau	14	LALE-CE	29.33	176	Wagener, Tiaan F	11	ASAW-CE	34.91
55	Hewitt-Smook, K	15	SWAR-WC	27.17	115	Yiorkas, Yiorgos	14	BLOT-MA	29.35	177	Schreve, Lehan	11	SWAR-WC	34.91
56	Schultz, Heinrich	14	LALE-CE	27.19	116	Saayman, Dehan	15	PLAY-CE	29.46	178	Bergh, Riley R	12	AQUA	35.12
57	Barnard, Rohan (	19	LALE-CE	27.20	117	Wing, James L	13	GREY-CP	29.48	179	Kruger, Zachary	11	SWAR-WC	35.27
58	Kuun, Hanru P	16	FISH-ED	27.22	118	Van der Watt, Alj	15	PLAY-CE	29.52	180	King, Aidan J	11	GSA-CP	35.48
59	Viljoen, Stèphen	17	ASAW-CE	27.24	119	Boshoff, Keanu A	12	KNYA-ED	29.58	181	Mccollum, Aiden	11	AQDO-CP	36.70
60	Esterhuizen, Lor	14	AQUA	27.25	120	Spencer, Charles	14	VINE-CP	29.62	182	Lewis, Amaru C	11	PAQU-CE	36.75
61	Orchard, Thoma:	16	SWAR-WC	27.29	121	Verbeek, Pierre C	12	CASC-CP	29.66	183	Gerber, Luke M	10	CASC-CP	36.89
62	Landi, Tristan	15	VINE-CP	27.37	122	Myburgh, Ruan	15	BLMA-CP	29.94	184	Baadjes, Cruden	11	PAQU-CE	36.98
					123	Coolen, Jonathan	13	STAQ-CE	30.03	185	Leitner, Zachary	10	AQUA	37.37
					124	Du Plessis, Jason	13	CLSC-WC	30.15	186	Wessels, Hendrè	11	AGA-Q-OB	37.50

## Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

## Psych Sheet

## #503 ... (Men 50 LC Meter Freestyle)

187	Visagie, Dian	11	SWAR-WC	38.03
188	Lategan, Wessel	11	SWAR-WC	38.16
189	Pardoe, James N	12	GREY-CP	39.25
190	McPetrie, James	16	MANT-CP	56.78

## #504 Women 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Hearne, Trinity S	20	CYBE-CP	1:00.27
2	Kotze, Abigail	14	TYGE-CP	1:02.65
3	Burgess, Cassidy	15	VINE-CP	1:04.87
4	Prinsloo, Mila	16	ASAW-CE	1:06.11
5	Van Niekerk, Lic	16	PLAY-CE	1:06.67
6	Fury, Rebecca G	16	VINE-CP	1:07.09
7	Viljoen, Jo-Ell	17	ASAW-CE	1:08.68
8	Groepes, Rachel	17	SAAW-CP	1:09.10
9	Du Plessis, Chan	16	CYBE-CP	1:09.26
10	Hugo, Anika S	17	QSAW-CE	1:09.71
11	du Plessis, Madis	15	BLOT-MA	1:10.47
12	Webber, Isabella	16	VINE-CP	1:10.56
13	Gennarakis, Chri	16	CASC-CP	1:11.10
14	Botha, Lara E	17	ASAW-CE	1:11.31
15	Liebenberg, Emil	14	SWAR-WC	1:11.66
16	Gerber, Simonè N	13	GREY-CP	1:12.68
17	Jantzen, Zianè	14	QUIC-CP	1:12.76
18	Vd Wal, Mieke	15	CASC-CP	1:12.87
19	Lombard, Jana	16	LALE-CE	1:13.21
20	Combrink, Amy	14	VINE-CP	1:13.33
21	Bergh, Madison S	14	AQUA	1:13.46
22	Lorenzen, Ava E	12	BLMA-CP	1:13.52
23	Smidt, Clio J	17	VINE-CP	1:13.65
24	Ryser, Aurora	16	TYGE-CP	1:13.83
25	Wium, Mari	14	QSAW-CE	1:13.84
26	Vd Westhuizen, J	15	AQDO-CP	1:14.20
27	Hartung, Amy M	14	ASAC-CP	1:14.38
28	Magotsi, Riziki A	13	VINE-CP	1:14.69
29	Evans, Caitlin N	13	TYGE-CP	1:14.92
30	Zeelie, Shanna-L	14	BLMA-CP	1:15.15
31	Trout, Sophia L	14	VINE-CP	1:15.58
32	Holman, Acaylia	13	MARL-CP	1:15.59
33	Tsai-Rieb, Pei-Ch	12	CYBE-CP	1:16.64
34	Slinger, Gizelle	14	AQUA	1:16.80
35	Smith, Sophie	12	VINE-CP	1:17.04
36	Nilsson, Rebecca	12	TYGE-CP	1:17.26
37	Smith, Lara E	15	TYGE-CP	1:17.54
38	Durandt, Sharli	12	SAAW-CP	1:17.86
39	Verbeek, Wilmie	15	CASC-CP	1:18.36
40	Daniels, Sara H	17	BLMA-CP	1:18.77
41	Visser, Cara	13	CYBE-CP	1:19.01
42	Gerber, Mia	15	LALE-CE	1:20.50
43	Faul, Ellen J	12	QSAW-CE	1:20.68
44	De Villiers, Anja	12	TYGE-CP	1:20.72
45	Ahmed, Ayla	12	SAAW-CP	1:21.79
46	Basson, Lenè	12	CLSC-WC	1:22.56
47	Swanepoel, Lulu	12	ASAC-CP	1:23.09
48	Bayly, Arabella	12	VINE-CP	1:23.67
49	Novello, Utah	17	CLSC-WC	1:23.87
50	Lockitch, Zara	11	CYBE-CP	1:26.63
51	Burger, Juanè	13	TYGE-CP	1:26.82
52	Sabbagha, Georg	11	PAQU-CE	1:30.96
53	Boshoff, Anja	11	TYGE-CP	1:31.00

