



## MEETS

### a. CTA FUTURE STARS MEETS (previously CTA Level 1 Meets)

Future Stars Meet #1	Unlimited events
Future Stars Meet #2	Unlimited events
Future Stars Meet #3	Unlimited events
Future Stars Meet #4	Limited to 6 events per swimmer
Future Stars Meet #5	Limited to 5 events per swimmer
Future Stars Meet #6	Limited to 5 events per swimmer
Future Stars Meet #7	Limited to 4 events per swimmer

- The purpose of this competition is to encourage new swimmers to participate in competitive swimming.
- It will be open to Clubs, Swim Schools, and Schools.
- Club swimmers need to be registered on the WCA database at the R50 fee.
- Swim Schools and Schools swimmers do not need to be registered but will be liable for all entry fees, however the swim school and school need to be registered with CTA at the minimum fee.
- All swimmers that do not yet have a Level 2 qualifying time are permitted to compete at these meets.
- Swimmers **9 years and under** who have achieved QTs for any level may participate at the CTA FUTURE STARS MEETS as well as the CTA QUALIFYING MEETS.
- The longer distance events (400, 800 & 1500free) will be added to the Future Stars Meets - giving our long-distance swimmers more opportunities to swim these events. Swimmers with Level 2 & up QT's may compete in these events.
  - These events will be swum in the middle of the 13 & Over sessions.
  - Age groups for these events are 12 & Over.
  - A swimmer that wants to compete in the 400m free event needs to have a time on the WCA Database for the 200m free event.
  - A swimmer that wants to compete in the 800m and/or 1500m free event needs to have a time on the WCA Database for the 400m free event.
- These meets will be swum as timed finals
- Please note that the swimmers age is at the first day of the competition.
- MEET WILL BE SWUM = Fast to slow
- NO TIMES = Allowed
- CUSTOM TIMES = NOT allowed
- AGE GROUPS = 12&u and 13&o

- RESULTS = 9&u (25's only) 10&u, 11, 12, 13, 14, 15&o
- PROGRAM USED = SSA LEVEL 2 + 25'S (9&u)
- Open to all districts depending on available lanes.

**b. CTA QUALIFYING MEETS**

Qualifying Meet #1	Unlimited events
Qualifying Meet #2	Unlimited events
Qualifying Meet #3	Unlimited events
Qualifying Meet #4	Limited to 6 events per swimmer
Qualifying Meet #5	Limited to 5 events per swimmer
Qualifying Meet #6	Limited to 4 events per swimmer
Qualifying Meet #7	Limited to 3 events per swimmer
Qualifying Meet #8	Limited to 3 events per swimmer

- **Please note that CTA QM #8 will only happen should SSA decide not to go ahead with the Provincial Level3 and or Level2**

- The purpose of this competition is to allow all swimmers to swim events to qualify for the various SSA, WCA & CTA meets.
- Swimmers that are **fully registered** and with LEVEL 2+ qualifying times are eligible to participate.
- Swimmers that do not yet have a LEVEL 2 qualifying time are NOT eligible to participate.
- If a swimmer **9 year and under** has LEVEL 2 qualifying times, the swimmer may participate at CTA LEVEL 1 MEET as well.
- These meets will be swum as timed finals.
- Please note that the swimmers age is at the first day of the competition.
- MEET WILL BE SWUM = Fast to slow
- NO TIMES = Allowed
- CUSTOM TIMES = NOT allowed
- AGE GROUPS = 13&u and 14&o + MASTERS
- RESULTS = 10&u, 11, 12, 13, 14, 15, 16, 17&o
- PROGRAM USED = SSA REGIONAL JUNIOR & SENIOR
- 1500 free events may be swum with a NT, but swimmer must have a time on the WCA database for the 400 or 800 free events.
- 400 IM events may be swum with a NT, but swimmer must have a time on the WCA database for the 200IM event. Open to all districts depending on available lanes.
- **WITHDRAWALS**
  - Pre-competition up to 30 minutes before the gala starts – no charge
  - Withdrawals made outside this time limit, will be fined R300.00 per event.
  - No-shows, swimmers who do not show for their race, will be fined R500.00 and the swimmer may not compete in any other event until this fine has been paid.
  - Should a swimmer scratch from any event due to illness but can swim the next events must provide the admin referee with a medical certificate for the scratched event.
  - Only team managers/coaches allowed to do scratchings.

