



# WESTERN CAPE A-CHAMPIONSHIP RULES

## UWC Swimming Pool, Bellville

### RULES FOR A CHAMPIONSHIP:

- WORLD AQUATICS rules will apply.
- Only fully capitated swimmers who meet the stipulated gala criteria, may compete.
- Age as on the first day of championships.
- Entries:

- Entries must be submitted by noon on 24 November 2023 (WC A-Champs) and
- By e-mail:

- a zip file created in Team Manager for athletes
- list of officials on a spreadsheet to be supplied ratio of 1:3 for each session
- an entry report, with proof of entry time included
- entry fee report,
- relay report
- Proof of payment. Western Cape will Invoice the Districts
- Entry Fees – as per the database. Out-of-province athletes' fees will differ.

Surcharge SA:	R70 per swimmer WC clubs,
Surcharge Africa:	R200 within Africa
Surcharge outside Africa:	R300 for outside Africa.
Individual Entries:	R50 per entry
Relay Entries:	R70 per relay

- The entry fee will be forfeited for any entry received, that does not comply.
- Late entries will be accepted from 25 November 2023 until 9 am on 5 December 2023 at 5 x the original entry fee. Thereafter extra late entries will be accepted at x 10 if lanes are available.



## WC LONG COURSE A-CHAMPIONSHIP

- Heats will be swum as per the circulated program, Slow to fast.
- Finals will be swum in the following ages:  
11 & under, 12 – 13, 14 – 15, 16 and over. Two visitors (out of province) will be allowed in the A finals. 16 & over A & B Finals.
- Medals for 200m Fly, 400m Individual Medley, and 800m/1500m Free will be awarded in the following age categories: 11 – 13, 14 – 15, 16 & Over. Visitor's medals will be awarded separately.
- 400m Free (all ages) – finals to be swum Slow to Fast. 400m IM (11 & over), 800m/1500m Free (11 & over) will be swum as timed finals.
- Swimmers will be fined R200 for No Swim if they do not scratch timeously from the event and will not be allowed to compete further until the fine has been paid.
- Water polo players, synchro swimmers, and divers may enter WC Champs if they meet the WC CHAMPS qualifying criteria.
- The last gala to qualify for WC LC Champs must be completed and results submitted to the WC Records officer **before or on 20 November 2023**.

## DISABLED SWIMMERS

*Disabled swimmers must be classified before competing*

- Disabled swimmers swim in the heats together with the able-bodied swimmers.
- Disabled finals may be swum in the Finals session as per the program. Disabled swimmers may enter for any other non-disabled event in which they can swim in the heats for a time; a disabled swimmer must have a time for these extra events on the database.
- Medals at WC Champs are awarded across disability classes by calculating a percentage of the world record for each swimmer's class. Alternatively, if the swimmer does not make the qualifying times, they may participate in Western Cape B-Championship in all the disabled events that they have times for on the database.
- Disabled swimmers may not participate in both champs.

## RELAYS

- Two (2) teams per club may enter.
- Relay names must be submitted to the desk by the time communicated to the clubs.
- Swimmers may age up to swim relays but may only swim in one relay event ie in their own age group category or in a higher age group category.



## ELIGIBILITY FOR ALL CHAMPIONSHIPS

- A swimmer is eligible to swim the events at both WC A and B Champs that he/she has qualified for as per the prescribed qualifying times as well as 3 additional events that they have not qualified for, providing they have official times swum on the WC database. In addition, the 50m events may be entered provided there are times recorded on the database. Swimmers may not enter on NT or custom times – this includes the relay events.
- A swimmer who qualifies for 2 (two) or more events at the WC A-Champs level, must swim at the WC A-Championships and may not swim at the B-Championships.
- If the swimmer qualifies for only 1 (one) event for WC A Champs, he/she may choose to swim at either A or B Championships.
- A swimmer who is only 10 yrs old and younger, on the first day of WC A Champs, who qualifies for WC A Champs may choose to participate at either the WC A or B Champs – they may not compete at both. They may choose to participate at WC A Champs or B Champs irrespective of whether they age up between the competitions.
- Water polo players, synchro swimmers, and divers may enter any Champs if they meet the qualifying criteria.
- Swimmers who swim at the B Championship in individual events may swim in relays at the WC A Championships, BUT swimmers who swim at the WC A Championships individual events may not swim in relays at the B Championships.
- Only qualifying times swam and contained in the WC database from the current season ie from 1 May 2023 onwards, will be considered for WC Championship Galas.

## MERCHANDISE

Tournament t-shirts will be on offer to clubs on pre-order only. The design and cost will be communicated and sent out shortly. No t-shirts will be for sale at the gala, only pre-ordered shirts will be manufactured.

**For any queries email your district Swimboard.**