54	Stilwaney, Mia C	11	PAQU-CE	1:32.19
55	Riley, Logan	13	VINE-CP	1:32.25
56	Billson, Amelie	11	CASC-CP	1:32.96
57	Joyce, Jenna	11	CASC-CP	1:34.15
58	Jansen van Rensl	11	VINE-CP	1:36.99
59	Botha, Chelsea	13	CASC-CP	1:40.52

## #505 Men 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Hendricks, Robel	18	ROA-ED	57.56
2	Kriegler, Christia	18	CASC-CP	58.35
3	Mia, Sirhaan	17	MARL-CP	58.56
4	West, Gabriel	19	TYGE-CP	58.70
5	Esterhuysen, Josi	16	TYGE-CP	59.50
6	Coetzer, Jayden F	18	CYBE-CP	59.68
7	Strydom, Conrad	15	QUIC-CP	59.90
8	Basson, Wilan	17	ASAC-CP	1:00.55
9	Kotze, Eric B	14	STAQ-CE	1:00.86
10	Rudolph, Wido	17	FISH-ED	1:01.38
11	Malherbe, Nichol	17	LALE-CE	1:01.45
12	Davidtsz, Colin	16	CYBE-CP	1:01.48
13	Malan, Johan S	17	CASC-CP	1:01.74
14	Wolson, Daniel A	16	SAAW-CP	1:01.75
15	Peceur, Mark D	19	PAQU-CE	1:01.92
16	Kleinmans, Kyle	17	SSISA-CP	1:02.53
17	Viljoen, Stéphane	17	ASAW-CE	1:02.76
18	Esterhuizen, Lor	14	AQUA	1:02.82
19	Louw, Guillaume	20	CASC-CP	1:02.82
20	McWilliam, Benn	17	TYGE-CP	1:02.85
21	Van Rooyen, Jan-	17	KNYA-ED	1:02.86
22	Beukes, Mateo A	18	WALM-CP	1:03.08
23	Kleynhans, Ian	16	GSA-CP	1:03.28
24	Breet, Dawie-Lo	16	PLAY-CE	1:03.34
25	Southworth, Mat	15	CYBE-CP	1:03.34
26	Coetzer, Milan J	16	CYBE-CP	1:03.53
27	Schultz, Heinrich	14	LALE-CE	1:03.55
28	Leiar, Alex H	18	KNYA-ED	1:04.00
29	Terblanche, Kiaa	18	TYGE-CP	1:04.08
30	Van Reenen, Rya	24	BLMA-CP	1:04.10
31	Bestel, Luc M	14	VINE-CP	1:04.11
32	Geyser, Jacques M	16	LALE-CE	1:04.20
33	Dos-Santos, Andi	15	CYBE-CP	1:04.20
34	Cicero, Zack	17	SSISA-CP	1:04.82
35	Van Wyk, Wesley	17	ASAC-CP	1:05.11
36	Kotzè, Kailen M	17	SWAR-WC	1:05.16
37	Van Wyk, Wayne	15	GSA-CP	1:05.16
38	Olkers, Caellum C	17	CASC-CP	1:05.19
39	Clarke, Liam	16	LALE-CE	1:05.74
40	Kalapac, Joshua	14	BLMA-CP	1:05.88
41	Smit, MJ M	15	SAAW-CP	1:05.96
42	Van Helden, Etha	15	GSA-CP	1:06.12
43	Szapira, Saul	17	TYGE-CP	1:06.21
44	Rosslee, Christia	14	QSAW-CE	1:06.22
45	Pedro, Tamkeen	15	WALM-CP	1:06.24
46	Forbes, Nicholas	17	LALE-CE	1:06.34
47	Wollenschlaeger,	15	VINE-CP	1:06.59
48	Gounden, Mikha	18	CLSC-WC	1:06.68
49	De Kock, John P	14	LALE-CE	1:06.93
50	Cornish, Jeyaad	18	HURAQ-CP	1:06.93
51	Williams, Luca	15	VINE-CP	1:07.01
52	Das Neves, Lucas	14	TYGE-CP	1:07.42
53	De Lange, Adriaa	13	TYGE-CP	1:07.55