### c. CTA INVITATIONAL MEET

Session 1	13 & Over - Heats	400Free, 100Back, 100FreeMulti, 200Breast, 200Free, 200IMMulti, 400IM, 50Back, 200Free Relay
Session 2	12 & Under -Timed Final	100Back, 200Breast, 200Free, 50Back, 200Free Relay
Session 3	13 & Over - Finals	400Free, 100Back, 100FreeMulti, 200Breast, 200Free, 200IMMulti, 400IM, 50Back
Session 4	13 & Over - Heats	800Free, 100Breast, 100BackMulti, 200Back, 200Fly, 200FreeMulti, 100Free, 50Breast, 200Medley Relay
Session 5	12 & Under -Timed Final	100Breast, 200Back, 100Free, 50Breast, 200MedleyRelay
Session 6	13 & Over - Finals	800Free, 100Breast, 100BackMulti, 200Back, 200Fly, 200FreeMulti, 100Free, 50Breast
Session 7	13 & Over - Heats	1500Free, 50Free, 100Fly, 100BreastMulti, 200IM, 50FreeMulti, 50Fly
Session 8	12 & Under -Timed Final	50Free, 100Fly, 200IM, 50Fly
Session 9	13 & Over - Finals	1500Free, 50Free, 100Fly, 100BreastMulti, 200IM, 50FreeMulti, 50Fly

- FINA rules will govern.
- The gala will be run in accordance with Swimming South Africa rules.
- Only SSA registered swimmers will be allowed to compete. Please note: As per Swimming South Africa, swimmers must be registered two weeks prior to this gala.
- A list with the names for all swimmers, officials and coaches must be submitted, along with your entries, on the attached form.
- All swimmers from outside the Western Cape must submit a clearance letter from their Provincial Association, along with their entries.
- Under no circumstances will a swimmer be permitted to enter any events unofficially.
- Age on 25th of June 2022 will determine the age group a swimmer may enter.
- In individual events, swimmers may compete in their own age group only.
- In relay events, swimmers may swim up an age group but may compete in only one age group.
- Only 1 Relay Team per event.
- All relays will be swum timed finals.
- Swimmers may **enter 6 individual events**.
- 12 & Under events will be swum as timed finals – fast to slow.
- 13 & Over + Multi-Disability events will be swum as heats (fast to slow) & finals.
- Swimmers failing to submit entry times will swim in the slower heats.
- Please note that the swimmers age is at the first day of the competition.
- No times will be allowed.
- Custom times will not be allowed.
- The one start rule will apply.
- Heats may be combined should there not be sufficient entries in an age group.
- Medals will be awarded to the top three places in each age group, MALE & FEMALE
  - 12 & Under - 50m and 100m events (excluding fly)
    - 8&U
    - 9-10
    - 11-12
  - 12 & Under – 50m & 100m Fly and 200m events
    - 10&U
    - 11-12
  - 13 & Over
    - 13-14
    - 15-16

- 17&O
- 14&U Multi-Disability – (S1-13) & (S14-S15)
- 15&O Multi-Disability – (S1-13) & (S14-S15)
- Medals in the 200m fly, 400m free, 400m IM, 800m free & 1500 free events
  - 12-14
  - 15-16
  - 17&O
- Medals in the relay events
  - 12&u
  - 13&o
- **WITHDRAWALS**
  - Pre-competition up to 30 minutes before the gala starts – no charge
  - Withdrawals made outside this time limit, will be fined R300.00 per event.
  - No-shows, swimmers who do not show for their race, will be fined R500.00 and the swimmer may not compete in any other event until this fine has been paid.
  - Should a swimmer scratch from any event due to illness but can swim the next events must provide the admin referee with a medical certificate for the scratched event.
  - Only team managers allowed to do scratchings.
- **CAPE COASTAL GRAND PRIX**
  - The CTA Invitational meet will form part of a 3-meet series
  - The other 2 meets are
    - PEA Winter Gala – 25to27 June'22
    - EDEN Aquatics Gala – 29to30 June'22
  - The CTA Invitational Meet (SC) & PEA Winter Gala (LC) will run the same program and the EDEN Aquatics Gala a separate shorter program.
  - More information i.r.t. this will follow soon.

