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**RECORDS -Open**
**SC Meters-Women**

50 Free	24.74	<b>12-Dec-12</b>	RSA- WP	Trudi Maree at 11th FINA World Champs 25m Turkey
100 Free	53.17	<b>3-Dec-21</b>	KNYA- ED	Aimee Canny at Swim England National Winter Championships
200 Free	1:54.48	<b>3-Dec-21</b>	KNYA- ED	Aimee Canny at Swim England National Winter Championships
400 Free	4:06.28	<b>6-Aug-10</b>	VINE- WP	WENDY A. TROTT at Telkom SA Short Course Swimming Champs 2010
800 Free	8:23.29	<b>6-Aug-10</b>	VINE- WP	WENDY A. TROTT at Telkom SA Short Course Swimming Champs 2010
1500 Free	16:11.24	<b>14-Jul-10</b>	MATI- WP	JESSICA E. PENGELLY at 2010 Telstra Australian Short Course
50 Back	27.77	<b>7-Aug-14</b>	UWCA- WP	JESSICA L. ASHLEY-COOPER at Sa Short Course Swimming Champs (25m) Pl
100 Back	59.32	<b>7-Aug-14</b>	UWCA- WP	JESSICA L. ASHLEY-COOPER at Sa Short Course Swimming Champs (25m) Pl
200 Back	2:07.23	<b>21-Nov-09</b>	RSA- ZZ	Jessica L. Ashley-Cooper at 2009 FINA Arena World Cup-Singapore
50 Breast	30.66	<b>16-Mar-00</b>	RSA- ZZ	Sarah Poewe FINA World Short Course Champs
100 Breast	1:05.38	<b>21-Nov-15</b>	XSAQ- CP	Kiersten C. Paulse at WP JUNIOR LEAGUE GALA 4
200 Breast	2:23.08	<b>2-Mar-01</b>	VINE- WP	Sarah Poewe
50 Fly	27.13 *	<b>7-Aug-09</b>	VINE- CP	Chanelle Van Wyk at Telkom Sa Short Course Champs 2009
50 Fly	27.13 *	<b>7-Aug-09</b>	VINE- WP	09 SA Short Course Champs Chanelle Van Wyk at Telkom Sa Short Course Ch
100 Fly	1:00.20	<b>3-Dec-21</b>	KNYA- ED	Aimee Canny at Swim England National Winter Championships
100 Fly	59.73	<b>19-Aug-23</b>	CYBE- CPT	Trinity S. Hearne at SA National SC Champs WCA( 25M)-Aug 2023
200 Fly	2:11.91	<b>7-Aug-09</b>	VINE- WP	Christy Lategan at Telkom 2009 SA Short Course Champs
100 IM	1:00.31	<b>24-Oct-20</b>	KNYA- ED	Aimee Canny at SA National Short Course Champs (25m)PMBG 202
200 IM	2:10.19	<b>3-Dec-21</b>	KNYA- ED	Aimee Canny at Swim England National Winter Championships
400 IM	4:30.45	<b>17-Oct-08</b>	MATI- WP	Jessica Pengelly at 2008 FINA Arena Swimming World Cup-Durban
200 Free Relay	10:00.00	<b>1-May-15</b>		Club Team New Record
400 Free Relay	10:00.00	<b>1-May-15</b>		Club Team New Record
800 Free Relay	10:00.00	<b>1-May-15</b>		Club Team New Rocrod
200 Medley Relay	10:00.00	<b>1-May-15</b>		Club Team New Reocrd
400 Medley Relay	10:00.00	<b>1-May-15</b>		Club Team New Record

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**RECORDS -Open**
**SC Meters-Men**

50 Free	20.84	<b>28-Apr-21</b>	SGUL- ET	Luke F. Altmann at NJCAA Swimming & Diving Championships
100 Free	45.69	<b>11-Dec-18</b>	CLCA- CP	Chad G. Le Clos at 14th Fina -Swimming World SC Champs(25)-Hangz
200 Free	1:41.65	<b>6-Dec-16</b>	CLCA- CP	Chad G. Le Clos at 13th FINA WORLD SWIMMING CHAMPIONSHIPS (25m)
400 Free	3:47.02	<b>16-Oct-09</b>	MATI- WP	Heerden Herman at 2009 FINA Arena Swimming World Cup-Durban
800 Free	7:49.91	<b>16-Jul-09</b>	MATI- WP	Heerden Herman at WP Winter Short Course Championships
1500 Free	14:49.17	<b>16-Oct-09</b>	MATI- WP	Heerden Herman at 2009 FINA Arena Swimming World Cup-Durban
50 Back	24.41	<b>11-Aug-22</b>	LALE- CED	Ruard Van Renen at Sa Short Course Swimming Champs (25m) PMBG 22
100 Back	53.05	<b>19-Aug-23</b>	VINE- CPT	Wikus R. Potgieter at SA National SC Champs WCA( 25M)-Aug 2023
200 Back	1:51.02	<b>4-Oct-17</b>	CLCA- CP	Chad G. Le Clos at FINA/Airweave Swimming World Cup - Doha
50 Breast	27.27	<b>9-Aug-18</b>	CUDU- CP	Michael J. Houlie at Sa Short Course Swimming Champs (25m) Durb 18
100 Breast	59.28	<b>9-Aug-18</b>	CUDU- CP	Michael J. Houlie at Sa Short Course Swimming Champs (25m) Durb 18
200 Breast	2:10.82	<b>16-Oct-09</b>	MATI- WP	Ashley K. Oliver at 2009 FINA Arena Swimming World Cup-Durban
50 Fly	21.97	<b>11-Dec-18</b>	CLCA- CP	Chad G. Le Clos at 14th Fina -Swimming World SC Champs(25)-Hangz
100 Fly	48.08	<b>6-Dec-16</b>	CLCA- CP	Chad G. Le Clos at 13th FINA WORLD SWIMMING CHAMPIONSHIPS (25m)
200 Fly	1:48.27	<b>13-Dec-22</b>	CYBE- CPT	Chad G. Le Clos at 16th Fina -Swimming World SC Champs(25)-AUS
100 IM	54.57	<b>4-Sep-08</b>	VINE- WP	Sebastien D. Rousseau at Telkom 2008 SA Short Course Champs
200 IM	2:00.45	<b>10-Aug-19</b>	TYGE- CP	Dylan Wright at CTMA MEET #3 - 10Aug'19
400 IM	4:24.40	<b>13-Jul-18</b>	TYGE- CP	Dylan Wright at Western Cape Winter SC Championships 2018
200 Free Relay	10:00.00	<b>1-May-15</b>	Club Team	New Record
400 Free Relay	10:00.00	<b>1-May-15</b>	Club Team	New Record
800 Free Relay	10:00.00	<b>1-May-15</b>	Club Team	New Record
200 Medley Relay	10:00.00	<b>1-May-15</b>	Club Team	New Record
400 Medley Relay	10:00.00	<b>1-May-15</b>	Club Team	New Record

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**RECORDS -Open****SC Meters-Mixed**

200 Free Relay	10:00.00	<b>1-May-15</b>	Club Team	New Record
200 Medley Relay	10:00.00	<b>1-May-15</b>	Club Team	New Record