54	Williams, Jayden	14	PAQU-CE	1:07.85
55	Abrahams, Wasfi	17	MARL-CP	1:08.33
56	Waters, Steven G	14	LALE-CE	1:08.69
57	Van Schaik, Luc	13	VINE-CP	1:08.74
58	Abrahams, Matt	24	ASAC-CP	1:08.88
59	Beukes, Jaden L	14	WALM-CP	1:08.92
60	Solomon, Ethan	15	AQDO-CP	1:09.19
61	Benecke, Alexan	15	SSISA-CP	1:09.23
62	Hendricks, Joshu	16	LALE-CE	1:09.50
63	Heyes, Garrick T	15	ASAC-CP	1:09.50
64	Cavallaro, Michel	13	CYBE-CP	1:10.02
65	Schreuder, Steffe	15	ASAW-CE	1:10.25
66	Arnott, Carter J	15	ASAC-CP	1:10.27
67	Fernold, AJ	13	ROA-ED	1:10.28
68	Basson, Lucca N	14	CYBE-CP	1:11.17
69	Moolman, Carter	15	MANT-CP	1:11.34
70	Bezuidenhout, El	13	CASC-CP	1:11.42
71	Nel, Max	13	ROA-ED	1:12.04
72	Pautz, Nathan M	15	BLMA-CP	1:12.24
73	Bouwer, Jason	13	TYGE-CP	1:12.47
74	Williams, Logan	13	VINE-CP	1:12.91
75	Stanfliet, Nichola	13	VINE-CP	1:13.35
76	Gilbert, Andrew	14	SAAW-CP	1:13.87
77	Hewitt-Smook, K	15	SWAR-WC	1:14.13
78	Poggenpoel, Troy	14	SSISA-CP	1:14.21
79	Kotzè, Arden C	13	ASAW-CE	1:14.23
80	Pieterse, Marcell	13	XCEL-CP	1:14.53
81	Swart, Nico N	12	ASAC-CP	1:15.04
82	Van Zyl, Daniël R	12	TYGE-CP	1:15.71
83	Boshoff, Keanu A	12	KNYA-ED	1:15.81
84	Oaten, Rourke	13	CYBE-CP	1:15.89
85	Williams, Evan B	13	SSISA-CP	1:15.98
86	February, Gerard	14	CASC-CP	1:16.08
87	Loots, Noah C	12	ASAC-CP	1:16.37
88	Afonso, Aragon C	13	QUIC-CP	1:16.76
89	Haupt, Rhys A	14	VINE-CP	1:17.33
90	Roman, Noah P	13	AQDO-CP	1:17.97
91	van Wyk, Tariq K	13	BARR-CP	1:18.59
92	Wagner, Noah J	13	SAAW-CP	1:19.51
93	Weber, Daniel	12	PLAY-CE	1:21.07
94	Hekandjo, Kabi A	13	AQUA	1:21.12
95	Schaefer, Daniel	11	PLAY-CE	1:22.40
96	Spencer, Charles	14	VINE-CP	1:22.79
97	Walther-Kotzè, L	13	ASAC-CP	1:22.86
98	Smit, Reynard-G	12	SFSC-CP	1:23.54
99	Barnard, Theo J	11	SWAR-WC	1:23.65
100	Coleman, Travis	12	BLMA-CP	1:23.65
101	Bright, Michael C	11	CASC-CP	1:23.74
102	Pautz, Benjamin	11	BLMA-CP	1:25.85
103	Mouton, Jean A	13	CASC-CP	1:26.24
104	Bosch, Ewan Y	11	TYGE-CP	1:26.94
105	Spencer, Marcus	12	VINE-CP	1:26.95
106	Boshoff, Mickayl	11	KNYA-ED	1:32.17
107	Van Der Merwe, J	12	VINE-CP	1:33.53
108	Krause, Luke	13	CASC-CP	1:33.78
109	February, Dillon	11	CASC-CP	1:34.52
110	Schreive, Lehan	11	SWAR-WC	1:35.50
111	Dockerill, Max J	11	CASC-CP	1:37.02
112	Lategan, Wessel	11	SWAR-WC	1:41.50

## Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

## Psych Sheet

## #506 Women 1500 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Neilson, Hannah	18	UWCA-CP	17:55.69
2 Hearne, Trinity S	20	CYBE-CP	17:56.40
3 Evans, Caitlin N	13	TYGE-CP	18:42.18
4 Bergh, Madison S	14	AQUA	19:32.81
5 Grütter, Arabelle	13	ROA-ED	19:33.28
6 Kotzè, Tamsyn G	16	BLMA-CP	19:33.46
7 De Roubaix, Mari	16	LALE-CE	19:34.45
8 Laubscher, Maya	16	GSA-CP	19:44.20
9 Durandt, Sharli	12	SAAW-CP	19:48.42
10 Louw, Anieka	13	CASC-CP	19:55.20
11 Hahn, Kayleigh K	14	ROA-ED	20:02.58
12 Hartung, Amy M	14	ASAC-CP	20:06.06
13 Messiter-Tooze, I	13	SFSC-CP	20:59.15
14 Swanepoel, Lulu	12	ASAC-CP	21:26.09
15 Grobler, Zanè	13	ROA-ED	21:41.21
16 Nilsson, Rebecca	12	TYGE-CP	22:04.21
17 Dimatellis, Zoi	11	ROA-ED	22:41.81

## #507 Men 800 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Bailey, Ethan J	20	AQDO-CP	8:28.62
2 Wright, Keegan	17	TYGE-CP	8:39.90
3 McWilliam, Benn	17	TYGE-CP	8:43.26
4 Forbes, Thomas I	19	LALE-CE	8:49.02
5 McWilliam, Troy	16	TYGE-CP	8:52.01
6 Beukes, Wade	16	AQDO-CP	8:58.15
7 Van Rooyen, Jan-	17	KNYA-ED	9:08.75
8 Southworth, Mat	15	CYBE-CP	9:12.23
9 Levey, Chad	17	GSA-CP	9:13.34
10 Bannister, Joshua	15	TYGE-CP	9:23.13
11 Clayton, Antony I	16	LALE-CE	9:24.22
12 Solomon, Ethan	15	AQDO-CP	9:24.38
13 Terblanche, Luar	15	TYGE-CP	9:30.21
14 Strydom, Stepha	18	TYGE-CP	9:30.82
15 Möller, FC C	16	TYGE-CP	9:33.21
16 Bezuidenhout, E	13	CASC-CP	9:45.10
17 Pautz, Nathan M	15	BLMA-CP	10:01.68
18 February, Gerard	14	CASC-CP	10:02.11
19 Verbeek, Pierre C	12	CASC-CP	10:12.23
20 Williams, Evan B	13	SSISA-CP	10:21.35
21 Goussard, Henry	13	GREY-CP	10:22.11
22 Kotzè, Max M	14	BLMA-CP	10:26.60
23 Lategan, Nicky N	14	SWAR-WC	10:29.83
24 Yeowart, Luke D	13	GREY-CP	10:36.80
25 Smit, Reynard-G	12	SFSC-CP	10:42.24
26 Loots, Noah C	12	ASAC-CP	10:42.96
27 Bouwer, Jason	13	TYGE-CP	10:44.74
28 Kotzè, Arden C	13	ASAW-CE	10:47.22
29 Yeowart, Seth W	13	GREY-CP	10:48.05
30 Van Zyl, Daniël R	12	TYGE-CP	10:48.07
31 Nel, Max	13	ROA-ED	10:52.77
32 Breebaart, Joshu	11	GREY-CP	10:55.61
33 Trower, Michael	12	TYGE-CP	10:59.21
34 Cavallaro, Michel	13	CYBE-CP	11:01.30
35 Cole, Jarryd C	13	SAAW-CP	11:15.23
36 Van Wyk, Jack R	12	CASC-CP	11:18.33
37 Rheeder, Liam M	13	PAQU-CE	11:21.60
38 Hodgskiss, Fin J	12	SSISA-CP	11:36.20