#### d. CTA A CHAMPS (previously CTA Level 2+ Champs)

Session 1	Level 3+ : Open	400Free (SANJ+), 400Free (L3), 800Free (SANJ+), 1500Free (SANJ+)
Session 2	SANJ+ : Open	200Breast, 50Fly, 50Fly Multi, 100Back, 100Back Multi, 200IM, 200IM Multi, 50Breast, 50Breast Multi, 100Free, 100Free Multi, 400IM
Session 3	Level 3 : Open	200Breast, 50Fly, 100Back, 200IM, 50Breast, 100Free
Session 4	Level 2 : Open	200Breast, 50Fly, 100Back, 200IM, 50Breast, 100Free
Session 5	SANJ+ : Open	200Free, 50Back, 50Back Multi, 100Breast, 100Breast Multi, 100Fly, 200Back, 50Free, 50Free Multi, 200Fly
Session 6	Level 3 : Open	200Free, 50Back, 100Breast, 100Fly, 200Back, 50Free
Session 7	Level 2 : Open	200Free, 50Back, 100Breast, 100Fly, 200Back, 50Free

- Swimmers that are **fully registered** and have Level 2 and up QTs on the WCA database may compete at this meet.
- Swimmers had to compete in a total number of 5 CTA MEETS during the 2022/2023 season to be eligible to compete at the CTA A Championship.
- Swimmers **9 years and under** who have achieved QTs for any level may choose to participate at the CTA A CHAMPS or CTA B CHAMPS.
- Swimmers 10&u with Level 3 QT's may compete in the Level 2 session. Please note that should swimmer choose to swim down, he/she MUST compete ONLY in the Level 2 session.
- If a swimmer has entered the
  - 1500 Free he/she may request splits for the 800 Free and 400 Free

- 800 Free he/she may request splits for the 400 Free
  - **Please note that swimmer must still enter for the split events.**
- Events for Para swimmers – Any Para swimmer may compete at the CTA A CHAMPIONSHIP. There are no QT's, but swimmers must have times on the SSA Database. All Para swimmers will compete in the SANJ+ sessions.
- No relays will be swum.
- Except for OVERBERG, no other out of district swimmers may participate at this championship.
- There will be trophies
  - Top Fina Junior Male & Female
  - Top Fina Senior Male & Female
- This meet will be swum as timed finals.
- Please note that the swimmers age is at the first day of the competition.
- Swimmers may enter the events that they have qualified in, plus additional non qualifying events, provided they have times on the SSA Database.
- Times from **May 2021** that are on the database may be used.
- MEET WILL BE SWUM = Fast to slow
- NO TIMES = NOT allowed
- CUSTOM TIMES = NOT allowed
- RESULTS = 10&u, 11, 12, 13, 14, 15, 16, 17&o
- MEDALS will be awarded to the 1<sup>st</sup> three swimmers in each age group event per Level category.
- MEDALS for the Para Swimmers will be awarded to the 1<sup>st</sup> three swimmers:
  - 14&U Multi-Disibility
    - (S1-13)
    - (S14-S15)
  - 15&O Multi-Disibility
    - (S1-13)
    - (S14-S15)
- **WITHDRAWALS**
  - Pre-competition up to 30 minutes before the gala starts – no charge
  - Withdrawals made outside this time limit, will be fined R300.00 per event.
  - No-shows, swimmers who do not show for their race, will be fined R500.00 and the swimmer may not compete in any other event until this fine has been paid.
  - Should a swimmer scratch from any event due to illness but can swim the next events must provide the admin referee with a medical certificate for the scratched event.
  - Only team managers allowed to do scratchings.

**e. CTA B CHAMPS (previously CTA Level 1 Champs)**

Session 1	All Ages	200Free, 50Fly, 25 Free, 100Back, 50Free, 25 Free, 100Breast
Session 2	All Ages	50Back, 25 Back, 100Fly, 100Free, 50Breast, 25 Breast 200IM

- This meet will be open to Clubs, Swim Schools, and Schools.
- Club swimmers need to be registered on the WCA database at the R50 fee.
- Club-, Swim Schools- & Schools swimmers need to be registered on the WCA database at the R50 fee.
- All swimmers that do not yet have a Level 2 qualifying time may compete.

- Swimmers had to compete in a total number of **5 CTA MEETS during the 2022/2023 season to be eligible to compete at the CTA B Championship.**
- Swimmers **9 years and under** who have achieved QTs for any level may choose to participate at the CTA A CHAMPS or CTA B CHAMPS.
- Times from **May 2021** that are on the database may be used.
- MEET WILL BE SWUM = Timed Finals - Fast to slow
- NO TIMES = NOT allowed
- CUSTOM TIMES = NOT allowed
- AGE GROUPS = 12&u and 13&o
- RESULTS = 9&u (25's only) 10&u, 11, 12, 13, 14, 15&o
- MEDALS will be awarded to the 1<sup>st</sup> three swimmers in each age group event.
- No relays will be swum.
- Except for OVERBERG, no other out of district swimmers may participate at this championship.
- There will be trophies
  - Top Fina Junior Male & Female
  - Top Fina Senior Male & Female
- Please note that the swimmers age is at the first day of the competition.
- Swimmers may enter the events that they have qualified in, plus additional non qualifying events, provided they have times on the SSA Database.
- **WITHDRAWALS**
  - Pre-competition up to 30 minutes before the gala starts – no charge
  - Withdrawals made outside this time limit, will be fined R300.00 per event.
  - No-shows, swimmers who do not show for their race, will be fined R500.00 and the swimmer may not compete in any other event until this fine has been paid.
  - Should a swimmer scratch from any event due to illness but can swim the next events must provide the admin referee with a medical certificate for the scratched event.
  - Only team managers allowed to do scratchings.

#### f. CTA FUTURE STARS CHAMPS

Session 1	All Ages	100Free (11&Over), 25Back (9&Under), 50Back(10Years), 100Breast (11&Over), 25Fly (9&Under), 50Fly (10Years), 100IM (9&Under), 200IM (10&Over), 9&Under 100 Free Relay, 10Years 200Free Relay, 11-12 200Free Relay, 13-14 200Free Relay, 15&Over Free Relay
Session 2	All Ages	100Back (11&Over), 25Free (9&Under), 50Free(10Years), 100Fly (11&Over), 25Breast (9&Under), 50Breast (10Years), 9&Under 100Medley Relay, 10Years 200Medley Relay, 11-12 200Medley Relay, 13-14 200Medley Relay, 15&Over 200Medley Relay

- This meet will be open to Clubs, Swim Schools, and Schools.
- Club-, Swim Schools- & Schools swimmers need to be registered on the WCA database at the R50 fee.
- All swimmers that are ranked 4<sup>th</sup> place and upwards after CTA B CHAMPS and do not yet have a Level 2 qualifying time will be eligible to compete at this meet.
- This meet will be swum as timed finals.
- Please note that the swimmers age is at the first day of the competition.
- Times from **May 2021** that are on the database may be used.
- MEET WILL BE SWUM = Fast to slow
- NO TIMES = NOT allowed
- AGE GROUPS = Open
- RESULTS = 9&u (25's only) 10&u, 11, 12, 13-14, 15&o

- MEDALS = Will be awarded
- Open to all WCA swimmers.
- Teams to be selected by District Managements.