## #600 Mixed 50 LC Meter Freestyle Multi-Class

Name	Age	Team	Seed Time
1 Galochkin, Max	M15	ASAC-CP	28.65
2 Pearson-Adams,	M13	SAAW-CP	31.64
3 Cavallaro, Michel	M13	CYBE-CP	31.65
4 Ahmed, Ayla	W12	SAAW-CP	32.13
5 Rheeder, Liam M	M13	PAQU-CE	32.44
6 Allwood, Kate S	W15	ASAC-CP	35.44
7 Vd Merwe, Mia	W25	CASC-CP	38.59

## #601 Mixed 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Seed Time
1 Newton, Ava L	W14	CASC-CP	33.40
2 Bulose, Megan	W19	UWCA-CP	33.45
3 Yiorakas, Yiorgos	M14	BLOT-MA	34.09
4 Allwood, Kate S	W15	ASAC-CP	44.88
5 Vd Merwe, Mia	W25	CASC-CP	46.47

## #602 Mixed 50 LC Meter Breaststroke Multi-Class

Name	Age	Team	Seed Time
1 Vd Merwe, Mia	W25	CASC-CP	48.94

## #603 Mixed 50 LC Meter Butterfly Multi-Class

Name	Age	Team	Seed Time
1 Solomon, Ethan	M15	AQDO-CP	29.44
2 Nefdt, Grant	M16	AQDO-CP	29.86
3 Galochkin, Max	M15	ASAC-CP	30.85
4 Sadie, Christian I	M26	LALE-CE	31.32
5 Bulose, Megan	W19	UWCA-CP	33.66
6 Yiorakas, Yiorgos	M14	BLOT-MA	34.36
7 Williams, Aqeela	W11	UWCA-CP	36.54
8 Vd Merwe, Mia	W25	CASC-CP	45.74
9 Allwood, Kate S	W15	ASAC-CP	51.49

## #604 Mixed 100 LC Meter Freestyle Multi-Class

Name	Age	Team	Seed Time
1 Allwood, Kate S	W15	ASAC-CP	1:17.49
2 Vd Merwe, Mia	W25	CASC-CP	1:28.29

## #605 Mixed 100 LC Meter Backstroke Multi-Class

Name	Age	Team	Seed Time
1 Sadie, Christian I	M26	LALE-CE	1:13.93
2 Yiorakas, Yiorgos	M14	BLOT-MA	1:16.37
3 Krieglger, Joanica	W19	LALE-CE	1:22.75
4 Williams, Aqeela	W11	UWCA-CP	1:28.92
5 Allwood, Kate S	W15	ASAC-CP	1:37.28
6 Vd Merwe, Mia	W25	CASC-CP	1:39.06

## #607 Mixed 100 LC Meter Butterfly Multi-Class

Name	Age	Team	Seed Time
1 Sadie, Christian I	M26	LALE-CE	1:08.84
2 Rheeder, Liam M	M13	PAQU-CE	1:19.56
3 Williams, Aqeela	W11	UWCA-CP	1:21.53

## #608 Mixed 200 LC Meter Freestyle Multi-Class

Name	Age	Team	Seed Time
1 Neilson, Hannah	W18	UWCA-CP	2:14.10
2 Krieglger, Joanica	W19	LALE-CE	2:38.63
3 Allwood, Kate S	W15	ASAC-CP	2:52.94
4 Vd Merwe, Mia	W25	CASC-CP	3:16.09

## #612 Mixed 200 LC Meter IM Multi-Class

Name	Age	Team	Seed Time
1 Sadie, Christian I	M26	LALE-CE	2:38.09

2 Roman, Noah P	M13	AQDO-CP	2:43.50
3 Williams, Aqeela	W11	UWCA-CP	3:02.00
4 Allwood, Kate S	W15	ASAC-CP	3:21.01
5 Vd Merwe, Mia	W25	CASC-CP	3:49.91