#### g. CTA NIGHT LEAGUE

Events	200IM, 50Back, 100Breast, 50Fly, 100Free, 100Back, 200Free, 50Breast, 100Fly, 50Free, 4 x 50 Free Relay
Session 1	Heats – Top 2 of each Team / each age group/ Male & Female
Session 2	Top 4 – Overall
Session 3	Top 2 – Overall

- These meets are only for CTA swimmers.
- The whole of the CAPE TOWN AQUATICS DISTRICT will be divided into 4 teams (North, East, South, West) and clubs will be representing the different regions as follows:
  - NORTH = BARR, CUDU, EVO, QUIC, TYGE
  - EAST = ASAC, GSA, GREY, HURAQ, HTSA, KHAY
  - SOUTH = AACTA, AQDO, MANT, MARL, MMD, RETREAT, SSISA, SAAW, VINE, WEST
  - WEST = BLMA, CYBE, WALM, UWC, XSAQ
- Each team will have 1 x Team Manager as well as all the coaches of all the swimmers chosen to represent the team.
- Each team will have their own colors (t-shirt & swimming cap).
- Team management will be responsible to choose the team.
- Each team must have their top 2 swimmers (male & female) for each event and each age group.
- Age groups will be : 11 & Under, 12-13, 14-15 & 16 & over
- Please note that the swimmers age is at the first day of the competition.
- Events : 50's, 100's, 200free, 200IM & 200relays
- Times from **May 2021** that are on the database may be used.
- We will swim skins
  - Start with 8 swimmers per event (2 per team) – Heats
  - 4 swimmers per event – Semi Finals
  - 3 swimmers per event - Finals
- These meets will start late afternoon on Fridays.
- No competitor steward station. Swimmers will approach starting blocks from their team stands.

## GALA ENTRY PROCEDURES

### TIMESTANDARDS

- SSA time standards will be used for all CTA meets.
- CTA Future Stars Meet = SSA Level 1 time standards (entry times below the Level 2 TS)
- CTA Qualifying Meets = SSA Level 2+ time standards.

### GUIDELINES FOR PARA SWIMMERS

- Mont-to-month Meets = Para swimmers to compete at the CTA Qualifying meets.
- Champs = Para swimmers to compete at the CTA Level 2+ Champs in the SANJ+ session.
- CTA Invitational Meet = Para swimmers to compete in the 13 & Over sessions.

## GENERAL SWIMMING RULES

- i. FINA TECHNICAL RULES will apply to all CTA competitions.
- ii. IPC rules will apply when there are events for Para swimmers at CTA competitions.
- iii. All CTA Future Stars Meets will be swum 12u and 13o.
- iv. All CTA Qualifying Meets will be swim 13u and 14o.
- v. All swimmers to wear club caps at all galas, this includes the warmups as well.

## GALA ETIQUETTE

- i. Only qualified & registered Level 1 and above coaches as well as Apprentice Coaches will be allowed on pool deck.
- ii. Registered LTS & Apprentice LTS instructors will ONLY be allowed at the FUTURE STARS MEETS.
- iii. Should a club's registered coach not be available to be at a session, the clubs will be allowed to have a team manager.
- iv. Team Managers are NOT allowed on pool deck, this means that they are NOT ALLOWED to warm-up the swimmers.
- v. Team Managers & Coaches are allowed to approach the admin table.
- vi. No parent or swimmer may approach the admin table.





CLUB



PARENT

## GALA ENTRIES PROCEDURES

- i. All entries must be submitted to the Swimboard convenor Lucinda Koch – [swimboard@ctmaquatics.co.za](mailto:swimboard@ctmaquatics.co.za) on or before the entry due dates given as per the **2022/2023 CTA SWIMMING SEASON COMPETITIONS CALENDAR & EVENTS** document.
- ii. The following documents **MUST** be submitted in your mail:
  - Entries ZIP file.
  - Entries pdf document for individual events **ONLY** (please make sure to tick the options to include time standards and entry times)
  - Should there be relays – a separate pdf document for relays only.
  - Gala Entry Fee report (both IE's & Relays)
  - Once club has been invoiced a POP (Proof of payment) must be sent to Elna Cecil – [treasurer@ctmaquatics.co.za](mailto:treasurer@ctmaquatics.co.za)
- iii. Please make sure to include your clubs' code in front of each document e.g.
  - Club name: LUCINDA'S SWIMMING CLUB
  - Club code: LUCI-
- iv. Mails received without any of abovementioned documents will not be accepted (without warning) and treated as nil and void.
- v. Officials – to complete the link to this doc on or before the gala entry due dates. A summary will be sent out together with the 1st set of reports for clubs to check.
- vi. Three sets of reports will be sent out to check
  - 1st set of reports : Friday after entries close
  - 2nd set of reports + Meet Mobile : Monday before gala starts
  - 3rd set of reports : Wednesday evening/Thursday morning before gala starts
- i. **PLEASE NOTE:** Should any omissions/late entry/additional entry be sent after the 2nd set of reports has been circulated – those entries will be charged at **10x the normal entry fee**. Late entries will not be accepted after the final set of reports has been circulated.
- vii. **NO LATE ENTRIES** will be accepted after the 3rd and final set of reports has been sent out.
- viii. Only accredited COACHES may
  - Withdraw competitors
  - Lodge objections
  - Lodge complaints
- ix. Written protest on an official protest form and accompanied by R500.00 must be lodged with the Admin Referee within 30 minutes of the publication or announcement of the disqualification.
- x. In the case of a dispute, the referees' decision will be final.
- xi. Late entries on pool deck will not be accepted.
- xii. Withdrawals
  - Pre-competition up to 30 minutes before the gala starts – no charge
  - Withdrawals made outside this time limit, will be fined R300.00 per event.
  - No-shows, swimmers who do not show for their race, will be fined R500.00 and the swimmer may not compete in any other event until this fine has been paid.
  - No show fees apply **ONLY** to the CTA Qualifying Meets, CTA A Champs, CTA B Champs & CTA Invitational Meet.
  - Should a swimmer scratch from any event due to illness but can swim the next events must provide the admin referee with a medical certificate for the scratched event.

## OUT-OF-DISTRICTS and OUT-OF-PROVINCE ENTRIES ADMINISTRATION

- i. All entries must be submitted to the Swimboard convenor Lucinda Koch – [swimboard@ctmaquatics.co.za](mailto:swimboard@ctmaquatics.co.za) on or before the entry due dates given as per the **2022/2023 CTA SWIMMING SEASON COMPETITIONS CALENDAR & EVENTS** document.
- ii. The following documents MUST be submitted in your mail:
  - Entries ZIP file.
  - Individual entries pdf document for individual events ONLY (please make sure to tick the options to include time standards and entry times)
  - Relay entries pdf document for relay events ONLY.
  - Gala Entry Fee report (both IE's & Relays)
  - Once club has been invoiced a POP (Proof of payment) must be sent to Elna Cecil – [treasurer@ctmaquatics.co.za](mailto:treasurer@ctmaquatics.co.za)
- iii. Please make sure to include your clubs' code in front of each document e.g.
  - Club name: LUCINDA'S SWIMMING CLUB
  - Club code: LUCI-
- iv. Mails received without any of abovementioned documents will not be accepted (without warning) and treated as nil and void.
- v. Officials list to be submitted as per the requirements from the hosting club/district/province.
- vi. Reports will be sent out to check as soon as district/province has distributed.
- vii. Withdrawals and late entries as per rules stipulated by OUT-OF-DISTRICT/PROVINCE.
- viii. Please note: Should a club submit entries & payments directly and not via Swimboard convenor, swimmers will not be granted clearance to compete out-of-province and will result in times not being recorded on the database.

## TIME TRIALS

Applications for Time Trials during any gala, except CHAMPIONSHIPS, will be considered:

- i. Written application detailing the motivation must be received together with gala entries of said gala that time trial must be held at.
- ii. The Fee will be R500.00 per time trial
- iii. Time Trials, if granted by CTA Swimboard, will take place at the end of the last session.
- iv. CTA will invoice the club for the time trial upon which payment must be made and POP emailed to **Lucinda Koch** - [swimboard@ctmaquatics.co.za](mailto:swimboard@ctmaquatics.co.za) . As soon as POP has been received, the application will be granted and confirmed.

## CEREMONIES

- i. Opening Ceremony – Managers should instruct swimmers on respectful behavior during the performing of the National Anthem and Opening Speeches.
- ii. Medal Ceremony – Swimmers must present themselves in good time and correctly attired.
- iii. Only medal winners will be allowed on the medal podium during medal presentations

**CTA WILL NOT BE LIABLE FOR ANY INJURIES SUSTAINED ON THE PREMISES DURING THE COURSE OF ANY CTA GALA.**

## CTA DISTRICT TEAM SELECTION: INTER-DISTRICT PRESTIGE CHAMPS

- i. The inter-district gala rotates annually between the following provinces: Eden District, Eastern Province, Border, Free-state and will also from now on include CAPE TOWN DISTRICT.
- ii. Inter-district individual events: 50m free, 100m free, 50m back, 100m back, 50m breast, 100m breast, 50m fly, 100m fly, 400m free, 200IM
- iii. Inter-district relay events: 200m medley, 200m free
- iv. All inter-district individual events and relays are swum in the following age groups: 10/U, 11-12, 13-14, 15-16, 17/O
- v. Team selection criteria:
  - Swimmers must be SSA registered with CTA.
  - CTA will appoint annually a selection panel, a management team and a coach for the interprovincial gala.
  - Swimmers must participate at the CTA A CHAMPS.
  - Swimmers must complete the form, which will be circulated via email, to confirm their availability for the inter-provincial gala.
  - This form together with proof of payment (POP) must be submitted on or before the due date set out.
  - The CTA Team will be selected based on season's best times since 1 May up until CTA A CHAMPS in the same year (long course and short course converted) at a date agreed by CTA panel.
  - The top two swimmers according to times per event per age group are firstly considered.
  - The selection panel carefully consider event selection per swimmer based on the best possible outcome for the CTA District; remember, your child is representing the CTA District and our goal is to be the winning District.
  - It is important to remember that the team is selected by the selection panel, and neither parents nor swimmers can choose the events they want their child to swim.
  - Where a swimmer is dominant in multiple strokes, national rankings and best possible outcome for the district will be considered.
  - A swimmer may ONLY swim a maximum of four events plus relays.
- vi. The TM Program with input from the coach selects the relay teams which are most likely to attain the best possible results for the district.
- vii. The District team selection will be final after ratification by Swim Board and CTA EXCO; thereafter the team will be announced by the CTA office via email to the Clubs.
- viii. Important
  - Participation in the District team is based on selection; participation in the inter-district gala will require a swimmer to swim all events for which they are selected.
  - No swimmer will be allowed to scratch from an event without a doctor's note; if a child withdraws from an event a fine of R500 will be imposed on the swimmer.
  - The tour fees will stay the same irrespective if a swimmer is traveling and staying with the team or their parents. No rebates will be given.
  - Once swimmers confirm availability to compete, the proof of payments must also accompany said document.

## CTA SWIMMING AWARDS & COLOURS

- a. CTA will appoint annually a selection panel,
- b. Panel will consist out of the following members
  - 1 x Swim Board Member
  - 1 x Coaches Board Member
  - 1 x Exco Board Member
- c. **COLOURS CATEGORIES**
  - **CTA AGE GROUP HALF COLOURS**

To swimmers who qualify **and** participate at WC Long Course Provincial Championships in the 16&under category
  - **CTA AGE GROUP FULL COLOURS**

To swimmers who participate in a 16&under A FINAL at the WC Long Course Provincial Championships
  - **HALF COLOURS**

To swimmers who qualify **and** participate at WC Long Course Provincial Championships in the 17&over category
  - **FULL COLOURS**

To swimmers who participate in a 17&over A FINAL at WC Long Course Provincial Championships.
  - **DISABLED HALF COLOURS**

To disabled swimmers who qualify to participate at SSA Nationals / SASAPD / SASA-II
  - **DISABLED FULL COLOURS**

To disabled swimmers who medal at SSA Nationals / SASAPD / SASA-II
- d. **AWARDS CATEGORIES**
  - **TOP FINA POINTS FOR JUNIOR WOMEN (13&U)**

To TOP FINA points scorer for all meets participated in season (sum of points)
  - **TOP FINA POINTS FOR JUNIOR MEN (13&U)**

To TOP FINA points scorer for all meets participated in season (sum of points)
  - **TOP FINA POINTS FOR SENIOR WOMEN (14&O)**

To TOP FINA points scorer for all meets participated in season (sum of points)
  - **TOP FINA POINTS FOR SENIOR MEN (14&O)**

To TOP FINA points scorer for all meets participated in season (sum of points)
  - **TOP DISABLED SWIMMER WOMEN**

To Top Medal winner for all meets participated in season
  - **TOP DISABLED SWIMMER MEN**

To Top Medal winner for all meets participated in season
  - **HONORARY COACHES AWARD – SSA SNR NATIONALS**

To the Coach with the highest FINA point swimmer achieved at an SSA meet in season
  - **HONORARY COACHES AWARD – SSA JNR NATIONALS**

To the Coach with the highest FINA point swimmer achieved at an SSA meet in season
  - **HONORARY COACHES AWARD – SSA LEVEL 3**

To the Coach with the highest FINA point swimmer achieved at an SSA meet in season
  - **HONORARY COACHES AWARD – SSA LEVEL 2**

To the Coach with the highest FINA point swimmer achieved at an SSA meet in season
  - **HONORARY COACHES AWARD – SSA LEVEL 1**

To the Coach with the highest FINA point swimmer achieved at an SSA meet in season

➤ **HONORARY OFFICIALS AWARD**

To registered official/s that goes over and above the call of duty? (Could be more than 1 candidate)

➤ **HONORARY SWIMMERS SCROLL AWARD**

To all swimmers who competed at SSA Nationals (This award will be a yearly award – all swimmers will be awarded a unique number that will not be repeated)

➤ **PRESIDENT'S LEGEND AWARD**

Recognition for excellence to a member for continued commitment and dedication, over and beyond the call of duty. Contributing to establish and see to the success of Aquatics over the many years in Cape Town and South Africa

➤ **PRESIDENT'S STAR AWARD**

To a member that the President of bestowed the honors of the award for contributing towards the success of the sport for the season

## **CLEARANCE**

### TO TRANSFER AND COMPETE OUT OF PROVINCE

- i. Any registered member wishing to move from one Club or Province to another must obtain a written clearance from CTA as well as from their own Club Administrator. This means that they will no longer be registered members of the province or that Club.
- ii. Payment of R350 to CTA must accompany the clearance request.
- iii. Any registered member intending to participate or officiate in galas held outside the WC Province, MUST obtain clearance from the CTA Administrator. The request for the clearance must be through their Club Administrator in writing.

**NO SWIMMER WILL BE TRANSFERRED TO ANOTHER CLUB/DISTRICT/PROVINCE AFTER 30 NOVEMBER UNLESS RELOCATING OUT OF DISTRICT/PROVINCE.**

## GALA FEE STRUCTURE

	Surcharge	Entry fee per event	Entry fee per relay
Future Stars Meets	R50	R30	
Qualifying Meets	R50	R30	
CTA A Champs	R100	R70	
CTA B Champs	R100	R70	
CTA Invitational Meet	R100	R50	R100
CTA Night League	R250 PER SWIMMER		
Clubs participating at out of district galas			All entries & payments to CTA Swimboard Convenor
<b>Out of district clubs participating at CTA MEETS</b> <b>*Please note that due to numbers,</b> CTA & Overberg Clubs/swimmers get <b>1<sup>st</sup> option</b> to enter in galas/sessions Should a session/gala not be longer than 2 and a half hours after all CTA & Overberg Clubs/swimmers entries has been processed, and there are lanes available all other districts will be able to enter the session/gala *ONLY after 2 <sup>nd</sup> set of reports have been circulated to Clubs and lanes are available, the other districts' entries will be processed.	R100	Entry fees as per the specific gala (see above)	All entries & payments via District Swimboard Convenor